

trio



August

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Barbara Hepworth Talk & Trip

Olive Maggs is an Art historian who lectures all over the UK and she has a home and strong links with Port Isaac. She has kindly offered to come and give a talk in Port Isaac Village Hall about the famous sculptor Barbara Hepworth. She will also be visiting the school to share her expertise with the children who will be creating their own Hepworth inspired sculptures.

Hopefully this will be the first of a series of Talks & Trips that are being planned for the future on a variety of themes involving people connected to Port Isaac.

Trip to St Ives

The Barbara Hepworth talk will precede and inform a trip to the new Tate Gallery and Hepworth Garden in St Ives on Wednesday September 26th. The coach will leave the village (outside the Co-op) at 10am, returning at 6pm. If you are interested please contact Secrets so that numbers can be given to the coach company. The cost will be approx £20 to include travel and entry to the Tate and Hepworth Gallery.

Come and find out about Barbara Hepworth

Port Isaac Village Hall

Friday September 21st - 7pm

Bar will be open

Hepworth was among the few female artists who were able to carve an international reputation for themselves. She is considered one of the greatest sculptors of the 20th century.



PORT ISAAC VILLAGE HALL HIRE



NON-PROFIT MAKING PARISH CLUBS, ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £10 per hour - £125 for 24hrs

For full details or to make a booking contact Dee on 01208 880905 or dee54@mac.com

Your Hall for YOU to Use

Local Guide Books & Maps available at Secrets, Port Isaac

Car parking space or garage sought in Port Isaac. Private use only.

**Please contact: John Sinnott
07889 106459**





It's been a pretty busy time of late. We sang at the Wadebridge Beer and Treverbyn Festivals and are now busy planning our Carnival Float ...

Anyway, we've been umming and aahing about singing on the Platt one night in the summer and have finally decided that this year we will have a go. So come down and have a listen on Thursday August 16th. Weather permitting we will start at about 7.30pm and will hopefully be able to raise some money for Cornwall Air Ambulance.

THURSDAY AUGUST 16th
7.30pm on THE PLATT

And if you don't see us then you will definitely hear us on Carnival Day!

PORT ISAAC'S SUMMER COMMUNITY LUNCH

Thursday August 2nd
12noon-2pm
Port Isaac Village Hall

Menu

Roast Pork or Nut Roast
served with
Stuffing, Roast Potatoes,
Cauliflower Cheese & Seasonal Vegetables

followed by
Homemade Apricot Crumble or Strawberries served
with cream and/or ice cream
Cup of tea or coffee

£8
Children's
portions £5

RAFFLE FOR CLIC
everybody welcome
PROFITS TO SUBSIDISE THE CHRISTMAS COMMUNITY LUNCH

The Wednesday morning Pop-up Cafe

coming soon to your Village Hall



One of the facilities that was included in the proposal to revamp the Church Rooms into a Community Centre was a Community Café. The Village Hall Committee are constantly trying to make the Hall more available to all and think that a Community Café is a great idea; a place open to all where you can pop in for a cuppa and a chat, a catch-up and a piece of cake. So on

Wednesday September 5th

we are launching our Wednesday morning Pop-up Café in the Hall. We plan to be open every Wednesday morning throughout the year from 10am -12noon serving tea and coffee and cake. Don't worry about the steps, the lift will be operating.

But (isn't there always a but!) the Hall committee is very small and most of us with day jobs, so we are looking for volunteers to help us run the café. It's just a couple of hours on a Wednesday morning and if there are enough volunteers it should only be once every six weeks or so that you would be "on duty". If you fancy giving it a go speak to Dee at Secrets, (01208 880862), email: dee54@mac.com , Liz Brown (who will be spending most of the summer sitting on the beach!) or Annie Philp. Hopefully by this time next year the Wednesday Morning Pop-up Café in the Village Hall will be an institution in our village!

Raising funds for Parkinson's

On behalf of my son Adam, I would like to say a big thank you to everyone who supported the cake sale at Port Isaac Co-op. Adam was completely bowled over, by the number of people, who baked cakes, bought cakes and gave donations on the day. A total of £239 was raised. The counter boxes at the Co-op raised a further £122.50 bringing the total from the kind people of Port Isaac to £361.50.

We will report in next months how Adam got on with his 100 mile cycle ride for the cause and how much he raised in total.

Yours Brenda (Co-op)

Book shelf at the Co-op

Huge thanks to the Co-op and to everyone who gives and buys books to support the *Stay & Playgroup* and *Port Isaac Village Hall*. If you have any books to donate please leave on the bookshelf.

The support Darren and all the staff at the Co-op give to our community is second to none - thank you all.

Trelights
Methodist Chapel

GARDEN PARTY

**Tuesday August 7th
at 2.30pm**

in the garden of Trewithick House
(opposite Chapel)
by kind permission of Peter & Pam Hall

Games & Stalls including cakes, produce,
plants, bric-a-brac, books, tombola, raffle

*come and meet friends for a cream tea
in this lovely venue, always an
enjoyable occasion*

PROCEEDS FOR CHAPEL FUNDS

Safari Sale

A few people are interested in this and fancy giving it a go - it's a bit like a car boot sale but in your driveway, garden or garage. Anyone taking part registers with PISCES and pays us £5 and we publicise the event and your venue with posters and flyers. We have set the date for

**SATURDAY AUGUST 18th
9am - 1pm**

There's still time if you fancy taking part, call Dee on 01208 880862 or email dee54@mac.com

**LOOK OUT FOR THE
POSTERS AND FLYERS TO
SNAP UP A BARGAIN**

Port Isaac Chorale news ...

On Tuesday July 17th current and former members of the Port Isaac Chorale got together for an evening of eating, drinking, chatting and singing to celebrate the choir's 25th anniversary. It was a wonderful opportunity to meet up with old friends and make new ones and the current choir members thoroughly enjoyed singing some of the old songs such as 'I Drew My Ship' with a beautiful solo sung by Angela Sherratt. There was plenty of food and drink and a delicious anniversary cake which was cut by Janet Townsend MBE.



The Chorale's current chairman, Rachel Keitch, made a presentation of a pottery bowl and some flowers to Janet, who set up the choir and is still, after all these years, the musical director. The Chorale currently has forty members and performs at concerts and weddings in the local area.



