The Port Isaac, Port Gaverne & Trelights Newsletter August 2019 No: 408 60p



Let's go to the PICC ...

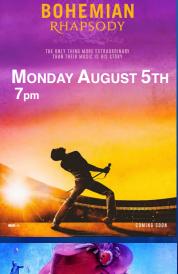
What's the PICC?

It's Port Isaac Community Cinema in the Village Hall and it's launching on Thursday August 1st with the Fisherman's Friends movie ... FULL STORY ON PAGE 6



Monday August 19th

















AUGUST \$

This issue

Carnival - p3 Fisherman's Friends exclusive Shanty Festival warm-up Gig announced - p4 New Community Banner - p4 PISCES Fisherman's Friends exhibition - p4 Shanty Festival - p5 Pirate Party - p5 PICC (Port Isaac Community Cinema) - p6 Ian McNeice raises £1000 for the Village Hall - p6 Abandoned Boats at Gaverne - p7 RNLI News - p7 Church News - p8 St Endellion Summer Festival - p9 Chorale News - p9 Art Talk - p9 John B retires - p10 Parish Council - p10 Scott Mann - p10 Schoolchat - p11 Gig News - p12

Trio is issued eleven times a year and is available in Secrets and the Co-op, Port Isaac, or by post - £21 a year in the UK

Cooking with Kim and her

Husband! - p13

National Trust - p13

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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

ON THE PLATT IN AUGUST The FISHERMAN'S FRIENDS Friday August 9th - 7.30pm ish Port Isaac's 10 strong acappella ladies group singing songs from the 50s, 60s & 70s plus the first outing of some of our new Shanty set Wednesday August 7th & Wednesday August 21st 7.30pm (weather permitting!) collection for Cornwall Air Ambulance St Breward Silver Band Thursday August 8th, Thursday August 15th, Thursday August 22nd & Thursday August 29th 7.30pm MJUK present Somewhere Beyond the Sea Monday August 19th - 6.30pm musical theatre and operatic classics performed by some of the most talented young performers in the country

Lifeboat Larks

Sunday August 18th

CLASSIFIEDS

FOR SALE

3 piece suite for sale with washable blue/white loose covers £60

Large Samsung fridge/freezer £30.

Tel: 01208 881087

FOR SALE

Sherborne Electric Riser Recliner, sage green fabric, hardly used in very good condition.

Free delivery in the local area. £50 donation to Mount Edgcumbe Hospice

Phone 01208 880988



PLEASE COME AND SUPPORT THE CHAPEL REFURBISHMENT FUND



Are you getting your floats and costumes ready for this year's Carnival?

We want to make it the biggest and best Carnival yet and would love everybody to get involved ...

CARNIVAL ITINERARY

From 1pm at the marquee:

BBQ, Hot Drinks, Cakes, Sweets, Licensed Bar Inflatable Fun, Human fruit machine Lucky Dip, Tombola, Craft Table, Face Painting

3pm - Children's Entertainment from THE PARTY PEOPLE and come and have fun on the Surf Simulator, Gladiator Dual and Sumo Wrestling

4.30pm - Field is open for floats to arrive!

5.30pm - Judging of the Carnival Floats

6pm - Carnival Procession through the village (Road Closed between 5.45pm and 7.15pm)



7.15pm - 8.30pm children's disco from JESTERZ ENTERTAINMENT

9pm Live Music from the fantastic TANKSLAPPER

As usual we are asking for help us on the day and for raffle prizes or alcohol for our Barrel of Booze raffle! Please contact Kat, Alice or Charlotte if you can help with any of these things.

and ... last year's Cup Winners - please return your Cups to one of us please.

CARNIVAL JUDGING CATEGORIES

Jill Aldridge CHILDREN'S COMEDY Cup
Wendy Smith CHILDREN'S Cup
Secrets ARTISTIC Award
WALKING GROUP
Sue Dingle WALKING SINGLE Cup
VISITING ROYALTY
TRADE / BUSINESS
Peggy Richards BEST IN CARNIVAL Cup



heave away, haul away

A TRIBUTE TO

TISHERMAN'S

TRIENDS



ST PETER'S CHURCH

COMMUNITY



Busy little fingers at the Stay & Play Group and the School were creating all the lovely things that make up their community. Countryside, coastline and cottages are all being featured on the new Port Isaac Community Banner which will be paraded down to The Platt to open and celebrate the first Port Isaac Shanty Festival on Saturday September 7th.

The old Temperance banners are being used as inspiration and the iconic photograph taken in Fore Street at the turn of the last century will be recreated with a modern twist. The new banner will hang alongside the original banners in the Village Hall.

If you, or your community group, would like to add something to the banner please contact Caroline 07966 501156.



