

trio

SHANTY FESTIVAL



SEPTEMBER 7th & 8th

SEPTEMBER

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Jerry's Morning Has

Port Isaac Village Hall

COMMUNITY CAFE

celebrates its first birthday



COME AND JOIN OUR BIRTHDAY CELEBRATIONS

ON

WEDNESDAY SEPTEMBER 11th

From

10am-12noon



Everyone is invited to
join the banner
procession (see page
4) from the Village Hall
down to the Platt for
the opening of the
Shanty Festival.

Half way down Fore
Street the procession
will stop and the old
Temperance Banner
will be recreated with
our new banner.

Meet at Port Isaac
Village Hall from
10.15am

if children want to dress
as pirates that would
be great

Procession leaves
the hall at
10.30am

Arrives at the Platt
for the 11am
Shanty Festival
opening

COME AND JOIN US

STILL A FEW
TICKETS LEFT
FOR THIS GIG

FISHERMAN'S FRIENDS

exclusive pre-Shanty Festival

WARM-UP GIG

THURSDAY SEPTEMBER 5th

PORT ISAAC
VILLAGE HALL
7.30PM

Tickets £25 each, available
from Secrets, Port Isaac
or email
portisaacvillagehall@gmail.com

Trio is issued eleven times a year and is
available in Secrets and the Co-op,
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hold the same views as those
expressed by contributors and
reserves the right to refuse or
alter material supplied.

THE PORT ISAAC SHANTY FESTIVAL

WHERE & WHEN

SATURDAY SEPTEMBER 7th



THE PLATT STAGE

11am	Festival Opening with the Little Scallywags
11.30am	Billy Hawkins & Lee Chantler
12.15pm	Stuns'ls
1.15pm	Nautibuoy
2.15pm	Bone Idle
3.15pm	Acapella Moonshine
4.15pm	The Harry Browns
5.15pm	Gulls
6.15pm	Fisherman's Friends
7.30pm	Femmes de la Mer
8.30pm	Bencoolen Wreckers
9.30pm	Nasty Fishmongers

THE OLD SCHOOL HOTEL & RESTAURANT

3.45pm	Nautibuoy
5.30pm	Acapella Moonshine
7.45pm	Stuns'ls

THE GOLDEN LION

12.45pm	Acapella Moonshine
2.45pm	Femmes de la Mer
4pm	Nasty Fishmongers
9pm	The Harry Browns

THE SLIPWAY HOTEL

1pm	The Harry Browns
3.30pm	Stuns'ls
5.30pm	Bencoolen Wreckers
8.30pm	Bone Idle

THE MOTE RESTAURANT

11.45am	Bone Idle
1.45pm	Johnny Mc & Paul Johnson
8pm	Nautibuoy

THE CHAPEL CAFE

12.30pm	Nasty Fishmongers
2.30pm	Gulls
4.30pm	Johnny Mc & Paul Johnson



SUNDAY SEPTEMBER 8th

THE PLATT STAGE

11am	Bone Idle
12noon	Johnny Mc & Paul Johnson
1pm	Femmes de la Mer
2pm	Fisherman's Friends
3.15pm	Rakes Adrift
4.15pm	Polperro Wreckers
5.30pm	Longest Johns

THE FESTIVAL FINALE

THE OLD SCHOOL HOTEL & RESTAURANT

11.30am	The Harry Browns
1.15pm	Gulls
3.15pm	Longest Johns
4.30pm	Chris Ricketts

THE GOLDEN LION

12.15pm	Polperro Wreckers
1.15pm	Longest Johns
3pm	Femmes de la Mer
4.15pm	Bone Idle
5.15pm	Rakes Adrift