The 25th anniversary year will culminate in a concert, at St Minver Church on Sunday September 30th at 7.30pm. The choir will be performing alongside the Restormel Concert Band so it will be an evening not to be missed! Details of how to get tickets will be in the next issue of *Trio*.

Doc Martin Fund AGM

Monday 24th September
6.30pm in the Village Hall

*all welcome to attend
and contribute*

DOGS DIE IN HOT CARS

**IF YOU SEE A DOG IN
DISTRESS IN A HOT CAR**

**DIAL
999**

For news about Rock, Polzeath, St Minver, Trebetherick & Wadebridge follow this link ... www.stminverlink.org

The Port Isaac Poppy Trail

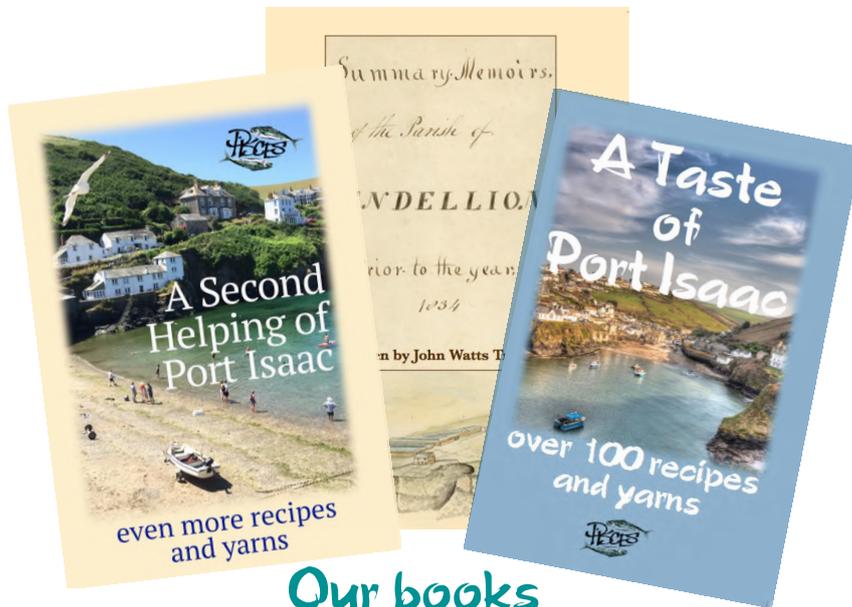


On November 11th 1918, the guns fell silent; the Great War, the First World War, the War to end all Wars, World War One was over ... but at what cost. So many men and boys who went to fight for their King and country never came home, and nobody who lived through that terrible time came out unscathed. One hundred years later it is time for our country to commemorate the ending of this now distant generation.

Here in Port Isaac we will remember those who were born in our cottages, who went to our school, who walked out streets, who worked and played in our harbour, who lived their lives here.

PISCES plans to put up its WWI exhibition in October and, with the help of Caroline Cleave, we will be staging a Poppy Trail around the village marking various landmarks that have a special reference to WWI and ending at St Peter's Church. We are inviting the whole community to be part of this by helping us make our own "thank you" poppies – all the details and a poppy template will be in the September issue of *Trio*

"everybody has a story to tell about their life"



Our books

The sale of our two award winning Cookery Books helps fund our activities and we now also have copies of The Trevan Book to add to our publications. All three publications, priced £10 each, are available at the *Pottery* and *Secrets* and other local shops with all the proceeds going to PISCES.

PISCES aims to keep all the stories and memories of Port Isaac alive before the history is lost and gone forever



Whatever you do this summer, this is a **MUST SEE** exhibition!

The TREVAN EXHIBITION

It doesn't sound the most exciting thing you've ever seen, but believe me, you will be blown away by the wonderful exhibition of work from Port Isaac School as part of the display.



John Trevan's book takes us back to the year 1834 and, by contrast the children of Port Isaac give us a look at life here in 21st century.

As part of the Trevan Book theme PISCES is hosting an illustrated evening telling tales about what went on in Port Isaac all those years ago. Tales of shipwrecks and scandals, fishing and farming and everything else that builds up a picture of life in 1834.

The TREVAN NIGHT

Port Isaac Village Hall
Tuesday 7th August at 7.30pm
Tickets £4 on the door

"This is your village and your history"

Check us out on:
www.portisaacheritage.co.uk



CREW NEWS

Port Isaac inshore lifeboat was tasked at 21:05 on Saturday July 21st to reports of three boys cut off by the tide at Benoath Cove, west of Rocky Valley. Port Isaac RNLI conducted a search up and down the shore line from Bossiney all the way up to Rocky Valley. With Boscastle and Polzeath Coastguards also in attendance with the search, it was starting to become clear that the boys had managed to scramble up a path to safety and leave the scene.

After talking to the first informant about the three boys and their location, it was decided to stand down everyone involved after it was clear they had managed to get back up themselves. The first informant did the right thing and dialled 999 and ask for the Coastguards.

Thank you to everyone for their assistance.

PORT ISAAC LIFEBOAT LARKS ON THE PLATT AND AROUND THE HARBOUR

11 AM-5 PM

SUNDAY AUGUST 12TH

FUN FOR ALL THE FAMILY

SHARP'S BAR * PIMMS BAR

BBQ * CREAM TEAS

PENNY ROYAL JAZZ BAND

ST MINVER SILVER BAND

PUNCH & JUDY

RNLI CARDS, PRINTS & CLOTHES

CHILDREN'S ART COMPETITION

AND MUCH MORE ...

LIFEBOAT EXERCISE WITH COASTGUARD HELICOPTER

Port Isaac RNLI are pleased to confirm continuation of their ever popular annual

HARVEST FESTIVAL & AUCTION

at THE OLD SCHOOL HOTEL - 7pm

FRIDAY OCTOBER 12th

all welcome

come along for a fun evening and the opportunity to bid for a bargain under the hammer of our star auctioneer Ross Collins
all in support of our New Lifeboat Appeal

Lifeboats
DOG OWNERS:
TAKE THE LEAD!

YOU'RE TOP DOG DON'T RISK YOUR LIFE

Always keep your dog on a lead when walking close to cliff edges.
If they fall, do not go after them!