SHANTY FESTIVAL hosted by The Fisherman's Friends SEPTEMBER 7th & 8th

MUSICIANS FROM
ALL OVER THE
SOUTH WEST WILL
BE SINGING AND
PLAYING AROUND
THE VILLAGE FROM
11am BOTH DAYS

SPONSORED BY SPROULL SOLICITORS LLP



CALLING ALL
YOU LITTLE
SCALLYWAGS
COME TO OUR
PIRATE PARTY
LEARN SOME SHANTIES

LEARN SOME SHANTIES
TO SING AT THE
TO SING AT THE
SHANTY FESTIVAL
FREE
3PM-5PM ENTRY
PORT ISAAC VILLAGE HALL
TUESDAY AUGUST 27TH
PIRATE TEA, PIRATE GAMES
PIRATE SINGING

Our Fisherman's Friends are hosting our very first Shanty Festival and the line-up is growing daily. The plan is that everyone will do a set on the Platt stage as well as singing at other venues around the village. They'll be food and drink and everything to make it a weekend to remember.

So far the line-up, that is growing all the time, is:

THE FISHERMAN'S FRIENDS (HOME GROWN)

BONE IDLE (OVERSEAS! THE SCILLIES)

THE LONGEST JOHNS (BRISTOL)

BENCOOLEN WRECKERS (UP BUDE WAY)

NAUTIBUOYS (DARTMOUTH)

THE HARRY BROWNS OF BRISTOL

GULLS (PORT ISAAC)

FEMME DE LA MER (QUITE A FEW PLACES IN

CORNWALL)

NASTY FISHMONGERS

STUNS'LS (OVER CHARLSTOWN)

POLPERRO WRECKERS (POLPERRO!)

PAUL & JOHN (PORT ISAAC)

ACAPELLA MOONSHINE (DOWN FALMOUTH WAY)

FIGUREHEAD (CORNWALL)

PLUS THE DEBUT PERFORMANCE OF PORT ISAAC'S VERY OWN CHILDREN'S SHANTY GROUP WHO WILL BE OPENING THE FESTIVAL WITH A FEW PIRATE SONGS

let's go PCC

PORT ISAAC COMMUNITY CINEMA

This new iniative is the baby of Gavin Tyler and the start up of our new Cinema has been funded by the Doc Martin Fund. Gavin is working with the Village Hall committee to make this new venture a success. August is going to be jam packed with evening and children's Saturday morning films every week (all children must be accompanied by an adult).

Tickets will be £5 for adults and £3 for children

The bar will be open for evening films and there will be ice cream and popcorn available at all performances

You don't need to book in advance, just arrive in time for the 10.30am/7pm start

We plan to show afternoon and early evening films through the autumn and winter as well as Monday nights and Saturday mornings. Whether it is every Monday and Saturday depends on demand. Come along and see what you think.

THE CO-OP BOOKSHELF

Don't forget the used bookshelf in the Co-op supports the Hall and the Playgroup. If you have any books to donate just take them up to the Co-op and put them on the book shelves - they are near the cash point.

Together we can make great things happen



THIS EXTENSION FILLAGING TO HAPPEN ...



In front of an audience of thousands waiting for the Fisherman's Friends to sing, Ian McNeice handed over a cheque for £1000 to Dee and Cheryl for the Village Hall extension project. He raised the money by charging Doc Martin fans £1 to have their photo took with him (this photo was a freebie!). Ian then went on to raise just over another £200 during the evening by having more photos taken. A huge thank you lan.

Things are really coming together money-wise for the Hall. In May we are given a grant of £1000 from The Trefoil Trust and £250 from The Edward Oldham Charity; in June £7500 from The Garfield Weston Trust; in July £600 from The Elmgrant Trust, £275 from being one of the Truro Waitrose's charities of the month and £2000 from The 29th May 1961 Charitable Trust. An enormous thank you to each and every one of you.

The Port Isaac Shanty Festival is our big fundraiser for the year so come along and enjoy yourself on September 7th & 8th on the Platt and around the village.



use your Co-op card and support Port Isaac Village Hall

ABANDONED BOATS AND TRAILERS PORT GAVERNE FIELD

All boats and trailers in this field will be considered abandoned after 60 days of this notice.

Any remaining after this date will be sold or disposed of.
Any queries regarding this should be directed to:

Mr G Sylvester 01872 501270

JULY 31st 2019



CREW NEWS

Dear the Port Isaac Lifeboat Crew...
I raise money (along with my brother, Isaac)
for all of you every year. You may remem!
This year me and my brother have
raised for exactly to contribute to
Saving Tives at Sea. We hope that you write back Soon and keep up Sewing
People's lives.



ART EXHIBITION

Twenty-two artists will be exhibiting at Rock Institute supporting both Port Isaac and Rock RNLI. You can visit the exhibition between 10am-6pm from Monday August 5th through to Saturday August 10th.

Port Isaac RNLI will be occupying the stage area of the hall to sell their range of limited edition prints, all depicting an historic or life-saving theme.



Earlier this year Port Isaac RNLI received a letter from Richard Cotterill. In the letter he said that he, his wife and her twin sister were very keen supporters of the RNLI, that they were all in their eighties and had a bucket list of things they wanted to achieve.