THE SLIPWAY HOTEL

12noon	Chris Ricketts
3.45pm	Nautibuoy
4.45pm	Johnny Mc & Paul Johnson

THE MOTE RESTAURANT

12.30pm	Nasty Fishmongers
4pm	Stuns'ls
5.45pm	Gulls

THE CHAPEL CAFE

12.15pm	Nautibuoy
1pm	Stuns'ls
4.30pm	The Harry Browns

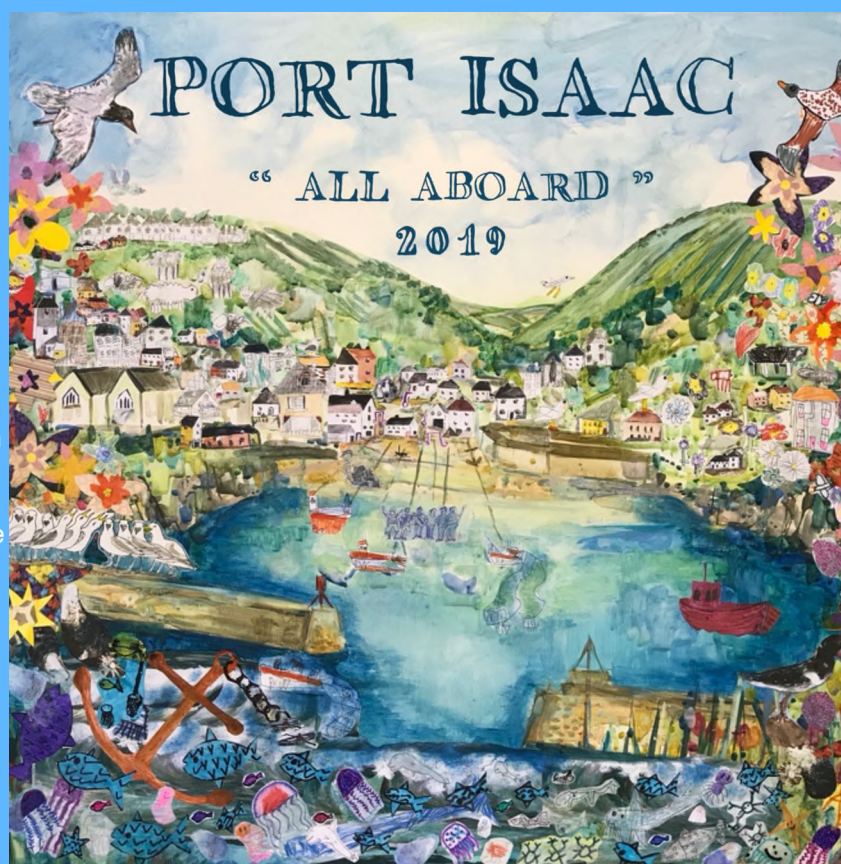


ALL ABOARD THE NEW PORT ISAAC BANNER

The old Village Hall Temperance banners, which were discovered under the Hall stage, were often paraded around Port Isaac at the turn of the century.

Old photographs of the Temperance parades have been the inspiration for the new Community Banner which will be paraded alongside reproductions of the old banners from the Village Hall to the Platt to launch the start of the first Port Isaac Shanty Festival.

The intention has always been to parade the old banners, on their original carrying poles, through the streets of Port Isaac again. However, their fragile nature made this impossible but with the help of modern technology they have now been photographed and printed onto sustainable fabrics and 150 years on the Temperance banners will once again be paraded through the village.



Co-ordinated by local artist Caroline Cleave with funding from FEAST, many locals and community groups have contributed to the vibrant new banner which will have a permanent home alongside the old ones in the Village Hall.

Our village may be small but we strive to help and support each other.

The new banner is a symbol of our thriving community, young and old, who pull together and are

ALL ABOARD

ARTS COUNCIL
ENGLAND

FEAST

Thanks to:

Chris Hewitt Photographer
(www.chrishewittphotography.com),
John Sinnott - banner printer and Katie Childs



let's go to the **PICC**

PORT ISAAC COMMUNITY CINEMA



Well, it's not been without its teething problems - *Bohemian Rhapsody* had some sound issues but most of the audience decided to move up to the front and stick with it and by the time Queen were at Live Aid, the audience were all there too! All was sorted the following day and back up and running for *Saving Grace* the following week which everyone loved.

The other thing we hadn't considered was that lots of local mums work on Saturday mornings so we have had a rethink for the children's films and are going to try a variety of different times to see which works best.