RNLI.org/TopDog IN AN EMERGENCY CALL 999 OR 112 AND ASK FOR THE COASTGUARD

The RNLI is the charity that saves lives at sea
Royal National Lifeboat Institution, a charity registered in England and Wales (209603) and Scotland (SC037736). Registered charity number 20003326 in the Republic of Ireland

RESPECT THE WATER

Meet the pawsome stars of the RNLI's dog safety campaign

The #RNLI TopDog campaign ran at the Royal Cornwall Show offered dog owners the chance for their canine companions be featured in the RNLI's new dog safety messages. 294 dogs were photographed with Dash, a cavalier king Charles; Buddy, a cockapoo; and Louie, a collie cross, chosen as the top dogs. All three dogs will be featured in RNLI dog safety posters that will be put out in the south west throughout the school summer holidays.

The three dogs, along with their owners, visited Port Isaac RNLI lifeboat station to meet the crew and hear their stories of dog rescues. Bob Bulgin, Port Isaac RNLI chairman, said: 'It was fantastic to meet Dash, Buddy, Louie and their owners. Almost half of the incidents the Port Isaac volunteer RNLI lifeboat crew have dealt with this year were dog related so this was a great opportunity for the crew here to share their stories and spread the dog safety messages – especially with the busy summer season about to start.'

Simon Hannaford, RNLI Community Safety Officer, said: 'When a pet does in get into trouble, often the owners want to try and help them but, by doing so, put themselves into danger. In 2015, 119 dog walkers were rescued around the UK coastline. If you are worried about your dog at all, do not hesitate to call 999 and ask for the Coastguard.'



Port Isaac RNLI crew members Nicki B, George Cleave and Mark Grills with the dogs



From 12noon at the Playing Field
Arts & Crafts Table, Children's Games,
Inflatable Fun, Surf Simulator, Face
Painting and Glitter Tattoos, Raffle,
Tombola, Lucky Dip, BBQ, Hot Drinks,
Ice Creams, Sweets, Cakes

3pm

Children's Magic Show -
THE PARTY PEOPLE!

4pm

Nick Bunt Memorial Tug of War
Competition (Unisex Teams of up to 5 people)

4.30pm

Field Open for Floats to Arrive

5.30pm

Judging

6pm

Procession (the road will be closed
between 5.45pm and 7.15pm)

7pm

Prize Giving and Raffle in the marquee

7.30pm

Disco, games and fun in the Marquee
from JESTERZ ENTERTAINMENT TEAM

9pm

Live Music from TANKSLAPPER!

Licensed Bar, BBQ, Hot Drinks and
Sweet Food will be available
throughout the day!

PLEASE COULD EVERYBODY WITH TROPHIES
FROM LAST YEAR RETURN THEM AS SOON AS
POSSIBLE TO KAT OR ALICE

We can't wait to see you all on
Carnival Day. We want to make it
bigger and better than ever! Get
involved, get dressed up and join in
the Port Isaac Carnival fun!

Get your pots and pans rattling
and your Fish Knives ready!

FISH PI(E) Competition 2018
Saturday October 20th
in Port Isaac Village Hall

Come along and watch the judging and
then join us for our Community Lunch

There is plenty of historical evidence that the
harvest in Port Isaac was marked as a special
time for the year in the village calendar. So
keeping this tradition alive and following on
from the success of last year's competition,
the Village Hall doors will be once again
thrown open and the judging will take place to
find out who can create the best Fish Pie
2018. Full details in next month's *Trio*.



Fish PI 2018 Tea Towels

remembering the past and
celebrating the present

PORT ISAAC

These tea towels make
brilliant presents as they
are light and easy to pack
into a suitcase or post

PISCES (our local history
group) who put time and
effort into keeping the
history and heritage of
Port Isaac alive through
vibrant and interactive
exhibitions in St Peter's
Church will be one of the
main beneficiaries from
the sale of the tea towels
along with the
Fishermen's Mission and
The Ideas Partnership

due to popular
demand these Port Isaac
tea towels are now for sale
again from most of the local
businesses in the village for £7

last year £3000 was raised for charity
from the sale of these tea towels

FINGERS CROSSED THAT WE SELL OUT AGAIN THIS YEAR!



Hello from Port Isaac Rowing Club

We continue to enjoy an exciting year and have taken part in many more events since our last article in *Trio*.

Last month we held our annual George Moth and Mark Provis Tribute Day. Port Isaac Harbour looked it's best in the sunshine and great to see so many people wanting to try the sport and compete in our fun races!

We also headed down to Porthleven to enter two of our gigs into the 'Across The Bay' event - 8.13 miles! A new experience for us and good to meet so many more clubs!

Most recently, we enjoyed a beautiful sunny day for our annual regatta. A proper day of rowing- thanks to all who joined us! Cheers too, to those who helped support us through sponsorship and raffle prizes, including Sharp's Brewery, Gary Dutton Butchers, Buttermilk Confectionery, Camel Community



Supported Agriculture (Camel CSA), Steve Hudspith for the sculling session raffle prize, Ness Lannen for the jewellery making workshop, and Steve D for the tandem paragliding flight raffle prize!

Coming up soon is 'Lifeboat Larks' on Sunday 12th August, which will be a fun day of activities in the village. If you fancy having a go at rowing on the day please pop down to see us on the beach at Port Isaac harbour- we'll be there!

Do get in touch with us if you'd like to try the sport. We row on Sunday mornings and on a Tuesday and Thursday from 6pm.

Please see our Facebook page, or contact Gail Morwood on Mobile: 07768753699, Landline: 01288 341537, email: gailmorwood@gmail.com

Could you give the gift of time?

Cornish charity the Merlin MS (Multiple Sclerosis) Centre is looking for volunteers to support the organisation in a variety of roles. Caroline Rickard, volunteer co-ordinator said: "People gain so much from volunteering – it is a way to learn new skills, get to meet other people and give something back to their local community."

The positions include drivers/escorts, administration, café, and general fundraising duties. Most positions require a maximum of 4-8 hours a week, although fundraising volunteers are just needed occasionally for store collections, to help at events and to work at fetes and fayres.