One of the things on their list was to sit on the bench on top of Lobber Point in Port Isaac so that they could look over the village. They had tried to walk there previously but could only make it half way. They wondered if Port Isaac RNLI could help in achieving their wish.

Port Isaac RNLI Lifeboat Operations Manager, Chris Bolton spoke with the land owner and got his permission to drive across his fields. He then arranged for Richard and his family to be collected from the top of the village and be driven to Lobber. As an added surpirise they were served a cream tea prepared by Vice Chairman of Port Isaac RNLI, Liz Bolton.

It was a beautiful sunny afternoon and the three of them soaked up views. They were very grateful and presented Chris with a generous donation to the Port Isaac RNLI Lifeboat appeal.

What do your childhood memories of summer include?

I can remember summers that were so wet it even rained in the stories in summer editions of the comics we read ... but my fondest memories are of hot summers and playing on beaches, walks along a gentle river and of milk lollies that only cost 10p. I can remember missing the best sunny days hiding from the heat with my chickenpox and being covered in pink calamine lotion. In my childhood we moved around a lot but our holiday was always to Granny and Granfer in Taunton which became the steady constant to my changing life.

As we plan our summer holidays and activities, as we take pictures and videos to record them and as we share them with friends on social media we - at some level - are aware that these times are special, that they are memories we want to keep. A tapestry of memories helps us to know our journey through life, our successes and joys as well as our defeats and sorrows. It can give us a sense of who we are in world and family and community memories can give us a sense of our place in time and space. Memory making isn't just for summers and for holidays though and some of our most important memories can be of something more mundane; in the Pixar film "UP" Russell, the young boy, is remembering a game he used to play with his now absent Dad. "That might sound boring" he says "but I think the boring stuff is the stuff I remember most."

When we want to make memories for ourselves and for others, we would like it to be the best, the biggest and the newest because we want to give lasting memories above the ordinary - we crave the thrill of the extraordinary and that is quite a normal desire I think

There are many stories of the extra ordinary things that Jesus did-commanding storms to die down, feeding 5000 people with a boy's pack lunch, raising a girl back to life but it is in the ordinary place of a meal, of a little bread and a little wine that we are to remember him. I believe that today, Jesus still meets us in the bread and the wine of the communion service and Jesus still meets us in the ordinary people we meet through the week, and though it might sound boring, it could be that the boring stuff is what we remember most.

Marcus Jones

Church Diary Dates

Sunday August 4th

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Sunday August 11th

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Sunday August 18th

9.30am: Morning Worship, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

Saturday August 24th - Bartholemew Saturday

9.30am: Eucharist, St Endellion Church

Sunday August 25th

9.30am: Holy Communion, St Peter's Church, Port Isaac 11am: Sung Eucharist, St Endellion Church

St Endellion Church Graveyard

It is lovely to see so many people taking an interest in St Endellion Church Graveyard, be it people who are visiting their loved ones who are buried there, people who walk through the graveyard and appreciate the peace and views that it offers and visitors to the area who come to look around St Endellion Church.

Sadly, it has been brought to our attention that there is a problem with dog fouling in the graveyard, which is unpleasant both for our visitors and the people who regularly maintain the graveyard to keep it tidy and safe for all.

If you are walking through the graveyard we ask you please keep your dog on a lead so it doesn't wander off and leave us an unwanted gift that you don't see, and pick up after your dog as you would in any other public place.

Please respect the graveyard; it is a special place for many people and help us to keep it clean and tidy for everyone to enjoy.

St Endellion with St Peters PCC



Cakes, Refreshments, Produce, Plants, Books, Bric a Brac, Vintage Tombola, Childrens Games, Puppet Show, Sideshows ...



Dear Friends.

On behalf of all our family, thank you everyone for your kindness and support over the last weeks since Ted died. It really is our wider circle of family, friends and community that has helped everyday.

We have a cheque to donate to Mount Edgcumbe Hospice from Ted's collection, in appreciation of the care given to him, in excess of a staggering £3000. Thank-you all so much.

He will miss us all, and his beloved village, as much as we will miss him.

Katie, Emma, Oliver and Alice



61st SUMMER FESTIVAL 30 July - 9 August

This year's opera is Benjamin Britten's Death in Venice conducted by Duncan Ward, starring Mark Padmore, Roderick Williams and Robin Blaze. Other concerts include Beethoven's 1st Piano Concerto, Part 1 of Mendelssohn's St Paul, Suk's Serenade for Strings and Sibelius's 2nd Symphony. As ever some of the highlights happen in the chamber music concerts and late-night performances.

Full details and booking information on www.endellionfestivals.org.uk



Endelienta

NORTH CORNWALL BOOK FESTIVAL 2019

October 10-13

Air Ambulance benefits from Chorale Concert

On July 14th, the Chorale held a very successful concert at St Peter's Church, with proceeds going to the Air Ambulance; a charity close to all our hearts.