The schedule for September is:



Monday September 16th - 7pm

Saturday September 21st - 3.30pm

(all children to be accompanied by an adult, no charge for the accompanying adult)

Monday September 30th - 7pm - film to be announced, look out for posters around the village

Tickets will be £5 for adults and £3 for children



Mamma Mia

Mary Poppins



You don't need to book in advance, just arrive in time for the 3.30pm/7pm start

The bar will be open for evening films and there will be ice cream and popcorn available at all performances

Let us know if there are any films you would like to see



PORT ISAAC VILLAGE HALL HIRE

For full details or to make a booking contact Dee on 01208 880905 or dee54@mac.com
Your Hall for YOU to Use

THE CO-OP BOOKSHELF

Don't forget the used bookshelf in the Co-op supports the Hall and the Play-group. If you have any books to donate just take them up to the Co-op and put them on the book shelves - they are near the cash point.



Gulls sang on the Platt on three Wednesdays throughout the summer, raising £550 for the Cornwall Air Ambulance. Catch us at the Shanty Festival when we will be singing our new Shanty set.

ART TALK & TRIP Group

The Art Talk & Trip Group had another successful and informative talk in August on Cornish Women Artists led by Olive Maggs. Olive will again be leading a talk, this time Modernism in St Ives on Thursday October 17th in the Village Hall. As always these are free talks, the bar is open and everyone is welcome to attend.

The Group has now been affiliated with the Tate at St Ives *Look Group* scheme which means the group has access to current Tate exhibitions at a discount and includes a guided tour. The next *Look Group* event will be on Saturday October 5th and the exhibition will explore Otabong Nkanga's new and existing works. *From Where I Stand* is the first UK museum show of Otabong Nkanga whose practice spans tapestry, drawing, photography, installation, video and performance. She is one of the most exciting artists working today.

If you would like to join us on this trip to St Ives please contact Caroline Cleave on 07966 501156.

Writer and founder of the Ideas Partnership, Elizabeth Gowing who lives in Port Isaac and also lives and works in Kosovo, will be giving a talk in the Village Hall on October 10th at 7pm on her book, "The Silver Thread: silver filigree and traditional arts in Kosovo". The talk will be accompanied by some beautiful images; photographs that have been exhibited at the National Gallery of Kosovo and in London as well as being published by National Geographic.

ART TALK & TRIP

Silver filigree and traditional arts in
Kosovo

A talk by

Elizabeth Gowing



OCTOBER 10TH

Village Hall

Port Isaac

Bar Open

7.00pm

Everyone welcome

The talk is accompanied by some beautiful images; the photographs have been exhibited in the National Gallery of Kosovo and in London and published by the National Geographic.

ART TALK & TRIP

Modernism in St Ives

a talk by
Olive
Maggs



**THURSDAY
OCTOBER 17th
Port Isaac
Village Hall**

Bar

7pm

everyone welcome

Art Historian Olive Maggs tells the remarkable story of St Ives' contribution to British art and how it became the hub of an international art movement

Become a member today
for £1 and earn



every time you choose
Co-op branded products
and services.



use your Co-op
card and support
Port Isaac
Village Hall

PORT ISAAC SCHOOL NURSERY STAY & PLAY

Port Isaac School Nursery invites all children and their parents/carers to a monthly stay and play session from 10am-11.30am on the first Friday of every month.

This is an opportunity for children to join in with fun activities and to explore the Nursery.

It is also an opportunity for parents to find out more about the Nursery and to chat to staff and ask any questions they may have.

Everybody Welcome!



LIFEBOAT LARKS RAISES OVER £3000

After the heavy downpours during August the sun decided to shine on Port Isaac for the annual RNLI Lifeboat Larks. The event got underway with music from St Minver Silver Band whilst people browsed the stalls of Port Isaac RNLI clothing, cards and pictures whilst enjoying a cream tea. There was fun for the children with face painting, and traditional games such as splat the rat, hook the duck and welly throwing!

The station's D-Class lifeboat Copeland Bell put on a wonderful demonstration showing the rescue of people from the rocks by using a rescue technique that involved veering down on the rocks in a swell.

The afternoon was welcomed in by the Penny Royal Jazz Band and food and refreshments at the BBQ and Pimms & Sharps Beer bar.

The children's painting competition was judged with Kenton winning in the under 5's, Luke in the 6-8 years category, Phoebe 9-13 and Megan winning for the 14+. Well done to everyone who entered.

