



trio

The Port Isaac, Port Gaverne &
Trelights Newsletter
November 2018 No: 400 60p



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ANNUAL
FIREWORKS
DISPLAY
SATURDAY
NOVEMBER 3rd
7.15pm
Port Gaverne
no bonfire

This year's Children's Christmas Competition

That's Christmas to Me

We're hoping that you are going to tell us what Christmas means to you. It can be a little poem or a short story or even a picture. The competition will be divided into two age groups - up to 7 years old and 8-11 years old - and there will be prizes.

Your entry has to be in by

NO LATER THAN NOVEMBER 23rd.

Drop your entry into Secrets or Calenia, 3

breast
cancer
care

Annette and Mel would like to thank everyone who made the Breast Cancer Care Day held in the Co-op on October 13th such a success. By making cakes donating raffle prizes and supporting us, you helped us raise a grand total of £752.42 (including the counter boxes).

Macmillan Big Coffee Morning at Trevathan

On Friday September 28th we held our annual Macmillan Cancer Support Big Coffee Morning here at Trevathan Farm Shop & Restaurant. We had a very enjoyable morning serving coffee and tea along with a selection of our home-made cakes, all for this very worthwhile cause. A big thank you to everyone that came along to support this event. We would also like to thank everyone who generously gave items for the raffle and the bring & buy sale.

A big thank you must also go to our team of volunteers and along with our own staff members for their hard work on the morning. We hope everyone enjoyed it as much as we did. We are delighted to have raised £1080 for this wonderful charity.

FOR SALE

Sofa bed - £50

Fridge freezer - £20

Small wardrobe (ex-Trago
Mills, assembled) - £20

Victorian extending dining
table - offers

Brass bedstead with
mattress - offers

Various dining chairs -
offers

Richard Meere

01543 682010 or

r.meere@btinternet.com



Merlin
MS Centre

A place of support, therapy
and information for Cornwall

We have a small Cafe in the Merlin Centre in St Austell and need people to join our team, experience is not required as full training will be provided. If this is not for you, perhaps you could drive our minibus, answer the phones, fundraise in your community, or assist with a supermarket collection.

If you feel you can help in any way please contact
caroline@merlinmscentre.org.uk or
call 01726 885530.

Charity Number: 1093691 Company
Registration Number: 04460611

Co-op support for Port Isaac Village Hall

The current round of the Co-op's local charity support has just ended and a special "local" day will take place on Saturday November 24th in Port Isaac Co-op. Cheques will be presented to all the three charities that have benefited from customers using their Co-op membership card. Co-op members earn 5% for themselves and 1% for the local community every time they choose Co-op branded products.

To mark the occasion, Port Isaac Village Hall will be holding a Christmas Hamper Raffle instore. Tickets will be on sale throughout the day.

The Hall is extremely lucky to be chosen for the next round of Co-op local community support and thanks both the Co-op and all the customers who have chosen the Hall as their local charity.

A big thank you to Darren and his team at the Co-op who are always very supportive of local organisations and events.

Port Isaac Village Hall committee

Become a member today for £1 and earn

5% for you + 1% for your community

every time you choose Co-op branded products and services.



The Co-op Book Shelf

Huge thanks to the Co-op and to everyone who gives and buys books to support the *Stay & Playgroup* and *Port Isaac Village Hall*. If you have any books to donate please leave on the bookshelf.

The support Darren and all the staff at the Co-op give to our community is second to none - thank you all.

Port Isaac Village Hall committee



SANTA'S COMING TO PORT ISAAC

For the first time ever, Santa is taking time out of his busy schedule to stop off at Port Isaac Village Hall. He's hoping that lots of children will come to the Hall to meet him in his Grotto. There will be lots of fun, singing and dancing and a special story with all of his elves and a drink and a cookie with Mrs Claus.

Booking is essential (numbers are limited per show)
call 01208 880862 or 880905

The date is SATURDAY DECEMBER 15th

Show times are 11am, 12.30pm, 2.30pm and 4pm

Tickets cost £5 (includes special gift)
and all children must be accompanied by an adult
(the adults can have a mince pie and a glass of mulled wine)



CHRISTMAS CAROLS IN SANTA'S GROTTTO

This special event will replace the evenings we have previously held in the Pottery and the PISCES evening in St Peter's Church, keeping the Port Isaac carols alive

Come and have a good sing!
PORT ISAAC VILLAGE HALL
SUNDAY DECEMBER 16th at 5pm
with Christmas tea and mulled wine

Don't forget Flat Packed Theatre's HYDE & SEEK in Port Isaac Village Hall on Friday November 2nd. Doors open at 7pm for a 7.30pm start. Tickets will be available on the door - £10 adults and £8 children (over 12) and concessions "a macabre ghost story with spatters of murky vaudevillian humour, puppetry and song ..."

it's panto time ...
oh no it isn't ...
oh yes it is!

Second star to the right and straight on til morning

The Drekky Theatre Company proudly present
PETER PAN

Port Isaac Village Hall

Friday December 28th - 7.30pm

Saturday December 29th - 7.30pm

Sunday December 30th - 4pm

Wednesday January 2nd - 7.30pm



Ticket prices

Adults: £9 & £6

Concessions: £8 & £5

Children (under 16): £6 & £4

Family tickets (2 adults & 2 children): £25 & £18

available from Secrets, Port Isaac

Reservations: 01208 880862/880905

email: triopi@mac.com



CHILDREN IN NEED FUNDRAISER SUCCESS

It was a night for the birds ... Port Isaac's Gulls were joined by The Hummingbirds from Yorkshire, The Little Chicks and two very brave (or lucky!) men, Paul Johnson & Johnny Mc. Ross Collins was compere, Taran Moseley was on the sound desk and John Trayhurn did the lighting. It was a night of music, singing and laughter and at the time of going to press nearly £600 has been raised for Children in Need.