The Chorale performed an excellent, varied programme in a concert which featured three very talented local young soloists.

We were so fortunate that these three young people, Fergal Donnellon on the viola, Henry Phippin on classical guitar and Kenya Skerry with her lovely voice, were able to join us. The audience (and Chorale) thoroughly enjoyed their superb performances and hope they can join us in future concerts.

The Chorale provided glasses of Pimms or fruit cup for the audience and the total donations received from the concert was in excess of £200 for the Air Ambulance.

The Chorale will be having their annual summer break now but have a very busy autumn period planned so look out for updates so that you don't miss out – we publicise all our concerts in the *Trio*.

Entries are invited for poems and for pieces of prose

of not more than 300 words on the theme of 'love' for inclusion in a book being produced for the North Cornwall Book Festival being held October 10th-13th at St Endellion.

Entries must be sent to me by no later than 13th August: judithpollinger262@gmail.com

Some will be read at the book Festival service at 11am on October 13th.

ART TALK & TRIP

22nd August7pm Port Isaac Village Hall



An informative evening led by art historian Olive Maggs

Free event
Bar will be open



Planning Applications

Members considered these planning applications and made the following responses to Cornwall Council:

- 1. PA19/04977, Cloud Nine, Port Isaac proposed extension to provide additional bedroom with ensuite on first floor and storeroom on ground floor. Members objected on the grounds the proposal would double the frontage of the building that originally had been carefully designed (in consultation with officers) to cause minimum impact to the landscape and the Conservation Area. The proposed balcony and roof terrace would puncture the skyline from viewpoints within the Conservation Area and light pollution would result in harm to the conservation rea and AONB.
- 2. PA19/05264, Cliffside, Port Isaac proposed new fenestration. Cllr. Penny left the meeting whilst this was discussed. Members objected on the grounds that the site is within the Conservation Area in a highly visible location with a high footfall. The excess glazing does not comply with Policy 5f of the emerging St Endellion Neighbourhood Plan: where within the conservation area... proposal respects the predominant palette... and general window proportions and avoids the use of extensive glazing and panoramic windows.
- PA19/05118, Summer Salt, 42 Church Hill, Port Isaac –
 proposed additional bedroom and bathroom within
 existing roof space to include extension to existing
 dormer on west elevation and installation of
 conservation roof light within east elevation. Members
 had no objection.

Road Safety Issues

 Fingerpost Refurbishment – the Chairman and Clerk had accepted a quotation from Mr Burnard of approx. £150-£200 to refurbish the signpost at the Roscarrock turning to Longcoss, Trelights and the work carried out.

Public Conveniences

 Roscarrock WCs – the Parish Council has now formally taken over management of these public conveniences. Members will now draw up plans for their refurbishment which, it is hoped, will be carried out over the winter months.

Playing Field

Port Isaac Carnival – Members were pleased to grant permission to the Carnival Committee to hold part of the Port Isaac carnival in the playing fields on 31st August 2019.

Miscellaneous Items

- Little Hill Members plan to restore the melamine panels at this location.
- Community Banner / Signage in principle Members were happy to support a proposal from Mrs Caroline Cleave for a Community Banner / signage. More information on this proposed project is expected shortly.
- Polling Districts & Polling Places Review Members have requested the Port Isaac polling station is moved from the village hall, where there is no parking, to a portacabin situated on the hard standing at the top of the playing fields. We are awaiting Cornwall Council's views on this suggestion.

Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Gillian Thompson Parish Clerk / RFO

Email: <u>stendellionpc@gmail.com</u> **Website:** www.stendellionpc.com

JB retires and we get a new window cleaner

After 16 years of toil and strife, I am now retiring from my job as the village exterior light technician. I have passed the business on to Lloyd Wren, a local lad. Anyone with a direct debit to me needs to stop it and redirect it to Lloyd,

Sort code: 13-98-98 Account no: 34602168

Thank you for all your custom over the years.

Scott Mann's update from Parliament

The time before the summer recess is always busy in the House of Commons but this year has been particularly demanding as Members try to see Ministers, and lobby groups promote campaigns before the break.

The Camelford bypass project is always close to the top of my list and I feel like we are getting close. At the time of writing Cornwall Council's Cabinet have the bypass on the agenda for their next meeting and I am keen to see them sign it off from their end, meaning 10% of the funding needed will be in place. From a Westminster perspective, I have raised the issue on several occasions recently in the chamber, including a very clear message to "get on with it" directed to the Transport Minister. We need this bypass for Camelford. Too many cases cross my desk which concern safety and air quality and I feel that if the town is going to flourish we must get this road built.

Continuing the theme of roads, I had a very productive meeting with Highways England this week where we discussed several constituent concerns about junctions and crossing points on the A30. I was extremely pleased to hear that proposed improvements to the Plusha junction have passed the latest hurdle and the case is being presented to Road Improvement Scheme 2. I will continue to lobby the Secretary of State for funding for a study so that we can progress to the next stage and finally get this junction safe for all road users.