The day was a huge success and we are pleased to report that in excess of £3000 was raised for Port Isaac RNLI.



Port Isaac D-class *Copeland Bell* was tasked at 19:45 on 10th June to reports of three people on an inflatable, to the right side of Port Gaverne, one in the water and potentially in trouble. The lifeboat was launched within four minutes of being paged and was on scene within 60 seconds. It quickly became clear that the call had been a false alarm with good intent and it was three spear fisherman towing swim flags and utility boards. No assistance was required. The shout was called in by local children and we would like to reiterate that it was a really responsible thing to do. Our crew would rather respond and make sure all is ok than not receive a call when someone really does require assistance. If ever in doubt call 999 and ask for the Coastguard.

The Lifeboat was again tasked at 17:48 on 22nd June to reports of a spear fisherman who was 20 minutes overdue returning to shore. His partner was concerned when he had failed to return to the car at the agreed time. The boat launched and made headway to Port Gaverne. En route they spoke with Kayakers who confirmed they had seen a snorkeller matching the description good and well making their way back towards Port Gaverne. The same reports were confirmed with some children at Tags Pit. A crew member was put ashore and made contact with the spear fisherman who was safe. It was deemed to be a false alarm with good intent and the boat returned and was readied for service.

The volunteer crew just had time to rest and return to their day jobs before the pager sounded again, this time at 12:19 on 23rd June to a dog over the cliff at Backways Cove. We are very sad to report that the dog did not survive the fall. Crew were able to recover the body to return to the owners at Trebarwith Strand. All at Port Isaac RNLI send our condolences to the owners. Here is the advice from the RNLI when walking your dog near a cliff edge

- Keep your dog on a lead if close to cliff edges or fast flowing rivers.
- If your dog goes into the water or gets stuck in mud, don't go after them. Move to a place they can get to safely and call them – many dogs get out by themselves.
- If you're worried about your dog, call 999 or 112 and ask for the Coastguard.

On Friday 2nd and Saturday 17th August the lifeboat was requested to launch by Falmouth Coastguard to reports of persons cut off by the tide at nearby coves. On both occasions the Lifeboat and Coastguard proceeded to the scene but found that all persons had managed to abstract themselves. The advice from the RNLI is to please ensure you check tide times before you set off on the coast and follow the advice found here <https://rnli.org/safety/know-the-risks/tides>

Port Isaac inshore lifeboat Copeland Bell was tasked on the afternoon 25th August to reports of a recreational fisherman having been swept off rocks at Pehalick Point near Tintagel. The lifeboat arrived on scene just after Coastguard Search and Rescue helicopter 924 where they winched the casualty up and flew him to Treliske to be checked over. The lifeboat and volunteer crew stood by for support and watched the first informant make their way back up the cliffs.

Even with the beautiful weather and small swell it is so easy to be caught off guard and end up in a life threatening situation. Thanks to peoples quick actions this casualty has had a lucky outcome. It could have been very different. Please always wear a life jacket and #respectthewater

I should like to say a BIG THANK YOU to all of those on our RNLI team for their assistance in setting up and running Lifeboat Larks event on August 18th. Our crew, committee and helpers were second-to-none and without their dedication and hard work the event would not have been the success it has proved to be.

Di Salisbury

St Endellion & St Peter's Fete



This is second year of the joint Garden Fete and both the weather and the lack of the new Church Hall threatened to upset the success of the Fete, but all the difficulties were overcome and the sun came out making it a memorable afternoon for all.

Many visitors commented that the atmosphere created was like Fetes they had experienced as children. For the first time there was a competition for the children and the games and Puppet Show entertained the youngsters throughout the afternoon.

There were plenty of stalls for the adults where bargains could be had and the Grand Draw raised £1514 and the Bric-a-Brac achieving £1343.20. The total raised was £5100 which is 20% increase on last year and 86% increase on 2017.

The Fete committee would like to thank everyone who helped to make the afternoon such a success and to all the visitors and local residents who attended the event and helped to raise such a fantastic amount of money.