The Little Chicks



Gulls, The Hummingbirds and Paul & John

Thank you to everyone who helped in any way and who came along and enjoyed a brilliant night.

Port Isaac Gulls

We've had a busy weekend. We met The Hummingbirds from Yorkshire for the first time and some very special new friendships were made. The next night was our Children in Need fundraiser. And completing our weekend of song we sang in Bude at the Jacobstow WI birthday party.

Coming up we are singing in the British Legion Concert commemorating the end of WWI in the Betjeman Centre, Wadebridge on Friday November 9th and it looks like being a very special night. And on Sunday November 11th we will be singing during the Remembrance Sunday Service in St Peter's Church.

Looking forward to December we hope lots of you will join us for a night of Christmas carols and song in The Golden Lion on Wednesday December 12th.

PANTO SCENERY PAINTING DAY



**all helpers
will be very
welcome**

Port Isaac Village Hall

Thursday November 8th

10am - 4pm

LUNCH IS PROVIDED

Christmas Lights 2018

Well, it's here again, the time of wonderment, excited children and Christmas Lights. After last year's awful weather, which took its toll on our lights, we have all been praying hard for a slightly easier month so that everybody can enjoy the lights. Plans are well in hand for this year and there will be some different effects around our beautiful village.

The BIG SWITCH-ON is on Saturday December 1st

The Lantern Parade, with a shooting star theme, will start at Port Isaac School at 5pm. It will wend its way along New Road, down Back Hill and down Fore Street to the Harbour where special pantomime guests, with the help of the children, will switch on the lights.

HELP US IF YOU CAN

It takes a lot of time for our little band of Christmas elves to put up, and make sure they stay up, the lights.

Any offers of help will be gratefully received

plus the odd cup of tea and a bun would be lovely if you see us round and about near to you. And if you fancy lending a hand all the better.

*Chris Lanyon
(Port Isaac Christmas Lights)*

FREE LANTERN MAKING WORKSHOP

Everyone can make their own Star Lantern for the Lights Parade. Come along to our free workshop in Port Isaac Village Hall on **Saturday November 24th from 11am to 2pm**

Extra lanterns will also be made to decorate the pantomime and other Christmas events around the village.

All materials will be provided.

There will also be an after school Lantern Making Workshop which will advertised in the school newsletter.

Second 'Talk and Trip' Angels and the Christmas Story through Art

Join us in Port Isaac Village Hall for a talk with the engaging Art Historian, Olive Maggs who will be taking a closer look at some familiar images at this time of year. She will choose her favourite depictions of the Christmas story in art and unravel the symbolism within them, with a special look at Angels.

**Wednesday December 5th at 7pm
Bar Open Free event**

This will be followed by a trip to Cothele House (entrance is free to National Trust members) to see the Christmas flower wreath on

**Wednesday 12th December, 10am-5pm
Meet at the Co-op
Price is £20 (entrance & transport)**



Contact Caroline Cleave on 01208 880648 for more information.

CREW NEWS

PORT ISAAC RNLI YOUTH TRAINING CLUB ... WHO'S IN?

If there is enough interest we are hoping to start a Port Isaac RNLI youth type club. At first it would take place once a month and be open to all ages from 5-16. We need to know if there is enough interest in such a group before we make the final plans. So if you or someone you know would like to be a part of something like this please contact me on damobolton@hotmail.com



RNLI crew and committee members with Steve Hudpith, Chairman of Port Isaac Rowing Club presenting a cheque for £240 towards the New Lifeboat Appeal to Chris Bolton, Lifeboat Operations Manager

GIG CLUB DONATE LARKS FUNDS TO THE NEW LIFEBOAT APPEAL

Over the years a firm bond of friendship has grown between Gig rowing members and Lifeboat Crew, with the age old tradition of the sea playing a leading role. Rowing Gigs were first operating out of the port in the early 1800s manned by gig and RNLI crew members.

PORT ISAAC RNLI CHRISTMAS CARDS

Local artist, Caroline Roberts has created this year's RNLI Christmas card. Her evocative and atmospheric harbour scene as glimpsed through a Life Saving Ring is dedicated to Port Isaac RNLI. This high quality, single fold card contains the message "Wishing you a very Merry Christmas and a Happy New Year" with a profile of the artist and details of our sponsor, Sharp's Brewery, and lifeboat operations on the back cover. Available in packs of five for £5 from Port Isaac Pottery or contact by email reb37@btinternet.com Caroline has also created a notelet card with a jaunty historic Lifeboat image. It is blank inside and also priced at £5 pack of five cards.

**SUNDAY
DECEMBER 2ND**

CHRISTMAS IN THE RNLI BOATHOUSE

Port Isaac
Lifeboat Station

11 AM - 2 PM

**Father Christmas has
promised to bring
presents for the children**

**CHRISTMAS CARDS • PICTURES
CLOTHING • BOOKS • RAFFLE
MINCE PIES • MULLED WINE**



Plus the draw will take place for Caroline Roberts' original painting as reproduced on this year's Port Isaac RNLI Christmas card



Chris Bolton, Port Isaac lifeboat operations manager, with crew members and well known Auctioneer Ross Collins at the start of the station's fundraising Annual Harvest Festival Auction hosted by the Old School Hotel

Thanks to the unique and humorous auctioneering and the tremendous support given by all those who donated, a record sum of £3400 was raised during the evening. Debbie Tidey also donated a beautiful cake to mark the occasion.