We have also had some good news concerning healthcare in North Cornwall, a partnership solution will see overnight services return to Stratton Hospital. The trailblazing proposal will see overnight services return to the Hospital in August 2019, in the form of a new service which is being described as a' Community Treatment Centre'.

The Community Treatment Centre will be run by staff from Kernow Health CIC which provides the county's urgent care service- NHS Cornwall 111. The services in North Cornwall are improving after decades of underinvestment.

Meanwhile in Launceston ground has been broken on the new expansion to Launceston medical centre, another project which I was very proud to have been involved with over the last few years. It has taken a lot of time and effort to get there but I would like to thank NHS England and Launceston Medical Centre Patient Group for their work on this. It really does show you that a grass roots campaign for better services does pay off.

Parliament may be in recess but my team and I will be out and about in North Cornwall.

www.scottmann.org.uk

email: scott@scottman.org.uk tel: 01208 74337



We started July with the Year 6 pupils attending their transition days at their new schools. We have pupils joining Camelford and Wadebridge Secondary schools this year. They all thoroughly enjoyed their days, earning Bunsen burner licences and participating in various team building activities to get to know their new classmates.

The Nursery have had a lovely end to their Summer Term. They had a beach trip to Port Gaverne and were lucky enough to have Ben (Lowens's Daddy) take them on a rock pool tour. They saw crabs, shrimps and gobies. Thank you Ben!

Our eagerly awaited sports day took place in fine weather on 10th July. Part one was in the morning with the Nursery holding their races on the field and Classes 1 and 2 participating in various throwing and jumping events in the playground. The Nursery children were amazing and really enjoyed themselves with all of the children trying their best and joining in with the running, egg and spoon and beanbag races.

The running events for the older children took place on the field during the afternoon. The afternoon started with a mini marathon of two laps around the entire field - no mean feat after a full-on roast for school lunch! This was followed by sprints, skipping, egg and spoon and various relay races. We always have a mystery race and this year it involved dressing up! This was also used for our parents' races which the children enjoyed enormously and didn't seem to slow the parents down at all! Mrs Murray very kindly organised and ran sports day

for us and as always did a superb job making



schoolchat



the day great fun and competitive at the same time. Thank you Mrs Murray - same time, same place next year? (We hope so!)

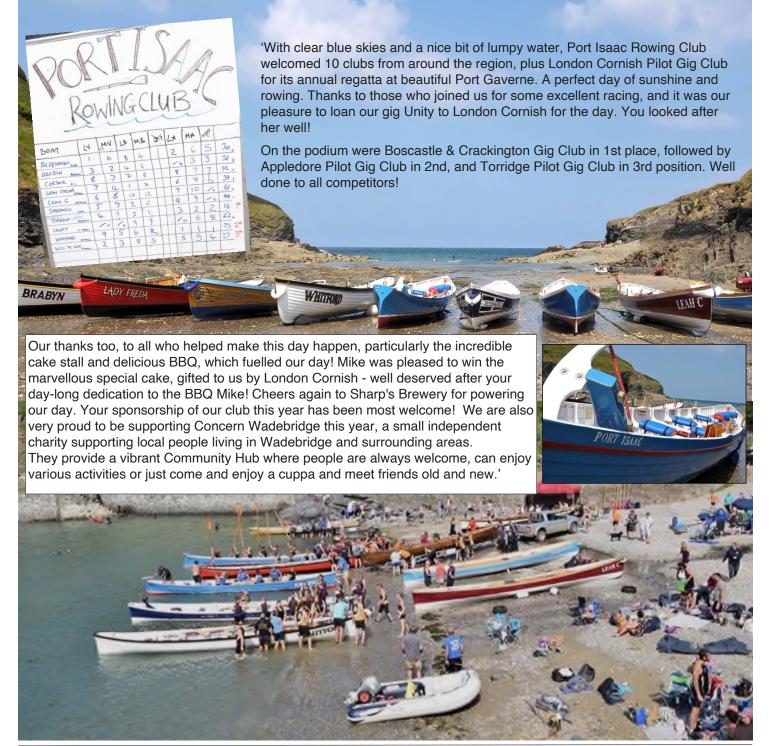
The children from both classes have been finishing their final projects of the year both in their class work and through a dance project. Class 1 have continued with their environmental topic and created a dance telling us the story of what happens to plastics in the sea. Class 2 have been exploring journeys in life and particularly focusing on our Year 6 children as they move to their new school lives.











continued from previous page ...

Mrs Townsend has for many years has played a very important role in our children's education. Part of this has been as a governor and also in singing with the whole school. Mrs Townsend is determined to ensure that the traditional songs must not be forgotten. It is always interesting walking around the school during these session as any adult not needed in the hall is to be found working in the classrooms and singing along! This term Mrs Townsend has been focusing on Cornish songs.