Retired Holiday cottage Owner Chris joined the volunteer transport team in January 2018 and said: "I love it here and have made new friends at the Centre. I also get to meet the service users and they are so incredibly grateful for the support we provide. Lots of people couldn't get to the centre without the minibus service so I feel my contribution is helping others."

The Charity provides therapies, support and information for anyone living with a long-term neurological condition at the Centre near St Austell and through its Outreach services. Last year 90 volunteers dedicated 11,000 hours to support its work.

Anyone interested in the following positions, please call Caroline on 01726 885530 or email caroline@merlinmscentre.org.uk



MJ-UK Music & Arts

coming to Cornwall in August

The MJUK Cornish workshop youngsters proudly present their 2018 production

Alice in Theatreland

(based on the story of Alice in Wonderland and featuring songs from the musicals)

Wadebridge Town Hall

Saturday August 18th at 7.30pm
Sunday August 19th - matinee at 2.30pm & evening performance at 7.30pm

Tickets £10 (£5 for under 16s) - available from Krazy Kards on Polmorla Road, Wadebridge or by contacting Julia Treglown on 07815 987172

Some Enchanted Evening

a concert of well loved musical theatre and operatic classics performed by some of the countries finest young singers, including winners of the Chris Treglown Foundation award

St Peter's Church, Padstow
Friday August 24th at 7.30pm

Tickets £10 - available from Cole, Rayment and White branches, Duke Street, Padstow or Molesworth Street, Wadebridge or by contacting Julia Treglown on 07815 987172

St Minver Church
Saturday August 25th at 7.30pm

Tickets £10 - available from Cole, Rayment and White, Molesworth Street, Wadebridge, St Minver Post Office or by contacting Julia Treglown on 07815 987172

Music by the Water's Edge

ticket free outdoor concerts

Monday August 20th
on Port Isaac Platt at 6.30pm

Wednesday August 22nd
on the Band stand at Padstow from 6.30pm - 8.00pm

Come along and enjoy some wonderful musical theatre and operatic classics being performed by some of the most talented young people in the country

Be Our Guest

A magical evening of music, song and culinary delights at the popular Waterfront Restaurant in Polzeath, kindly hosted by Jamie Yoki

Thursday August 23rd
Doors open at 6.30pm Concert at 7.30pm

Tickets £40 to include drink and canapés on arrival, two course buffet of delicious locally sourced food and entertainment from the hugely talented MJUK

available from the Waterfront Restaurant (tel: 01208 869655) or by contacting Julia Treglown on 07815 987172

SUPPORTING THE CHRIS TREGLOWN FOUNDATION FUND



Endelienta

Fostering the Arts and Spirituality in North Cornwall

Saturday 18 August
Karitas



Three singers from Normandy bring us a gorgeous programme of medieval choral music (continental and English). Afternoon workshop 3-5pm, open to all. Workshop & concert £15. Concert only £8. Accompanied under 16s free.

Book tickets online at www.endelienta.org.uk; by email tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop.



31 July – 10 August
60th St Endellion Summer Music Festival

Ten spectacular performances over ten days. The opera this year is Berlioz – La Damnation de Faust. There will be chamber, choral and orchestral, and late night concerts.

For full details and booking information go to www.endellionfestivals.org.uk



Autumn events at St Endellion

Saturday 8 September
Viva la Musica Chamber Choir, 7.30pm

Saturday 15 September
'War & Peace', Mark Padmore recital, 7.30pm

Thursday 4 October
Uprooted – Short poetry films about refugees, 7.30pm

Friday 5 October
Kit & McConnel – cabaret, 7.30pm

Saturday 6 October
The India Electric Co – Folk-rock, 7.30pm

Saturday 2 November
Baka Beyond - Afro-Celtic band

Saturday 16 November
Dale Storr – New Orleans piano, 7.30pm

Sunday 9 December
Blackweir Brass, 3pm

Book tickets online at www.endelienta.org.uk;
by email tickets@endelienta.org.uk;
by phone 07787 944935; or from the Wadebridge Bookshop.



Endelienta



**NORTH
CORNWALL
BOOK
FESTIVAL**

Thursday 4
October -
Sunday 7
October



THE ROYAL BRITISH
LEGION

Royal British Legion Poppy Appeal 2018



We are rapidly approaching this year's Poppy Appeal and Remembrance Sunday which falls on 11/11 - very apt as we are commemorating the 100th anniversary of the end of the First World War and the 100th celebration of the formation of the Royal Air Force. I am sure you have seen the tv coverage, especially the 100-plane flypast up the Mall. Very moving and so much to be proud of. e give thanks to all who have fought and died or have been injured and suffered to give our country the peace we enjoy.

This year we will have a special Remembrance Service in St Peter's Church - more details nearer the time. But we are still so involved with raising funds here in Port Isaac and I really ask that perhaps some of you lovely younger people may be able to give a few hours to sell poppies either in the Co-op or door-to-door. None of the regulars are getting any younger and we really need your help. The money raised will go towards all the necessary work that is needed to help all those in need following old and new conflicts.

Please do contact me if you could help in any way. I would be so grateful. My telephone number is 01208 880660. Thank you

Annie Price, Poppy Appeal Organiser

Scott Mann's update from Parliament



Early in July I was delighted to join hundreds of North Cornwall residents in walking three miles through Launceston to raise money for a rare cancer unit at Derriford Hospital. The champion of this great cause, Val Bugden-Cawsey, who is a local town councillor and a member of my team, was diagnosed with malignant melanoma six years ago which has now developed into terminal cancer. After receiving such sad news, Val has committed herself to raising money for a rare cancer unit at Derriford so that more people in the South West can overcome rare and aggressive cancers.

In typical fashion, Val brought a smile to the face of everyone as she arrived at Launceston Medical Centre in her Union Jack dress, armed with a megaphone. The event saw hundreds of people of all ages showing their support, with nearly £10,000 being raised. Val is an inspiration to us all, and I know the whole Launceston community is immensely thankful and proud of her for her public service, her campaigning and her efforts to raise money for this very important cause.

It was also in early July that we marked the 70th Anniversary of the creation of the NHS, which was marked through a number of events around the country. The NHS provides an amazing service and we are all very fortunate to a health service which is free at the point of use. To mark the anniversary, the Government announced an extra £6.7 million for the South Western Ambulance Service, which will see an additional 60 vehicles operating in Cornwall and the South West.