Taizé Service at St Endellion Church

6pm on September 15th

a peaceful end to the day with Taize chants, readings, prayers and silence by candlelight



PISCES exhibition
FISHERMAN'S
FRIENDS
OPEN DAILY IN
ST PETER'S CHURCH



VISUALISING THE GOSPELS

CREATING ART IN RESPONSE TO GOSPEL TEXT
LEAD BY REV. CORINNE TOURNAY

SATURDAY 21 SEPTEMBER
10AM - 3PM
ST ENDELLION CHURCH
£10
BRING A PICNIC LUNCH

BOOKING VIA:
WWW.ENDELLION.ORG.UK
07787 944935
OR CONTACT JUDITH POLLINGER VIA
01208 880181
JUDITHPOLLINGER262@GMAIL.COM



Church Diary Dates

Sunday September 1st

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday September 8th

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday September 15th

9.30am: Morning Worship,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church
6pm: Taize Service, St Endellion Church

Sunday September 22nd

9.30am: Holy Communion,
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church

Sunday September 29th

9.30am: Morning Worship
St Peter's Church, Port Isaac
11am: Sung Eucharist, St Endellion Church
4pm: Harvest Festival,
St Peter's Church, Port Isaac

St Peter's Church, Port Isaac

HARVEST FESTIVAL

Sunday September 29th 4pm

Demelza raises £600 for the Little Princess Trust



My six year old granddaughter Demelza had her beautiful hair cut for the Little Princess Trust a charity that makes wigs for sick children. It costs £500 to make these wigs and as a family we raised £600. I want to thank friends and family in Port Isaac and Boscastle who contributed to this amount.

Enid Andrews

Trelights Methodist Church

A huge thank you to the lovely people who came to the Chapel Garden Fete at Trelights on August 6th and helped make it a successful and enjoyable occasion. Being surrounded by so many cheerful friends and visitors encourages us greatly.

Our anxious preparations on the day were finally rewarded with a warm, sunny afternoon and people relaxed with tea on the lawn while the more energetic competed with the children at the bowls and croquet games.

We were blessed indeed to have for the occasion, once again, the beautiful garden of Mrs Pam Hall who not only had worked hard to prepare the venue but had also joined in the fundraising with games for the children.

We extend our grateful thanks to Pam and to Ross, without whose expertise we would have had no shelter, and also to the cheerful ladies who tended the stalls. To the valiant band of helpers, "Well done and THANKYOU".

The Chapel is looking resplendent following the redecoration by the Probation Service Organisation. Please find an opportunity to come and visit or attend our Evening Service at 6pm each Sunday.

The Harvest Services are on September 8th at 6pm and on September 9th at 7pm with a supper and an auction.

We look forward to welcoming you very soon.

Peter M Blake



Celebrating 50 Years - Barry & Anne Collins!!

27th September marks the Golden Wedding Anniversary of Barry & Anne Collins, married in 1969 at The Chapel in the Valley, Middle Street, Port Isaac.

Congratulations and lots of love from

Ross, Sarah, John, Nicki,

Angela, Stuart, Ronnie & Issabella



Congratulations

to Anne & Barry Collins who will be celebrating their Golden Wedding Anniversary on September 27th.

Congratulations and love from Auntie Win xx

Port Isaac Stay & Play

We meet every Tuesday morning in Port Isaac Village Hall from 10am-12noon

If you want to know more contact either Lucy on 07784 657921 or Cherry on 07900 527610

Scott Mann's update from Parliament

Vote of Thanks

Mr Andrew Bolton – Members were pleased to support Cllr. Raynor's vote of thanks to Mr Andrew Bolton, son of the late Mr David Bolton, a one-time Chair of the St Endellion Parish Council. He had made good and painted all the benches on The Main, Port Gaverne, unfortunately some vandals had since covered them with graffiti and he had to repeat the exercise. Such a public-spirited act is worthy of all our praise

Planning Applications

Members considered these planning applications and made the following responses to Cornwall Council:

1. PA19/03484, 30 Trewetha Lane, Port Isaac – replacement of two existing oil tanks with one larger oil tank. Members had no objection.
2. PA19/04437, Homer Park Farmhouse, Port Isaac – renewal of planning consent PA16/08897 - Demolition of dwelling and construction of replacement dwelling with new boiler house, swim pool house and associated works. Members supported this application.
3. PA19/06230, Land Adj. to Signal Field, New Road, Port Isaac – construction of a detached dwelling (renewal of planning permission no. PA16/07952 dated 21.10.2016). Members supported this application.
4. PA19/06263, Malahne, Church Hill, Port Isaac – retention and completion of alterations and repair works to Grade II listed dwellings and flat, including extension of existing loft accommodation, and the provision of a new dormer. Cllr. Williams said this application had been withdrawn. No further action.
5. PA19/06264, Malahne, Church Hill, Port Isaac – LBC for retention and completion of alterations and repair works to Grade II listed dwellings and flat, including extension of existing loft accommodation, and the provision of a new dormer. Cllr. Williams said this application had been withdrawn. No further action.
6. PA19/06286, Land S of 8 Rose Hill, Port Isaac – proposed dwelling - alterations to design of permitted dwelling (PA16/06555) with variation of condition 2 of PA17/05094. Members supported this application.

Planning Applications Approved by Cornwall Council

1. PA19/03833, Havenpark, Trewetha Lane, Port Isaac – single storey side extension.

Road Safety Issues

1. Church Hill Pinch Point – following advice from Mr Oliver Jones Members resolved to purchase two re-bound bollards, which would go down underground if struck, but then rise back to the intended height. Cormac had agreed to install these free of charge.

Public Conveniences

- i. Cleaning – Members have agreed to increase the contractors' hours to clean the public WCs at Roscarrock, New Road and The Main car park until the end of September 2019.

Playing Field

1. There had been more damage to the play equipment. Cllr. Raynor reported that Earthwright (the equipment providers) had offered to fit the new belt and also to fit new wooden clamps at each end at no cost to the Parish Council.

Over the last few weeks, I have been out and about in the constituency making the most of the recess to speak to our community about local and national issues. I've received a lot of feedback which I'll be taking back to Westminster with me when the House returns, and I have already asked my team to set up meetings with several Ministers so I can discuss issues with them directly.

Something which has been raised with me on the doors is dental provision across the whole of Cornwall. A lack of NHS dental care in Cornwall is a historical issue which has not been properly addressed by successive governments; I have been keen to do my part to solve it since my election four years ago.

I am aware that NHS dental patients in Cornwall have found it difficult to get an appointment for a check-up, routine dental work or children's orthodontics and this is something I and my fellow Cornish MPs are treating as a priority.

At a recent meeting chaired by Truro & Falmouth MP Sarah Newton, which I attended with my staff, local dentists and NHS representatives were able to discuss both the problems and the solutions to issues surrounding dentistry in Cornwall. Following on from this meeting I met directly with dentists who provide services to NHS patients here in North Cornwall. These meetings have allowed all the relevant parties to voice their opinions and suggestions on how government can better support practitioners and patients.

Behind the scenes, we have covered a lot of ground over the summer and there are many action points which I am keen to raise in Westminster. The Secretary of State for Health is a great supporter of Cornwall and his door is always open to us. I look forward to updating him when the House returns after the summer and putting across a strong case to his Department.

If you live in my North Cornwall constituency you may have received my survey on the BBC licence fee. I'm very happy with the amount of feedback my office has received with North Cornwall voicing some strong opinions about the service. A great many of you are disappointed with the BBC's decision to scrap the free TV-licence for over 75s and I have been clear that I want the BBC to meet the cost of this. People across North Cornwall value television to stay connected and I want the BBC to look again at further ways to support older people. Taxpayers want to see the BBC using the licence fee income better, including showing restraint on salaries for senior staff.

My staff and I are always happy to help with any constituent issues and you can book an appointment to meet me by emailing scott@scottmann.org.uk, or calling

St Endellion autumn events

Saturday 7 September, 7.30pm

DUNCAN HONEYBOURNE - PIANO RECITAL

Charity concert in aid of Music Therapy across Devon and Cornwall

The recital comprises works by John Ireland, Robert Schumann, Cecil Armstrong-Gibbs and Jean Joubert. £10 on the door