Port Isaac Crew and Committee wish to record their sincere thanks and appreciation to all concerned.

Photograph by courtesy of Adrian Jasper



FISH PI(E) success

On Saturday October 20th, the second FISH PI(E) Competition was held in Port Isaac Village Hall. It was great to see even more entries than last year and it made the job of the judges, Nathan Outlaw, Chris Lanyon and Janet Chadband, even more challenging. Eventually, after careful tasting and comparing notes the winners were announced:

Fish Pie Business - Tim Barnes, The Mote, Port Isaac

Fish Pie general - Angela Sherratt

Fish Quiche - Angela Sherratt

Children's Fish Cake - Harriet Miller

Fish Design on Paper Plate - Ryan from Port Isaac School Reception

All the winners collected certificates, cookery books donated by Nathan and the FISH PI(E) tea towel.

The raffle raised £80 which has again been donated to The Fishermen's Mission.

It was a lot of fun and a great community event that celebrates FISH!

Community Lunch

The FISH PI(E) Competition was followed by a Community Lunch, the third one this year. Of course Fish Pie was on the menu along with Cottage Pie and Cheesy Leek Pie, Trifle and Blackberry & Apple Crumble. The highest attendance yet and everyone had a great time. The next one will be in December ...



Ode to a Pasty

On a recent bellringers outing with St Petroc's Church, Bodmin, we went to the west of the county; Cury, St Keverne, Manaccan and Mullion, with a lunch stop at the Lizard. My friends and I went to Ann's Pasty Shop for our lunch. Ann herself was there and chatted about a poem she had been given and she gave me a copy ...



Ode to a Pasty - old Cornish rhyme

Pastry rolled out like a plate
Piled with Turmut, Tates and Mate,
Double up and baked like fate,
That's a Cornish Pasty.

anon

Annie Philp

YOUR CHRISTMAS GREETINGS IN TRIO

Do you want to include your own personal or business Christmas greeting in this special festive issue of *Trio* that comes out on December 5th?

There are two size options - £5 or £10.

Just let us have your message - hand it in to *Secrets* or put it through the letterbox, send it in the post or drop it into Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN, along with the appropriate payment (cheques made payable to *Trio*) to arrive **NO LATER THAN NOVEMBER 27th**

Scott Mann's update from Parliament

We all know that housing is a huge issue in North Cornwall, so I was happy to see the government take steps to tackle a lack of available social housing. I would like to see a country where all people have the opportunity to own their own home, but we also need to make sure there is a route to a safe and secure place to live for those who don't have the option to buy.

Social housing can be a way to achieve this. I'm passionate about housing and it was one of the key issues that motivated me to stand as MP for North Cornwall in the first place. I look forward to seeing Cornwall Council respond in a positive but practical way to the borrowing cap being lifted. If managed correctly it could help local people get into a home of their own, but it will require sensible financial stewardship.

Lifting the Housing Revenue Account borrowing caps entirely will help support local authorities to build new homes in their local areas. I believe that this is a good plan of action; the interest set by local authorities in bidding for a share of the £1 billion borrowing increase has shown that local authorities have ambition and capacity to increase levels of house building to match the public demand.

Removing the cap will enable local authorities to play a key role in delivering the homes that are specific to their specific community's needs, meaning new buildings will be more personally driven to match the requirements of the local community and their requirements.

Lifting the cap also complements other measures being introduced that can help councils to build more homes as well. The longer term rent deal, which will be used from 2020, provides local authorities with a stable investment environment to deliver new

homes. These housing plans set by the government are a fantastic way in which we can tackle housing issues and ensure that younger generations have access to good, affordable housing.

I know that Cornwall Council have been looking to purchase the land at Scarne Cross, just off the Link Road by Launceston Hospital.

The local authorities have sought pre-applications to implement adult social care accommodation. I feel the best use of the land would be to provide accommodation to NHS staff. Having more qualified and skilled health professionals living next to the hospital ensures that patients would acquire top health care with shorter commute times. Cornwall would benefit from having more qualified professional social workers close to home and also make it easier to attract people into nursing in North Cornwall.

Finally, it is good to be back in Westminster sorting out various issues and promoting North Cornwall in parliament. Their journey to London is challenging, especially given the isolated location of Cornwall. That is why I was delighted to hear the news that the Department for Transport and Cornwall Council have worked tirelessly to ensure that direct flights between Gatwick and Newquay Airport have been extended for another four years. The new link will see daily flights between both airports and three return flights on weekdays and two per day at weekends. This service will be operated by FlyBe.

www.scottmann.org.uk



Doc Martin Fund

The AGM of the Doc Martin Fund was held in the Village Hall. The Accounts were presented showing the income since the last AGM and grants that had been made.

Cheryl Webster was proposed and seconded as a Trustee.

There followed discussion about possible ideas for the use of the fund to give a lasting facility for the village. Suggestions will be welcome, to be made to the Trustees.

The next AGM will be held in the Autumn 2019.