We concluded both projects with a performance for parents and friends. As we had a Cornish theme with our songs we decided to make pasties to share with everyone after the performance. We had quite a production line going in the hall and all of the children made their own pasty to share with their parents. The afternoon was fantastic with superb dancing and beautiful singing rounded off with pasties and a cup of tea: perfect!

This is also the time of the year when we bid farewell to some of our pupils. We are sad to see 10 of the nursery children leave Nursery after the summer holidays and we celebrated their Nursery days with a special assembly for them. The great bit about the Nursery children is that we will welcome them all, as our new Reception children in Miss Martin's class in September; Hooray! We know they will all love being at school and the Nursery staff enjoy the fact that they are only next door so they can carry on watching their progress.

Our leavers assembly for Year 6 children and their families was lovely; the children and their friends shared their memories of each other, certificates were awarded exemplifying their qualities and Class 1 presented them with portraits they had

painted. It was very apparent that this was a Year 6 group who worked hard, were very kind, especially to the younger children, had a great sense of humour and were great fun to be with. We all wish them well in what I am sure will be a very successful future.

This will be my final news update for Trio as I am leaving at the end of the term. I have thoroughly enjoyed my six years at Port Isaac. The kindness and support the school receives from the village is second to none. I have enjoyed the many projects we have completed alongside the village with Pisces and Caroline Cleave in particular. I am also indebted to my colleagues, our governors, the School Association and our parents for their help and support. It is a willingness to give so freely of their time, be it for planning lessons, accompanying trips and visits, fund raising or tidying up the school grounds which makes the school community special and unique.

I wish the school and village good luck and continued success in the future.

Best wishes, Sarah Duffy

Well summer is here, it's hot, humid and you can't be bothered to cook. The bbg is scrubbed down for another season and the sale of sausages, burgers and chicken rocket at the supermarkets (use independent suppliers, much better value and quality). And let's not forget the vegetarians hummus, roasted vegetables and salads.

So as you are outside taking in the rays, supping Pimms, you can be making the best summer dessert, apart from my Kim's lemon posset of course!

Chef Lanyon's best summer dessert

You will need an 8" baking tin, buttered well. Preheat your fan oven to 160° c

The day before get a small pot and put some Demerara sugar and some cinnamon and infuse together

Ingredients: 4oz butter 2 large eggs

5½oz caster sugar 1/2 tsp vanilla bean paste or extract

1tsp baking powder 5oz plain flour

2 large handfuls of berries of your choice Pinch of salt

2 tablespoons of cinnamon infused Demerara sugar.

Method:

In a medium bowl beat sugar and butter till light and fluffy.

Add beaten eggs little at a time then stir in salt, baking powder and vanilla along with flour and mix well.

Spread evenly in your tin and arrange berries on top.

Sprinkle over Demerara infused sugar and bake for 40 - 45 mins.

ANSOME served with a quenelle of clotted cream or vanilla ice cream Enjoy. Chris

Chef Lanyon @ The Chapel Cafe, Port Isaac

Kim's Lemon Possett

900ml double cream 300gms caster sugar 2 lemons (juiced)

Put the cream and caster sugar in a largish saucepan (big enough to let it boil up but not over the pan). Bring to the boil stirring constantly, once boiling turn down the heat and still stirring keep it boiling for 2 minutes. Take it off the heat and add the lemon juice again stirring vigorously it will start to thicken a little.

Put into 6-8 glasses or small dessert dishes, and leave in the fridge to set.

This is a lovely summer dessert and is delicious and easy for a dinner party as you can make in the morning or night before. It is very nice served with homemade (or shop brought shortbread). You can add lime juice instead of, or as well as, the lemon juice if you would like that.

Beach cleaning, scrub bashing, wildlife watching and trail running. The National Trust run all sorts of events in North Cornwall with hopefully something to interest everybody. If you haven't been along to one of our events yet, why not have a look on our blog at www.northcornwallnt.org and see what's coming up?

Sunday 4 August - Lundy Bay butterfly walk 1.30pm

Join Cornwall Butterfly Conservation for a walk around Lundy Bay near Polzeath. Free.

Wednesday 7 August - Bat Night at Pentire Head, near Polzeath 8pm until late

Join our rangers for an evening talk about bats, after which we will watch the bats emerge from old mine workings. £3 per person. Booking is essential as the date may change due to unfavourable weather. 01208 863046

Saturday 10 August - Sun and Stars at Carnewas (Bedruthan) with Kernow Astronomers 7.30pm til late Arrive before sunset for a chance to look at the sun safely through telescopes, then take a closer look at the moon, stars and planets. Bring warm clothing and a torch. Free. No need to book. Meet at the National Trust car park at Carnewas (Bedruthan) PL27 7UW.

Wednesday 14 August Coastal Trail Series: Pentire to Port Quin 7pm-9.30pm

Join us for some guided trail running out on the coast between Pentire Head and Port Quin. Choose from either a 6.5km or 10km route then stick around for a BBQ on the beach (Bring your own food). £5pp. Booking essential. Call 01208 863046





Would you like to make your own small difference to climate change? Would you like some free trees to plant this autumn?