Friday 13 September, 7.30pm

ENDELIENTA ENSEMBLE

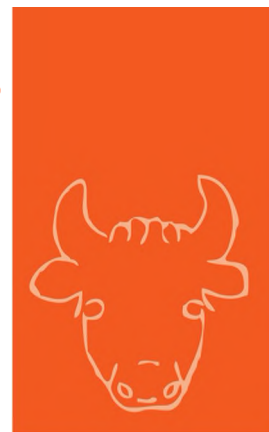
The chamber orchestra made up of gifted music students and young professionals from London and Cambridge, conducted by Rees Webster, returns with another electrifying performance which will include Mozart's Jupiter Symphony and Beethoven's 3rd piano concerto. £10

Friday 4 October, 7.30pm at St John's Church, Delabole

BAGAS DEGOL & ANNA MARIA MURPHY - THE WINDING WORLD

The chamber orchestra made up of gifted music students and young professionals from London and Cambridge, conducted by Rees Webster, returns with another electrifying performance which will include Mozart's Jupiter Symphony and Beethoven's 3rd piano concerto. £10

Tickets from www.endelienta.org.uk or 07787 944935



Endelienta

**NORTH
CORNWALL
BOOK FESTIVAL**



**St Endellion
10th - 13th October 2019**

www.ncornbookfest.org

Celebrating its seventh year, this year the festival boasts A-list novelists including Michael Morpurgo, David Nicholls, John Boyne, Tessa Hadley and Deborah Moggach, alongside writers in many other genres such as memoir, autobiography, poetry, history and sport.

Come and be entertained and moved by an international line-up of authors giving talks, performances, interviews, or in conversation with the likes of Patrick Gale and Petroc Trelawney.

Workshops include writing plays and writing for children. We celebrate Cornish heritage with a Cornish language workshop and our signature Cream of Cornish event for locally-based writers. In between events, you can enjoy exhibitions, café, bar, bookshop,

street music, and two amazing evening shows.

The weekend is preceded by two days dedicated exclusively to schools and young people. And don't miss our Book Festival taster event in Delabole (see Endelienta listings above).

**"What it lacks in size, it
certainly makes up for in
passion and authenticity"**

Country and Town House's Top Ten Literary
Festivals

**The Port Isaac Lifeboat
Appeal 2019 Virgin
London Marathon team
would like to thank
everyone who supported
their efforts, large or
small.
The total amount raised
was £10,372.**

THANK YOU

Thank you to my family and friends for making my 90th birthday such a special day. For all the lovely cards and presents, the beautiful flowers, for the lunch party at Trevathen which was most enjoyable, to Ross for inviting the St Minver Silver Band to come and play (what a super surprise that was!) and their concert included "Happy Birthday" and "Congratulations" and, of course, the "Flora Dance". Happy Days! And to Sarah for the delicious birthday cake which was enjoyed by many. My sincere thanks to all of you.

from Auntie Win

PS I have just had phone calls from Italy and Canada to say that they had watched our celebrations at Trevathen on Facebook.

Jerry's Morning Has Broken

I'm watching her closely, she's drunk up her tea
I've been in the garden and done my first pee
I'm watching her going up the stairs to get dressed
I'll follow to see what she's going to do next

"Shake a leg" she yells to the snoring old man
I go to his side to defend if I can
He doesn't do early if left on his own
He opens his eyes and I hear his first groan

I'm watching her shower, it's so steamy in there
She's taking her time and she hasn't a care
I'm waiting and itching to go for my walk
To get all the gossip and read all the talk

There's Barney and Biffa and Bruno and Bryn
Their smells are all different – I get in a spin
Sniffing them out to see who got there first
It's just so exciting I think I might burst

It's hair drying time, I so hate the hot blow
It's taking too long, she can't possibly know
I have to get out there, I'm trying not to panic
I'm a dog in a rush and need to go manic

The old man's sat up now and started to chatter
My needs are ignored, I just don't seem to matter
She's promised him tea and some hot buttered toast
Perhaps he can wait as I need her the most

I'm watching her go down the stairs in her clothes
I notice her feet, I can still see her toes
Oh no! She's forgotten to put on her feet
Soft socks and hard shoes for walking the street

Expecting she'll notice she made a mistake
I follow her into the kitchen and wait
She's making the tea and there's clattering plates
And still she's not noticed that I'm in dire straits

I'm watching her doing things for him and not me
It's really not fair as I am her priority
I'm staying quite calm but I just slipped a whinge
She tells me "five minutes and then we can binge"