Janet Townsend

FINANCE REPORT

The fund currently stands at: £29,396.64 (Savings account)
£ 44.90 (Current account)

SINCE LAST AGM, SEPTEMBER 2016

INCOME:

2016 £ 6,523.31
2017 £24,615.96
2018 £ 1,696.26

TOTAL £32,835.53

FUNDS GRANTED:

Village Hall	£ 5,001.00
Village Lights	£ 6,000.00
Primary School	£15,000.00
Golden Circle	£ 3,000.00
Carnival	£ 3,500.00
Defibrillators	£ 1,818.00 (maintenance)
	£ 1,200.00 (matched funding for Richard Hambly to pay for one)
PISCES	£ 861.00 (Trevan book reprint)
Legal Charity Status	£ 744.00
Scott & Co	£ 2,449.38 (for work regarding the Church Rooms)

TOTAL OUTGOING £39,573.38

Port Isaac Stay & Play

We meet every Tuesday morning in Port Isaac Village Hall from 10am-12noon

If you want to know more contact either Lucy on 07784 657921 or Cherry on 07900 527610

November 6th – Bonfire Night activities

November 13th – Cornish Pasty making

November 20th – Music Session

November 27th – Lantern Parade preparation



Endelienta

Events at St Endellion in November



Friday 2 November - 7.30pm

Baka Beyond - 25th Anniversary Tour

The Afro-Celtic dance band celebrate 25 years of groundbreaking music. The band uses the rhythms of the Baka people of the Cameroon rain forest to fuse their Celtic and African roots. A highly infectious and joyous celebration bringing a festival atmosphere to St Endellion. £12. **Please note this is a standing event.**

Friday 16 November - 7.30pm

Dale Storr – The Sounds of New Orleans

Dale takes us on a musical journey showcasing the legendary piano players of New Orleans.

Breathtaking piano playing and singing accompanied by encyclopaedic storytelling. £10

Saturday 10 November

Poetry Group

A relaxed and informal group for anyone who enjoys reading and writing poetry, regardless of experience.

For information, email Philippa.Giles@bandittelelevision.com

Saturday 20 November

Endelienta Make Club – Christmas decorations workshop

The monthly Make Club is a fun place for children and parents to explore, create and get messy. £5 per family.

Book all tickets online at www.endelienta.org.uk ; by email tickets@endelienta.org.uk ; by phone 07787 944935; or from the Wadebridge Bookshop (concert tickets only).

Accompanied under 16s free to most events – please check the website.



Act Now!
Performing Arts Academy
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DRAMA & MUSICAL THEATRE CLASSES

ROCK INSTITUTE, ROCK, WADEBRIDGE,
CORNWALL, PL27 6LQ

EVERY SATURDAY (IN TERM TIME)

9.30am - 10.30am * Ages 6 to 10 * £4.50 per week
10.45am - 12.45pm * Ages 11 to 16 * £8.00 per week

PAY AS YOU GO WEEKLY!

STARTING SATURDAY 3RD NOVEMBER 2018!

PHONE (01208) 862055 / 07920 855410



**NO NEED TO PRE-BOOK
JUST TURN UP ON THE DAY**

TUTORS:
Susie Russell-Curtis:
BA (Hons) Performing Arts; Cert. Acting Guildhall School of Music & Drama
Cherry Marshall:
Graduate of The Bridge Theatre Training School London



Chorale celebrate their Silver Anniversary in style

The Port Isaac Chorale held a concert on Sunday September 30th at St Minver Church to celebrate the 25th anniversary of the formation of the choir.

The Chorale invited the Restormel Concert Band to share the evening with them and this proved to be a match made in heaven as the two groups played alternating sets of very popular pieces which the audience thoroughly enjoyed.

As the performers arrived, there was some concern that there may not be room for any audience as the Chorale now has 40 members and the Concert Band has a similar number, but luckily the large audience were all able to find a seat.

The programme ranged from an Eric Clapton collection to the Chorale's ever popular Sing A Song of Sixpence sung in the style of Handel and the evening raised over £500 for two charities. In fact, the evening was such a success that the Restormel Concert Band have invited the Chorale to perform with them at a concert next year so watch this space.

We are now working hard, rehearsing for the World War One concerts in November. Please come along to Port Isaac Village Hall on the November 6th at 7.30pm for an evening of songs from that era - audience participation is encouraged!

Morwenna Vernon

Audience participation essential...



Beach Guardian Workshops

Rob and Emily came into school to talk to the children about the plastic problem in the ocean and on our beaches.

After a very informative assembly the children had the opportunity to make models from the plastics retrieved from the ocean and also to design posters to make others aware and promote beach cleans and recycling at home.

Poppy Trail

The children are looking forward to following the Poppy Trail through the village. They will be trying to spot their own poppies along the trail and also be learning a little bit more about the history of our village and its people.

Harvest Festival Assembly

Marcus came into school and led the children through a Harvest Assembly which included singing some Harvest songs. These were accompanied by Michael playing his guitar.

Monday is Scooter Day!

Every Monday the children are allowed to bring their scooters to school and use them at playtime and lunchtime. This is proving to be very popular with all the children and as long as they wear a helmet, everyone is welcome to join in.

Bikelights

Our bike looked magnificent. The children designed a lion's head for the front of the bike and there were wings at the back. The flying circus theme led them to give the lion a top hat with a propeller proudly sitting on the top.

Unfortunately due to the weather the event was postponed so we are hoping a new date can be found and we will have the chance to show off our bike in the festival.