If you have an area of land in our parish where you could plant wildlife-friendly and environmentally-friendly hedging or shrubs or native trees, please get in touch!

St Endellion Trees Group will be making an application this autumn to the 'I Dig Trees' programme which provided a group of trees planted on National Trust land at Pentire Head last year.

As a group we can apply for up to 1000 saplings. In previous years trees were available in the following bundles of 50 plants, comprising 10 of each type:

Parkland: (English Oak, Lime, Green Beech, Silver Birch, Hornbeam)

Large garden: (Downy Birch, Rowan, Alder, Wild Cherry, Field Maple)

Small Garden: (Rowan, Bird Cherry, Hazel, Common Crab Apple, Grey Willow)

Wildlife environment shrubs: (Blackthorn, Guelder Rose, Hawthorn, Common Dogwood, Goat Willow).

Bundles of trees can be split if, for example, you'd just like 20 or 25.

Interested? Please contact Sue Andrews – sueandrews7@icloud.com

St Endellion Trees Group is run under the auspices of the Parish Council.

Energy supplier OVO runs the I Dig Trees programme for conservation in partnership with the Community Volunteers network (reg charity 261009)

Websites of the Month

Those of you with long memories will recall that in May 2012 as the Spring flowers were coming out, I wrote in this column about the Cornwall and Isles of Scilly Federation for Biological Recorders (CiSFBR) and I thought I would come back again to how to record your sightings of animals and plants in Cornwall.

You can download some really useful checklists from their website www.cisfbr.org.uk/Downloads.html including ones for:

- Flowering plants and ferns of the Isles of Scilly
- Butterflies of Cornwall and the Isles of Scilly
- Grasshoppers and crickets of Cornwall and the Isles of Scilly
- Dragonflies and damselflies of Cornwall and the Isles of Scilly

You can also download a list of Cornish Red Data Book species and read the book itself covering all the species that have been recorded in Cornwall www.cisfbr.org.uk/CRDB?StartCRDB.html

I thought about this as there has been a lot of publicity about the large influx of Painted Lady butterflies this year. They are among a number of migratory butterfly species that have made the journey in larger numbers than usual and we are being encouraged to record them. The easiest way is to join the Big Butterfly count https://bigbutterflycount.org/ . This is a really nice website that has a free butterfly identification chart with 19 different species, including the Painted Lady. The plan is to find a spot where there are likely to be butterflies and moths and spend 15 minutes in July to August and record what you see on the chart. These can then be recorded either online on using the app that you can download for iPhone or Android. This makes it a bit easier in some ways as it will know your location and all you have to do is give your location a name, and then select the type of location – garden, park etc. It has clear instructions on the app, and with the chart to help identify the species you are all set.

Another nice site is Wildlife Insight which has a section on coastal wild flowers in Cornwall. This gives you a list of some of the species and also some beautiful photography (http://tinyurl.com/7qmzfcm). It covers other plants and animals across Devon and Cornwall, with stories and links about them.

For the technically minded there are a couple of other sites. One is the Environmental Records Centre for Cornwall and the Isles of Scilly (ERCCIS) https://erccis/org/uk and this also has an app for recording – although I'm afraid I didn't manage to get the login to work. But using the website (that I did get to work) you can record your sightings of different species of plants and animals.

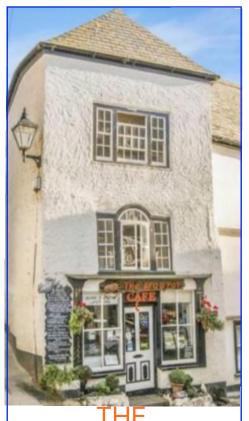
The other is an important government body that deals with the issues of conservation called the JNCC https://jncc.gov.uk/our-role/the-uk/ that I think stands for Joint Nature Conservation Committee and it has lots of information about how the UK is doing in its conservation efforts. It also has a list of the plants and animals that are rare and need protecting, so if you record one of these its location will apparently be kept secret. Some details are on the archived website https://archive.jncc.gov.uk/page-3408

Enjoy your nature spotting. The picture is one I took recently. Can you identify it?