The rural nature of Cornwall is a challenge for our ambulance service because vehicles and paramedic teams have to travel many miles to

reach emergencies, and these new vehicles will be a great boost for the people of Cornwall.

Halfway through the month we then saw a significant development on Brexit, with the Cabinet meeting at Chequers to agree proposals for the UK's future relationship with the EU. The proposals include a free trade area and a new customs arrangement which, in theory, would allow frictionless trade between the UK and mainland Europe. Although I want to see as frictionless trade as possible, the proposals did also include a common rule book which would likely see the UK being bound by EU rules, as well as judgements by the European Court of Justice.

One of the main reasons I advocated Brexit and why people voted for Brexit was for the UK to have independence in setting its own laws and having its own trade and customs policies, with our courts no longer having to adhere to European courts.

Over the coming weeks and months, I fear that elements of these new Brexit proposals will inevitably put me in direct conflict with the views expressed by a large section of my constituents. I was not prepared to compromise their wishes by delivering a watered down Brexit, and I therefore tendered my resignation as a Parliamentary Private Secretary at the Treasury.

The residents of North Cornwall made it very clear that they want to have control of our fisheries, our agriculture, our money, our laws, our judiciary and our borders, and I will evaluate those core principles against the Government's new Brexit White Paper and ensure that I vote in line with their wishes.

www.scottmann.org.uk

MJUK CORNISH WORKSHOP YOUNGSTERS
PROUDLY PRESENT
THEIR 2018 PRODUCTION

Alice in Theatreland

based on the story of Alice in Wonderland and featuring songs from the musical

Wadebridge Town Hall
SATURDAY AUGUST 18TH
7.30^{PM}

SUNDAY AUGUST 19TH
MATINEE - 2.30^{PM}
EVENING PERFORMANCE - 7.30^{PM}

TICKETS £10
(£5 FOR UNDER 16s)
AVAILABLE FROM
KRAZY KARDS ON
POLMORLA ROAD, WADEBRIDGE
OR BY CONTACTING
JULIA TREGLOWN
ON 07815 987172

ALL PROCEEDS TO THE CHRIS TREGLOWN FOUNDATION FUND

Please pick up
your dog's poo



Lots of bins in
the village

Edward

The St Endellion and St Peter's, Port Isaac Fete

This year St Peter's Church, Port Isaac is to join with St Endellion for the Summer Fete. This is a new venture and we hope that many will join us for an afternoon of fun. There are children's activities as well as many stalls to tempt the adults.

We at St Peter's are taking charge of the book stall and there is a box at the back of church for any contributions. We are also looking for CDs, DVDs and puzzles.

Many activities are under cover in the Rectory Garden as well as in the Church Hall, so rain will not stop everyone having a good time.

Come along on Tuesday 14th August and make it a memorable afternoon.

*Pat Pearson
Chapel Warden*

ST ENDELLION & ST PETER'S, PORT ISAAC GARDEN FETE

St Endellion Rectory
Tuesday August 14th
at 2pm

Cakes, Refreshments, Produce, Plants, Books
Bric a Brac, Childrens Games, Sideshows ...

and **A SPECIAL VISIT FROM MR SUPERO**

presenting *The Tale of the Apple Dumpling*

a puppet show for children ...
and for grown ups!!



Quiet Day at St Endellion

Saturday September 29th 10am-3pm

Cost £10, bring a picnic lunch.
Book with Judith - 01208 880181

Church Diary Dates

Sunday August 5th

Transfiguration

9.30am: Morning Worship,
St Peter's Church, Port Isaac

11am: Sung Eucharist, St Endellion
Church

Sunday August 12th

9.30am: Holy Communion,
St Peter's Church, Port Isaac

11am: Sung Eucharist, St Endellion
Church

Sunday August 19th

9.30am: Morning Worship,
St Peter's Church, Port Isaac

11am: Sung Eucharist, St Endellion
Church

Sunday August 26th

9.30am: Holy Communion,
St Peter's Church, Port Isaac

11am: Sung Eucharist, St Endellion
Church

Sunday September 2nd

9.30am: Morning Worship,
St Peter's Church, Port Isaac

11am: Sung Eucharist, St Endellion
Church



Taizé Services at St Endellion Church

Singing simple Taizé chants by candlelight, with silence, prayers and listening to readings, makes for a peaceful ending to a Sunday.

So, before the next busy week starts, why not come along to the next monthly service which will be held in St Endellion Church at 6pm on September 16th and will last about 40 minutes.

If you've not experienced one before, why not come along, you will receive a warm welcome.



Sunday 5 August - Butterfly walk at Lundy Bay 1.30pm – 3.30pm

Join National Trust rangers and Cornwall Butterfly Conservation Group in a walk along one of the National Trust's butterfly survey routes. There will be a selection of butterfly species, especially if the sun is shining! Meet in the National Trust's Lundy Bay car park SW 958 798, PL27 6QZ. Open to Butterfly Conservation members and non-members alike. Free. For further details contact Sarah on 863821 or sarahe.stevens@nationaltrust.org.uk

Tuesday 14 August - Bat Night at Pentire Head, 8pm until late

Join National Trust rangers for an evening all about bats. Starting with a talk about British bats, we will then see and hear greater horseshoe bats emerge after sunset from old mine workings. Talk starts promptly at 8pm. Bring a chair or rug to sit on, warm clothes, and a torch is useful. Bat capes optional. £3 per person. Booking is essential as the date may change due to unfavourable weather. 01208 863046

Saturday 18 August - Bracken Bash at Lundy Bay, 10am - 3pm

Join us for round two of our bracken management days overlooking the beautiful Lundy Bay. All tools and equipment will be provided. PBooking essential. Please call 01208 863821 or email tom.sparkes@nationaltrust.org.uk

Friday 24 August Coastal Challenge Series, Polzeath 7pm – 9.30pm

Grab your running shoes and join us for our final guided trail run of the summer, this time around the impressive Pentire Head near Polzeath. Iron Age cliff castles, massive views and a secluded beach. With a 5km or 10km route to choose from, all abilities are catered for. Join us for a summer evening of running followed by a BBQ on the beach. £5pp and bring some food to cook on the BBQ on Baby Bay beach. Bring a torch if you're staying for the BBQ. Call 01208 863046 or email northcornwall@nationaltrust.org.uk for more details. Booking encouraged. Meeting at the New Polzeath council car park, PL27 6UF. Free parking after 6pm.