Planning Applications

Members considered these planning applications and made the following responses to Cornwall Council:

1. PA18/08057, Annex to Kittiwake Cottage, 6 Fore Street, Port Isaac – change of use of annexe to residential dwelling. Members supported the application.
2. PA18/08077, Trigg Court, B3267 Between Trewetha Lane and Pendoggett Road, Port Isaac – Certificate of Lawfulness for existing use of B8 storage use of a building. Members did not feel it was appropriate to comment on this application
3. PA18/08084, 2 Church Hill, Port Isaac – change of use from existing residential (C3) to ground floor shop (A1) and first floor training and education centre (D1) with no external or internal changes. Members supported the application
4. PA18/08182, St Peters Church Rooms, Fore Street, Port Isaac – conversion of church rooms to two family homes. Members supported the application
5. PA18/08256, 18 Mayfield Road, Port Isaac – retrospective application for a small porch and cloakroom. Members supported the application.
6. PA18/08482, Land NE of 4 Furze Park, Trelights – construction of a new dormer style bungalow. Members supported the application.
7. PA18/08601, Stargazy Inn, 1 The Terrace, Port Isaac – installation of kitchen extract ventilation plant located South / East elevation. Members objected on the grounds of the noise nuisance from the extractor fan, which had already been installed.

8. PA18/08667, 5 Rose Hill, Port Isaac – Listed Building Consent to replace 4 timber sash windows (2 ground floor, 2 first floor) to match existing, manufactured in hardwood and single glazed. Frames to be painted in same colour as existing. Members supported the application.

Planning Applications Refused by CC – information only

- i. PA18/05653, 36 New Road, Port Isaac – demolition of existing bungalow and provision of new dwelling.

Playing Field

Members are pleased to report that a 'pirate ship' and a 'balance walk' has been purchased and installed – ready for half-term. It is sure to bring pleasure to the youngsters of the parish. The new public toilet block is also nearing completion and should be open and ready for use shortly.

Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Gillian Thompson
 Parish Clerk / RFO
 Email: stendellionpc@gmail.com
 Website: www.stendellionpc.com

SHAME ON YOU!

After two years planning to raise £23,000 to equip the Children's Play Park with an Adventure Boat & Walkway, it only took two days for an immature idiot to deface it with graffiti, which in "graffiti speak" says DRUGSDEN.

Who would do this in a Children's Play Park?

I wonder if the person who did this knows that graffiti is classed as criminal damage or vandalism and is a crime?



As a Parish Councillor I have been given responsibility for the Play Park and Playing Field. I take my position very seriously and I want to improve the facilities.

We're proud of the youngsters in this village and we want them to have the best. Port Isaac may not have as many facilities to offer as in larger towns and cities but what we do have is a strong community which wants its children have as good a chance as any other. It is therefore more than depressing when one of our own sets out to deface and ridicule something that should be celebrated and enjoyed by all.

Councillor Webster



“We’ve had this heating system for close to two years now, and it’s been a revelation, the way it’s transformed this house, it’s amazing”

JENNY WAKELIN,
SENNEN, CORNWALL

Be warm, when you want

Say goodbye to night storage

If your house gets chilly towards the end of the day – or if your toes feel cold while your heating’s on full – you’re not alone. At South West heating, we’ve helped over three thousand customers escape the struggles of old, expensive night storage heating, oil or gas.

Our efficient, German electric radiators spread warmth evenly around your home, from floor to ceiling, and make it easy to choose your perfect temperature in every room.

ELKAtherm® heats up quickly and is simple to control – so you can be warm, whenever you want... without a big electricity bill.



25 YEAR
manufacturing
guarantee



4 YEARS FREE
repair cover on
control electrics



Simple to control
Be warm when
you want



German
Manufacturing
Excellence



Call us on
01209 714 600

info@southwestheatingsolutions.co.uk
www.southwestheatingsolutions.co.uk



▶ See Jenny’s story in full. Search YouTube for “Jenny South West Heating”

Martin, we're gonna miss you ...

Back in 2009 Martin wrote his first *Trio* recipe - Devilled Mackerel. He ended his article with the words "... if you enjoyed my little page I might do another after the silly season is over ...". Well obviously, when you get someone who is so passionate about food and cooking and also seems happy to write for *Trio* you do not let him go, silly season or not ... and we didn't. It's only now, over nine years of monthly recipes later, that we have to say goodbye as he moves back up country for family reasons. To say he will be missed is an understatement. Thank you Martin, you have been the perfect writer for *Trio*, your page always arriving bang, smack on time, despite how busy you were with the day job. We wish you all good things in your new ventures and know that you will be back again one day. x

So I thought I would be advertising a job vacancy but then I was talking to a certain Mr Lanyon. For many years he was our "Trelights Walker" and "PIGS" writer. But he hasn't been a regular contributor for ages ... So guess what? Chris Lanyon, Chef at the Chapel Cafe, is our new cookery page writer. I have told him how perfect Martin was and how I never had to nag Martin but he just laughed at me! A BIG welcome to you Chris.

the good taste of food

Well, it looks like I am taking over from Chef Martin! I've been warned by my darling wife Kim that I've got to deliver interesting and diverse recipes, 'cos if I don't she'll show me how it's done!! So here goes ...

After the success of the FISH PI(E) Competition over the past couple of years I thought a bit of history and my take on this staple British classic could start my reign.

It has taken the "pie" over 1000 years to morph into what it is today. In the reign of King Henry I in 1100, a lamprey eel dish was quite popular. Cooks then put a pastry lid on it and, hey presto ... the first Fish Pie. Over the years it evolved, and in the late 1700s mashed potato replaced the pastry. It's name also changed to Fisherman's Pie due to its resemblance to a Shepherd's Pie.

Today every region has its own special ingredients and quirks but basically Fish Pie consists of fish, white sauce, potatoes, seasoning and cheese ... EASY.

Now, to me a Fish Pie doesn't include shellfish such as mussels or prawns ... that would make it a Seafood Pie (or as Findus call it, an Ocean Pie), but if they are what floats your boat, add them in.