TONY WAINWRIGHT



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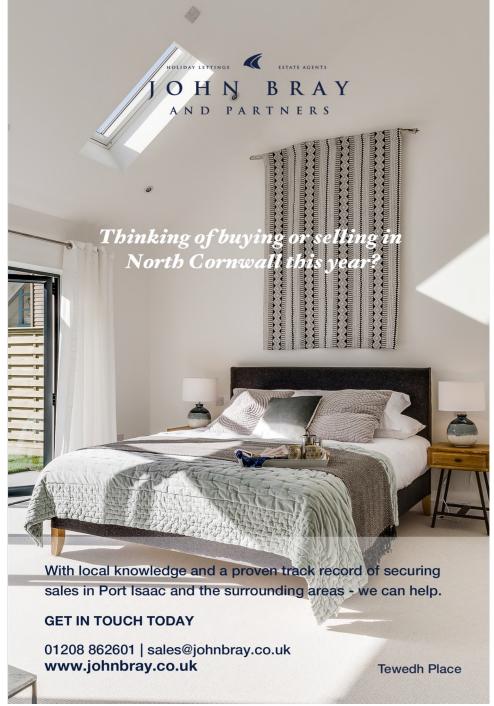
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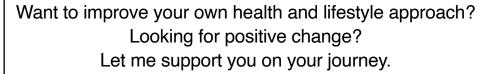
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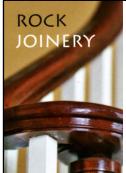
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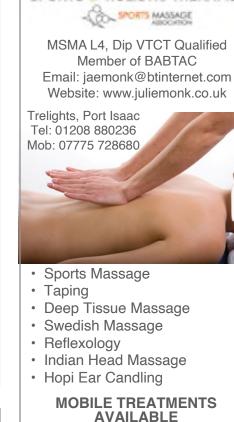












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Thursday August 1st PICC - The Fisherman's Friends Movie in the Village Hall - 7pm

Saturday August 3rd PICC for children - Moana in the

Village Hall - 10.30am

Thursday August 5th

PICC - Bohemian Rhapsody in the Village Hall - 7pm

Tuesday August 6thTrelights Garden Fete at Trewithick
House - 2.30pm

Wednesday August 7th
The Wednesday Morning Pop-up Cafe
in the Village Hall - 10am-12noon

Port Isaac's Gulls sing on the Platt (weather permitting) - 7.30pm

Thursday August 8thSt Breward Silver Band on the Platt - 7.30pm

Friday August 9th
Fisherman's Friends on the Platt 7.30pmish

Saturday August 10th
PICC for children - Batman Lego
Movie - 10.30am

Monday August 12th
PICC - Saving Grace in the Village
Hall - 7pm

Tuesday August 13thRoadside household recycling collection - bags out by 7am

St Endellion & St Peter's Port Isaac Garden Fete at St Endellion Rectory -2pm

Wednesday August 14th
The Wednesday Morning Pop-up Cafe
in the Village Hall - 10am-12noon

Thursday August 15th
St Breward Silver Band on the Platt 7.30pm

Saturday August 17th
PICC for children - Finding Dory 10.30am

Sunday August 18th Port Isaac RNLI Llfeboat Larks

Monday August 19th PICC - The Fisherman's Friends Movie in the Village Hall - 7pm

Wednesday August 21st
The Wednesday Morning Pop-up Cafe
in the Village Hall - 10am-12noon

WHAT'S ON

Thursday August 22nd

Women Artists working in Cornwall during the 20th century - art talk in Port Isaac Village Hall - 7pm

St Breward Silver Band on the Platt - 7.30pm

Saturday August 24th

PICC for children - Mary Poppins Returns in the Village Hall - 10.30am

Monday August 26th

PICC - Mamma Mia! HERE WE GO AGAIN in the Village Hall - 7pm

Wednesday August 28th

The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon

Thursday August 29thSt Breward Silver Band on the Platt - 7.30pm

Saturday August 31st 2019 PORT ISAAC CARNIVAL

September 6th-8th
PORT ISAAC SHANTY FESTIVAL

Friday September 13th
The Endelienta Ensemble at St Endellion
Church

Saturday September 14th

PICC for children - Aladdin in the Village Hall - 10.30am

Monday September 16th PICC - The Fisherman's Friends Movie in the Village Hall - 7pm

Friday October 11th RNLI Harvest Festival

Saturday October 12th
Fish PI(E) Competition followed by
the Autumn Community Lunch in
the Hall

Saturday November 9th RNLI Handover of new Boat

December 14th - December 30th The Village Hall Christmas Festival

Saturday December 14th Santa's visit to the Grotto in Port Isaac Village Hall

Sunday December 15th
Christmas Community Lunch in
Santa's Grotto in the Village Hall - 1pm

The Old Port Isaac Carols singalong in Santa's Grotto with Christmas tea and mulled wine - 5pm

Monday December 16th Village Hall Christmas Cash Bingo in Santa's Grotto - eyes down 7.30pm

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the VIllage Hall. Contact Lucy on 07784 657921 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in Port Isaac Village Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Mobile Post Office - in the Main Car Park - every Wednesday 12.30pm-1.30pm

TRIO COPY DATES 2019

MONTH COPY DATE
September August 24th
October September 24th
November October 25th
December November 29th

Church Services

St Peter's Church, Port Isaac
First & Third Sundays in the month Morning Worship at 9.30am and
Second, Fourth & Fifth Sundays in
the month - Holy Communion at
9.30am

Every Monday at 9am -Morning Prayer

Trelights Methodist Church Sunday Service at 6pm