What are we to make of this long run of very dry and hot weather? Its not long ago the ground was so waterlogged any extra rain would cause flooding. In fact as I write, on the road to Port Isaac there is still a sign – see picture - rather ironically announcing, “flood” put there some months back when there were indeed floods. There is a branch of climate science that has developed over the past few years to answer the question about what we can make of weather events (but not the mystery of why flood signs remain when we are in the middle of a drought, but maybe they know something we don't!).

Without getting too technical, this Attribution Science asks firstly if the observed event is statistically unusual compared with natural variation in climate and secondly if it is consistent with predictions from models of climate change that include the effect of human activity. If you want technical articles, the science magazine Nature has a good list of papers www.nature.com/subjects/attribution

Our drought is part of a rather bigger drought over much of northern Europe. In two countries, Lithuania and Latvia for example, states of emergency have been declared because of the water shortage, so it's not just us. In July, the World Meteorological Organisation posted online a summary of the situation, globally, <https://tinyurl.com/WMO-drought> with records being broken in many places. They summarise well the state of attribution science at the bottom of this article, which shows that of those extreme weather events examined, 65% could be attributed to global warming due to human activity.

The other big story that has caught my attention is the epic swim that the ‘ocean advocate’ Lewis Pugh <http://lewispuh.com> is undertaking to highlight the way our oceans are being affected by climate change and pollution. He has some inspirational blogs here <https://tinyurl.com/swim-pugh> where he describes the day-to-day challenges of this 560 km (350 miles) swim – the length of the English Channel. He hopes to complete it in 50 days and is still going strong at day 11. The major problems so far seem to be jellyfish – lots of them – and quite a few stings. On July 12th, he met up with Prince Charles at the Surfer's Against Sewage event at St Agnes <https://tinyurl.com/SAS-PrinceC> . The event, and Lewis's swim are part of a wider campaign about plastic in the oceans and how to reduce it.

One nice example of how we can all help by collecting plastic from beaches is a smartphone app called Tidal Revival developed by Andy Nions and Rob Martindale – they write about it on their Facebook page <https://en-gb.facebook.com/SupportTidalrevivla/> . They wanted to find a way to get as many people involved as possible in cleaning up our beaches. You can download it from the Apple Store for the iPhone and soon for Android phones. What it does is allow you to select a beach – for example Polzeath, based on your location. You can then record the type and quantity of the plastic you pick up from the beach, take a photo and upload it. You then earn points that can be redeemed for discounts at local shops – for example in Plastic Free Camelford www.facebook.com/PlasticFreeCamelford

Another website <https://fathomsfree.org> describing some similar great work, is about a group of divers committed to cleaning up the sea around our coast and their website has some great information, and also some photos of Zillah Robertson's art from litter – she also features on another nice website called Duffy the Sea Turtle <https://duffytheseaturtle.com> that is also well worth a look.

Tony Wainwright

Year 6 Goodbyes

We say goodbye to our Year 6 children, Joey, Charlie, Callum, Liam, Amber and Maisey.

We wish them good fortune as they move on to the next stage of their learning journey at their chosen secondary schools.

We will miss them in school and hope the pop in now and again to tell us about their progress.

Beach Day

All the children went down to Port Gaverne beach and carried out a beach clean. Before we set out we watched a short video about plastics polluting our oceans and our mission was to pick up nurdles from the strand line.

We then walked round to Port Isaac and spent the rest of the day there, eating lunch, sketching, making sand sculptures, doing some beach yoga and going on mini beach walks.

Maisey and Harvey were inspired to write a short story together and here it is....

My View

I'm Lottie and I'm a seagull. All the people who visit the beach hate us seagulls. We can't help it if we are hungry can we? Sometimes we need an ice cream or a pasty. Sorry we steal them. Everyone hates us but we have rights!!!

We fly in the sky looking for a nice bit of salty water. Sometimes we eat a starfish or two. No one helps us if we get stuck in rope or if someone tries to kill us. So that's my view....we matter....we're not rude.

SCHOOLCHAT
news & views from Port Isaac School



Singing Workshop

Class 2 spent a day at St. Endellion Church with Mrs. Townsend and children from St. Minver School. They practised and sang several songs and gave a small performance at the end of the day.

Many thanks to Mrs. Townsend for taking the time to organise this for and sharing her expertise with the children.

Music Workshop

We were very pleased to invite a school choir, which was performing at the St. Endellion Music Festival, into school for an afternoon of singing. The visitors taught our children part of a song which they then sang together and they also sang one of their own songs for us. The choir was accompanied by a small orchestra and everyone enjoyed the performance.

Rounders League

Our houses have been playing in a league this half term and Hawks were triumphant.

Eagles, Owls and Falcons were battling it out for second place.

Summer Break

There will be no Schoolchat in the September issue of Trio due to our summer holidays.


Indian Summer Fair
Fun Dog Show
Paint a pebble competition

Sunday 16th September

2—5 pm on the Playing Field

Friends of Port Isaac School



Planning Applications

Members considered the planning applications and made the following responses to Cornwall Council:

1. PA18/05015, Meadow Stile, Trewetha Lane, Port Isaac – rear extension to replace existing lean to, new and replacement windows. Members unanimously objected. They support the proposed rear extension, however object to the proposed glazing form. The proposal fails to Conserve or Enhance the Conservation Area by reason of the uncharacteristic glazing unbroken by the bars and panes seen in all the surrounding cluster of buildings. This would have the effect of making the building more prominent when viewed from within the Conservation Area, The benefit to occupiers does not in Members' opinion outweigh the harm. Members would be inclined to fully support the proposal with adjustment to the glazing divisions.
2. PA18/05426, 9 Silvershell View, Port Isaac – single storey rear extension with sun terrace and proposed entrance porch. The work includes internal remodelling and re-roofing works. Members made no comment on this application.
3. PA18/05608, 4 Mayfield Road, Port Isaac – proposed rear ground floor extension and decking. Members supported this application.