For a large pie to feed eight members of your family or your friends:

2lb mixed fish (I use cod, salmon, smoked haddock and hake)	2lb potatoes
2 leeks	Plus extra butter for your mash
1 onion	Cheese (grated) - as much or as little as you fancy
1 pint of milk	Bay leaf
4oz butter	English mustard
4oz flour	

Method

Heat the milk, adding a bay leaf and half a white onion and bring to a simmer. Add fish and simmer for 4 minutes.

Remove the fish from the milk and place in a colander and break up into chunks. Make sure you retain all the milk liquid. Strain this liquid to remove the onion and bay leaf.

Slice leeks and onion and slowly soften in butter. When soft add flour and cook for a further 2-3 minutes. Gradually add the reserved milk, whisking until you've got a thickish consistency. Add a teaspoon of English mustard, black pepper salt and grated cheese and gently cook for a further 10 minutes.

Meanwhile boil your potatoes in salted water. When soft (about 20 minutes) drain and mash well with a good sized knob of butter and black pepper and grated cheese.

When the sauce has cooled slightly add the poached fish and gently fold together.

Then, cover with the mashed potato. If you are feeling adventurous pipe it on, if not just use a fork. And if, like me, you love cheese, sprinkle a bit more grated cheese on top before you slip it into the oven. Bake until golden.

Other little extras you could add to your Fish Pie are sweetcorn and/or boiled eggs ... mmm



Ansum

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Re-mem-bering

To dismember is to break or tear apart - to re-member is to bring together. And remembering, or bringing together, is what many will be doing, in a special way this year at 11am on 11th November, as we recall the ending of the First World War at that time on that day 100 years ago. Many special services and events have been arranged, but soon that date will be just one more memorable date in the history of the world.

Now 100 years on, in the world for which so many fought and died in the hope of peace, wars and conflicts continue to erupt. We ask 'Why do we still go on killing and injuring one another? And sometimes' Why does God allow there to be so much slaughter and bloodshed?'

I don't believe that it's ever God's will that human beings should fight, maim and kill one another or that there should be enmity, hatred and division between people and nations. I believe that God's will for us is always 'Shalom', that ancient Jewish word which means, Peace and yet so much more than peace. God longs for human beings to live together in peace and harmony, and when things go wrong to restore all things through Jesus Christ. Always God wants us live together as sisters and brothers in one family, and like a loving parent, he doesn't impose his will on us. He allows us freely to choose how we react and respond to each other, especially when we feel we've been badly treated, offended or injured.

So, when we bewail, as we often do, the number of conflicts and acts of terrorism in our world today, let each of us take a moment to think about our **own** situation, **our** neighbours, **our** community and yes, **our** church congregations and ask ourselves, 'Am I living in peace and harmony within them?' Am I quick to take offence? Am I always on the look out to find fault with someone I find difficult? Am I still holding a grudge against someone many years after an incident? Am I still seething with resentment at someone who did me harm and hoping they'll get their come-uppance one day?

Think of the meaning of 're-mem-bering' and let this year's blood-red poppies, be more than a poignant symbol of remembrance of those who died. Let them also be a means of bringing us together, of inspiring us to let go of present anger and old resentments and bitterness, truly to forgive and to be at peace with one another. And, because this is something we really find hard to do, let's determine to ask God to give us the grace we need to enable us to do it.


Judith Pollinger

*Remembering
a Loved One*

Light a candle and remember
departed loved ones

4.00pm
Sunday
4th November

St Endellion



Hymns, Readings
& Prayers

**REMEMBRANCE
SUNDAY**

**A Service of
Remembrance**

will be held in
**St Peter's Church,
Port Isaac**

10.30am

SUNDAY NOVEMBER 11th



*all are
welcome*

Church Diary Dates

Sunday November 4th, All Saints Sunday

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion
Church
4pm: Remembering s Loved One
Service, St Endellion Church

Sunday November 11th, Remembrance Sunday

9.30am: Holy Communion,
St Peter's Church, Port Isaac
10.30am: Remembrance Sunday Service
3pm: Wreath Laying at the Warm
Memorial, Port Isaac
11am: Sung Eucharist with
Remembrance, St Endellion Church

Sunday November 18th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion
Church
6pm: Taize Service, St Endellion Church

Sunday November 25th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion
Church

Sunday December 2nd

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion
Church

Saturday 3rd November 10am - 3pm 'More Things in Heaven and Earth'

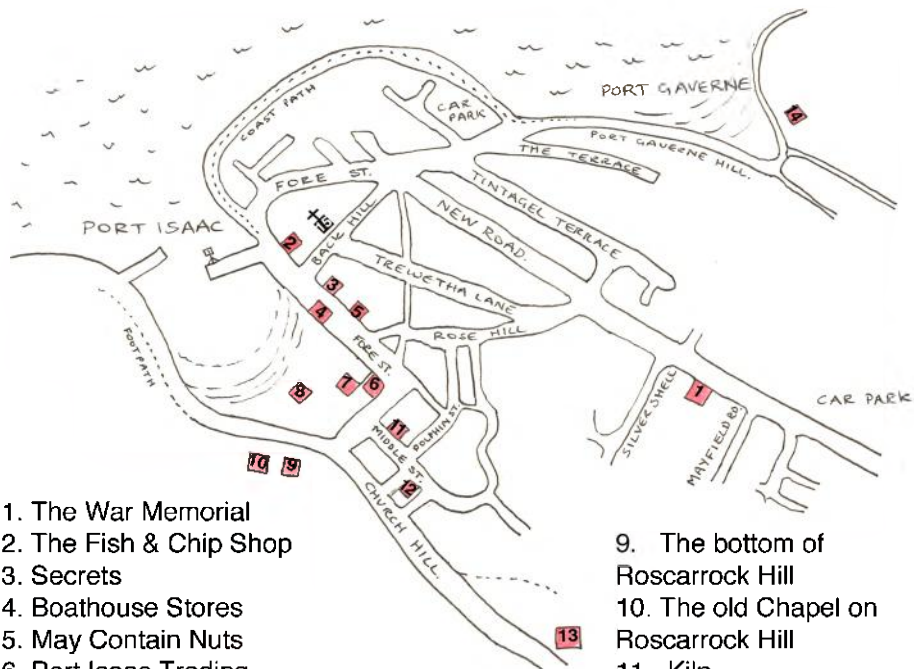
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in St Minver Church based on
The Merchant of Venice.