Planning Applications Approved by CC – information only

- i. PA18/00691, Pilchards, Port Gaverne – retrospective consent for amendments to cafe, (approved under PA17/00391), namely altered access to DDA toilet with a new timber door, siting of external cold room and timber clad fencing.
- ii. PA18/03670, Long Cross Hotel, Trelights – existing hotel function room to become four guest suites. Existing dining room to be replaced by smaller one, and two additional guest suites.
- iii. PA18/03945, Seaward, 14 The Terrace, Port Isaac – proposed garage.

Planning Applications Refused by CC

- i. PA18/03209, Coastguard Lookout – CC's Planning Committee voted to refuse the proposal by a majority of 8-5. They agreed the design is not compatible with its setting and it would cause harm to Conservation Area, the Heritage Assets described in the Heritage report of the Coastguard Cottages.

Port Gaverne WCs

Cllrs. Coles, Raynor and Williams had met with Mr Rich Shirley, National Trust. The Trust are looking to convert the Port Gaverne toilets into a retail facility or as a catering kiosk, which may be operated directly by The Trust and could perhaps include some interpretation highlighting the history of Port Gaverne to its visitors. Either option will include the retention of a toilet that could be used by the public. The Trust had proposed the PC take on a short-term licence at a cost of £100 (the Trust to pay the Business Rates) and run the WCs until 31st October 2018. Cllr. Williams will produce some costings and the matter will be considered further at the next meeting.

Community Led Housing Initiative

Members have invited Mr Andrew Prendergast, Rural Housing Enabler, Cornwall Council to attend the September meeting at 6.30pm to explain the options the scheme offers. As with all Council Meetings, members of the public are invited to attend.

New Play Equipment

Members have purchased a new piece of play equipment which is due to be installed early in October in time for the school's half-term holiday.

War Memorial

Cornwall Council had agreed the memorial could be moved to the Green at the junction to Mayfield. They had confirmed planning permission is not needed. The Revd. Wild had provided written confirmation that English Heritage had deferred listing of the war memorial until after its relocation.

The war memorial will be positioned in the centre of the 'Green' midway between the BT comms cabinets and the wooden bench. The exact position of the front of

the memorial would be on a line drawn between Nos.3 and 4 Mayfield Drive and a highways storm water gully in Trewetha Lane.

In order to comply with disability regulations for wheelchair users there should be a paved area 4 metres deep and 3 metres wide in front of the memorial (on the wooden bench side) extending into a paved path 2.5 metres wide to the Tarmac pavement. This will create a paved standing area for up to 12 wreath bearers plus two wheelchair users.

The Parochial Church Council had agreed to cover the cost of the re-siting of the memorial.

Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Gillian Thompson
Parish Clerk / RFO

Email: stendellionpc@gmail.com
Website: www.stendellionpc.com

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Lucy on 07784 657921 or
Cherry on 07900 527610

Martin's Mackerel



I love Mackerel not only because they are the only fish I ever seem to be able to catch at the moment but also for their versatility. This recipe involves pickling the mackerel first and then grilling them on the BBQ skin side down. Cook the fish as long as you can on the skin side (skin side down), flip it and finish for just 15/30 secs and plate.

Grilled mackerel with soy lime dressing

For the mackerel

250ml cider vinegar
250ml water
40g/1½oz caster sugar
35g/1¼oz red onion, finely sliced
½ tsp whole pink peppercorns
3-4 lemon slices
2 whole mackerel, filleted, pin bones removed
1 tbsp oil

For the fennel salad

1 fennel bulb, finely sliced on a mandolin, slices soaked in ice-cold water for 20 minutes, drained
1 tbsp olive oil

For the soy and lime dressing

1 tbsp soy sauce
1 tbsp water
1 lime, juice only
1 tsp fresh root ginger, peeled, finely diced
½ tsp dark muscovado sugar

½ lime, juice only
1 bunch rocket leaves
2 pinches sea salt
1 pinch cayenne pepper

For the mackerel, heat the cider vinegar, water, coriander stalks, caster sugar, red onion, peppercorns and lemon slices in a medium saucepan over a medium heat. Heat the mixture until just warm (about 60C), then remove from the heat. Transfer the contents of the pan to a flat, shallow container and set aside to cool.

When the mixture has cooled, place the mackerel fillets into the container, flesh-side down. Set aside to marinate for 20 minutes.

For the soy and lime dressing, combine all the dressing ingredients in a small pan and gently heat through until the sugar has dissolved. Set to one side.

When the mackerel fillets have marinated, remove them from the marinade and pat dry with kitchen paper. Make several diagonal scores in the skin, going across the length of each fillet to stop them from curling up during cooking.

Brush a baking tray all over with oil. Arrange the mackerel fillets onto the greased tray, skin-sides facing upwards. Place under the grill and cook for 4-5 minutes, or until the skin is crisp and the flesh is cooked through.

For the salad, combined all the salad ingredients in a large bowl. To serve, divide the fennel salad equally among four serving plates. Place a grilled mackerel fillet on top of each portion. Spoon the salad dressing around the edge of the plate.

Panzanella

(Bread and Tomato Salad)

Ingredients

3 tbsp good olive oil
500g crusty old bread, cut into 2cm cubes
1 tsp salt
2 large, ripe tomatoes, cut into 2cm cubes
1 cucumber, unpeeled, seeded, and sliced 1cm thick
1 red pepper, seeded, cut into 2cm cubes
1 yellow pepper, seeded, cut into 2cm cubes
1/2 red onion, cut in 1/2 and thinly sliced
20 large basil leaves, coarsely chopped
3 tbsp capers, drained
Freshly ground black pepper

For the vinaigrette:

1 tsp finely minced garlic
1/2 tsp Dijon mustard
3 tbsp Cider or white wine vinegar
120ml good olive oil
1/2 tsp salt
1/4 tsp freshly ground black pepper

Method

1. Heat the oil in a large saute pan. Add the bread and salt; cook over low to medium heat, tossing frequently, for 10 minutes, or until nicely browned. Add more oil as needed.
2. In a large bowl, mix the tomatoes, cucumber, peppers, onion, basil and capers. Add the bread cubes and season liberally with salt and pepper.
3. For the vinaigrette, whisk all the ingredients together. Toss the salad with the vinaigrette and serve, or allow the salad to sit for about half an hour for the flavours to blend.