Taizé Service at St Endellion Church

6pm on November 18th
a peaceful end to the
day with Taize chants,
readings, prayers and
silence by candlelight

The Port Isaac Poppy Trail



1. The War Memorial
2. The Fish & Chip Shop
3. Secrets
4. Boathouse Stores
5. May Contain Nuts
6. Port Isaac Trading
7. The Gun outside the Golden Lion
8. The beach

9. The bottom of Roscarrock Hill
10. The old Chapel on Roscarrock Hill
11. Kiln
12. The old Butcher's Shop
13. The Telegraph Pole on Church Hill
14. Port Gaverne beach
15. St Peter's Church

This is the PISCES Poppy Trail around Port Isaac, marking various landmarks that have a special reference to WWI and ending at St Peter's Church where the PISCES World War One Exhibition is on display.



Here in Port Isaac we remember those who were born in our cottages, who went to our school, who walked out streets, who worked and played in our harbour, who lived their lives here ... we commemorate this now distant generation ...



The Appleby girls at Stop 13 on the trail, the telegraph pole on Church Hill. They are standing at the very same spot that a lone and injured Port Isaac soldier, returning home, stood in the early morning light and looked down on his home village. "The village was asleep when I left and still sleeps now I return", he said.

Sea, Salt and Solitude

featuring stunning photographs and a good "catch" of locals from Port Isaac

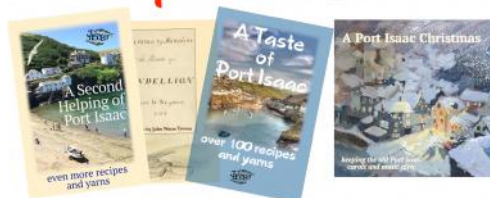
This new book of 170 photographs and narratives about the North Cornwall coast fishing communities of Port Isaac, Rock, Newquay and Padstow has been published to raise funds for The Fishermen's Mission. Photographed in the spring and early summer of this year, the book records a "snapshot" of these precious places and features many well known local characters. All the stages of getting fish and shellfish from the sea to plate are included as well as stories of tragedy and bravery that go hand-in-hand with the fishing life. The book aims to increase understanding of fishing whilst raising funds for The Fishermen's Mission, a charity that helps to support these communities and individuals when times get rough.

The book is available online from www.fishermensmission.org, www.nathanoutlaw.com, Wadebridge bookshop and the Boathouse Stores in Port Isaac. A4 in size, it has 174 pages and costs £25. Production costs have been met by local business sponsorship and the creative team gave their time free of charge so all the profits go directly to The Fishermen's Mission.



If you get the chance, do call into St Peter's Church and take a look at our WWI Commemoration Exhibition. We have the stories of all the men who lost their lives in the conflict and it is a tribute to each and every one of them. The Church is open every day (except during Church services) from at least 10am to 4pm.

PISCES Christmas presents



Our books are priced at £10 each. Plus we still have copies of the superb collection of Port Isaac Christmas music, including the old traditional carols. Copies of the books and CD are available online from our website www.portisaacheritage.co.uk or local shops. Or you can send a cheque for £14.50 to Secrets, Fore Street, Port Isaac PL29 3RN



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Derriford Hospital (Plymouth) - 08451 558155

Local Dental Helpline - 01872 354375

Police (non-emergency) - 101

PCSO Claire Drennan - 0845 6567930

Civil Enforcement Parking Team - 0300 1234222

Rev Judith Pollinger - 01208 880181

St Peter's Church - Marion Larkin - 01208 880492

Harbour Master - Byron Buse - 01208 880321

RNLI Operations Manager - Chris Bolton - 01208 880256

RNLI Chairman - Bob Bulgin - 01208 880765

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council:
stendellionpc@gmail.com

Cornwall Council - 0300 1234 100

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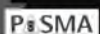
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www.atlanticfootcare.co.uk

ROBERT FORD

will take control of all your
gardening needs, grass cutting etc
01208 880965

We are here to make sure that upon arrival your guests are not greeted by unsightly rubbish bags. Make use of our convenient rubbish removal service. If your property is not located near a rubbish collection point, or the local collection day doesn't coincide with your changeovers, we can simply and conveniently remove any rubbish bags left by your guests. This means that you don't have to worry about any unsightly bags left around the property or stored in a utility, until collection day.



Collection

We will Collect your rubbish bags before your new guests arrive.



Cleaning

We wash your bin and line with a fresh bin bag as required.



Disposal

As a licenced refuse collector we will dispose of your bags at a designated licensed tip.

WE'RE OPEN

6 days a week - 9am until 5pm

The Office at Studio 1, 73 Molesworth Street, Wadebridge PL277DS

01208815060 or 07814 934978

info@holidayhomewastecollection.co.uk

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Contact Tim Ferrett at : boscastleit@gmail.com

TEL : 01840 250 106 MOB : 07976 046 810

www.boscastleit.co.uk

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8.30am

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Monday-Friday
9.30am-12.30pm

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Fax: 01840 250900

Local Guide Books &
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Secrets, Port Isaac

the oldest gallery in the village

Secrets

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original art in all mediums
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01208 880862/880905 www.secretsportisaac.com

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grass cutting, strimming & trimming, painting inside & out
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GARDEN OF EDEN



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Stonework • Patios • Drives • Ponds
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Garden & Property Maintenance
General Building • Bespoke Garden Rooms

01208 851916 or 07970 919389 (mobile)

email: jimdye70@gmail.com

Friday November 2nd

Hyde & Seek - a ghost story - a
homegrown Cornish production - in
Port Isaac Village Hall - 7.30pm

Baka Beyond - Afro Celtic band - in
St Endellion Church - 7.30pm

Saturday November 3rd

Port Isaac annual firework display
(no bonfire) - 7.15pm

Sunday November 4th

Children's parts in the panto - Port
Isaac Village Hall

Older children - 4pm

Younger children - 4.30pm

Tuesday November 6th

Roadside household recycling
collection - bags out by 7am

Port Isaac Chorale WWI

Commemoration Concert in Port
Isaac Village Hall - 7.30pm

Wednesday November 7th

The Wednesday Morning Pop-up
Cafe in the Village Hall -
10am-12noon

Thursday November 8th

Panto Scenery painting day -
everyone welcome - lunch provided
- 10am-4pm

Sunday November 11th

Remembrance Service in St Peter's
Church - 10.30am

Laying of the wreaths at the War
Memorial - 3pm

Wednesday November 14th

The Wednesday Morning Pop-up
Cafe in the Village Hall -
10am-12noon

Thursday November 15th

Golden Circle Meeting - Christmas
Floral Decorations with Elaine from
Brualen - Port Isaac Village Hall - 2pm

Saturday November 16th

Dale Storr - New Orleans piano - in
St Endellion Church - 7.30pm

Tuesday November 20th

Roadside household recycling
collection - bags out by 7am

WHAT'S ON

Wednesday November 21st

The Wednesday Morning Pop-up Cafe in
the Village Hall - 10am-12noon

Saturday November 24th

Co-op Community Day including Port
Isaac Village Hall's Christmas Hamper
Raffle - all day

Free Lantern Making Workshop for the
Christmas Lights Parade in Port Isaac
Village Hall - 11am-2pm

Wednesday November 28th

The Wednesday Morning Pop-up Cafe in
the Village Hall - 10am-12noon

Saturday December 1st

Port Isaac Christmas Lights Candlelit
Parade and BIG Switch-on of the Lights
Parade leaves Port Isaac School at 5pm

Sunday December 2nd

Christmas at the RNLI Boathouse -
11am-2pm

Tuesday December 4th

Roadside household recycling collection -
bags out by 7am

Wednesday December 5th

The Wednesday Morning Pop-up Cafe in
the Village Hall - 10am-12noon

Angels and the Christmas Story through
Art - a talk - in Port Isaac Village Hall - 7pm

Thursday December 6th

Christmas Community Lunch in Port Isaac
Village Hall - 12noon-2pm

Sunday December 9th

Blackweir Brass concert in St Endellion
Church - 3pm

Wednesday December 12th

The Wednesday Morning Pop-up Cafe in
the Village Hall - 10am-12noon

Visit to Cotehele House - leaves the
Co-op at 10am

Saturday December 15th

Santa's Grotto in Port Isaac Village Hall -
Santa is taking time out from his busy run-
up to Christmas to come to our Village
Hall - shows at 11am, 12.30pm, 2.30pm
& 4pm

Sunday December 16th

Village Carol sing-along in Santa's
Grotto with Christmas tea and
mulled wine - Port Isaac Village Hall
- 5pm -
A PROPER PORT ISAAC EVENT

**December 28th, 29th & 30th and
January 2nd**

**THE PORT ISAAC PANTO -
PETER PAN**

2019

Tuesday April 23rd - Easter

Tuesday

Port Isaac Village Hall Easter Bingo

Sunday August 18th

Port Isaac RNLI Lifeboat Larks

Saturday August 31st 2019

PORT ISAAC CARNIVAL

Church Services

St Peter's Church, Port Isaac

First & Third Sundays in the month -

Morning Worship at 9.30am and

Second, Fourth & Fifth Sundays in the
month - Holy Communion at 9.30am
Every Monday at 9am - Morning Prayer

Trelights Methodist Church

Sunday Service at 6pm

REGULAR EVENTS

Port Isaac Stay & Playgroup - every

Tuesday from 10am to 12noon in the
Village Hall. Contact Lucy on 07784
657921 or Cherry on 07900 527610

Yoga - Mondays, during term time, in
the Village Hall from 10.30am-12noon.
Contact Tracey on 01208 880215

Port Isaac Chorale - Every Tuesday
from 7.30pm-9.30pm in Port Isaac
Village Hall. Contact Janet Townsend
on 01208 880505

Golden Circle - the second Thursday in
the month from October to April from
2pm- 4.30pm in Port Isaac Village Hall.
Contact Annie Philp on 01208 880262

Mobile Post Office - in the Main Car
Park - every Wednesday 12.30pm-1.30pm

DECEMBER TRIO COPY DATE

November 28th



Port Isaac Village Hall



Community Cafe

every Wednesday 10am-12noon  everybody welcome