*So have a good silly season,
and keep calm and remember
they are on holiday. Mx*



Adrian & Sandra Bresnan

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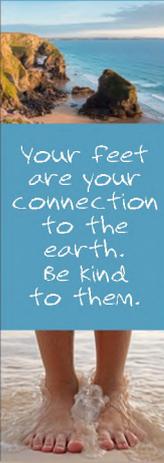
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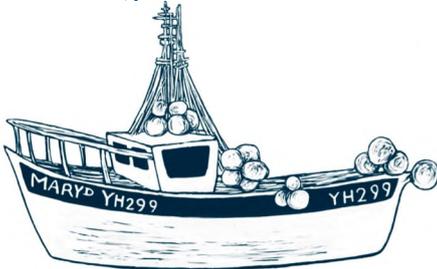
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References Available

DBS Checked

Local Guide Books &
Maps available at
Secrets, Port Isaac

LOCAL INFO

Doctor's Surgery - 01208 880222

Repeat Prescriptions - 880242

NHS 24-hour Helpline - 111

Royal Cornwall Hospital (Truro) -
01872 250000

East Cornwall Hospital (Bodmin) -
01208 251555

Derriford Hospital (Plymouth) -
08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845 6567930

Civil Enforcement Parking Team -
0300 1234222

Rev Judith Pollinger - 01208
880181

Harbour Master - Byron Buse -
01208 880321

Lifeboat Operations Manager -
Chris Bolton - 01208 880256

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council:
stendellionpc@gmail.com

Cornwall Council - 0300 1234 100

Bowthick Tip - 01840 770778

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WHAT'S ON

July 31st - August 10th
St Endellion Summer Festival

Thursday August 2nd
Summer Community Lunch in the Village Hall - open to everyone - 12noon-2pm

Tuesday August 7th
Trelights Methodist Chapel Garden Party, Trewithick House - 2.30pm

PISCES presents The Trevan Journal - tales from times gone by - in Port Isaac Village Hall - 7.30pm

Sunday August 12th
Port Isaac RNLI Lifeboat Larks on the Platt & around the Harbour - 11am-5pm

Tuesday August 14th
Roadside household recycling collection - bags out by 7am

The St Endellion & St Peter's Church Fete at St Endellion Rectory - 2pm

Thursday August 16th
Port Isaac Gulls singing on the Platt - 7.30pm

Saturday August 18th
PISCES Safari Sale around the village - 9am-1pm - LOOK OUT FOR POSTERS WITH MAP OF VENUES

Karitas - Medieval choral music workshop and concert - in St Endellion Church - 7.30pm

Tuesday August 28th
Roadside household recycling collection - bags out by 7am

Saturday September 1st
PORT ISAAC CARNIVAL

Wednesday September 5th
The Wednesday Morning Pop-up Caafe in the Village Hall - 10am-12noon

Saturday September 8th
Viva la Musica Chamber Choir in St Endellion Church - 7.30pm

Wednesday September 12th
The Wednesday Morning Pop-up Caafe in the Village Hall - 10am-12noon

Saturday September 15th
'War & Peace' - Mark Padmore recital in St Endellion Church - 7.30pm

Sunday September 16th
Friends of Port Isaac School Indian Summer Fair & Fun Dog Show on the Playing Field - 2-5pm

TRIO COPY DATES

With the exception of February and December, Trio comes out on the first of every month. Copy dates are

SEPTEMBER	August 25th
OCTOBER	September 24th
NOVEMBER	October 25th
DECEMBER	November 30th

Wednesday September 19th
The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon

Monday September 24th
Doc Martin Fund AGM in the Village Hall - 6.30pm

Wednesday September 26th
The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon

October 4th-7th
THE NORTH CORNWALL BOOK FESTIVAL

Saturday October 6th
The India Electric Co - folk rock - in St Endellion Church - 7.30pm

Friday October 12th
Port Isaac RNLI Harvest Festival & Auction in the Old School Hotel - 7pm

Saturday October 20th
Fish PI(E) Competition in Port Isaac Village Hall followed by Community Lunch

Saturday October 27th
Supper & Song - a Children in Need Fundraiser with Gulls and Yorkshire guests, The Hummingbirds, in Port Isaac Village Hall - 7.30pm

Friday November 2nd
Hyde & Seek - a ghost story - a home grown Cornish production - in Port Isaac Village Hall - 7.30pm

Saturday November 3rd
Port Isaac annual firework display (no bonfire) - 7.15pm

Baka Beyong - Afro Celtic band - in St Endellion Church - 7.30pm

Saturday November 16th
Dale Storr - New Orleans piano - in St Endellion Church - 7.30pm

Saturday December 1st
Port Isaac Christmas Lights Candlelit Parade and BIG Switch-on of the Lights

Thursday December 6th
Christmas Community Lunch in Port Isaac Village Hall - 12noon-2pm - everybody welcome
Blackweir Brass concert in St Endellion Church - 3pm

Sunday December 9th
Blackweir Brass concert in St Endellion Church - 3pm

Saturday December 15th
Santa's Grotto in Port Isaac Village Hall - Santa is taking time out from his busy run-up to Christmas to come to our Village Hall

Sunday December 16th
Village Carol sing-along in Santa's Grotto with Christmas tea and mulled wine - Port Isaac Village Hall - 5pm - A PROPER PORT ISAAC EVENT

December 28th, 29th & 30th and January 2nd
THE PORT ISAAC PANTO

Church Services

St Peter's Church, Port Isaac
First & Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth & Fifth Sundays in the month - Holy Communion at 9.30am
Every Monday at 9am - Morning Prayer

St Endellion Church
Every Sunday at 11am - Sung Eucharist
Every Tuesday at 8am - Holy Communion
Every Wednesday, Thursday & Friday at 9am - Morning Prayer
Every Friday at 5.30pm - Evening Prayer

Trelights Methodist Church
Sunday Service at 6pm

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall.
Contact Lucy on 07784 657921 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon.
Contact Tracey Greenhalgh on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall.
Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall.
Contact Annie Philp on 01208 880262

Mobile Post Office - every Wednesday 12.30pm-1.30pm in the Main Car Park