I'm watching her closely, her socks are in view
I'm containing myself but she must find a shoe
Oh darn it! I took one so now I'm in trouble
I really must find one quick, on the double

Two shoes she has got, and her coat from the hall
Some poo bags, her phone, my lead and a ball
So, now I am waiting and bridling my glee
It's nearly my time for sniffing each tree

We're out of the door. At last, it's fresh air
A sky that is clear and a hedge that's still bare
The smell on the gatepost is from a new pooch
Who dared to do that? I'll just have to mooch

She's watching me now as I pee on the verge
I'm looking around to see who may emerge
I look to the left and I look to the right
Oh no! It's the bulldog who gives me a fright

There's Pippa, she's gorgeous, as good as a dollar
A bow in her hair and a sparkly collar
She loves me I know so I strut and I whistle
She leaves me a message to read, on a thistle

We've done our short walk to welcome the day
And later we'll go to the park for more play
With Harry and Enzo and Molly and Mark
There'll be treats and bright balls – I so love the park

She's watching me now and I'm home for a rest
I'll head for the sofa, the view is the best
I'm watching her now and she's making more tea
She'll come and sit down, making more time for me

by Carolyn Luckhurst

Websites of the Month

Last month was all about butterflies and moths, of which there have been loads. I hope you had a good time recording them. That exercise got me thinking about other creepy crawlies in general and going back to the July 2018 edition of Trio I wrote about stick insects and how they have come over to the UK and settled here. Well they are back in the news with rather sensational headlines ([https://is.gd/stick insects news](https://is.gd/stick%20insects%20news)). The story is that these stick insects who don't need to mate to produce offspring (it is called parthenogenesis ([https://is.gd/P genesis](https://is.gd/P%20genesis))) have given up mating in the UK and gone over completely to this approach. This has produced headlines with lots of chuckles of course, and the University in New Zealand that has been doing the research has a better account [https://is.gd/Stick insects](https://is.gd/Stick%20insects). In any event I decided to consult our local expert, Malcolm Lee, who is the national reporter on these species and who knows loads about all this. He says the jury is still out but that it is likely that this species has been like this since it arrived and has not given up sex because it is in the UK (you can read Malcolm's website where he describes the Port Gaverne flora and fauna ([https://is.gd/M Lee](https://is.gd/M%20Lee))).

Last year we had stick insects in our front garden, and I have searched again for them this year but haven't seen one. Their camouflage is so good it's likely that they are there in plain sight and I am not seeing them. If you wanted to get more involved in understanding about these amazing creatures that have such good camouflage (check out the leaf insects <https://www.youtube.com/watch?v=tZ6QSyGb5U>) you could join the Phasmid study group <https://www.facebook.com/PhasmidStudyGroup>.

By contrast there are another group of interesting creatures that don't get a very good press, and that is spiders. Cornwall has a good selection! If you look at the website for recording spiders <https://erccis.org.uk/WIS/RecordingGuides/Spiders> it tells us that the United Kingdom has 647 species and of those, 60% (390) have been recorded in Cornwall. Apparently in a couple of acres of ungrazed meadow in this neck of the woods you could expect to find 4 million spiders. That is a seriously large number. To find out more about all these spiders the best place to start is with the website of the British Arachnological Society [https://is.gd/UK spiders](https://is.gd/UK%20spiders). You will be pleased to know that this site does not only give you lots of pictures and information about spiders but also Harvestmen (daddy longlegs), pseudoscorpions and scorpions. There are pseudoscorpions in the UK (24 species) and apparently there are also some isolated populations of non-indigenous scorpions in the UK too ([https://is.gd/UK scorpion pics](https://is.gd/UK%20scorpion%20pics)).

One reason for writing about spiders is that I found and recorded a nice example of the Noble False Widow spider in an old cardboard box (see picture) locally. This spider can give you a bite a bit like a wasp sting, but bites are very rare. You can find out all about them by downloading the information sheet from here [https://is.gd/noble false widow](https://is.gd/noble%20false%20widow): This says:

"Although the Noble False Widow does have a more toxic bite than any native British spider, there are very few confirmed cases of them biting and none of serious injury as a direct result. Reliable evidence is hard to come by. In the absence of a bee or wasp, it's easy to jump to the conclusion that a spider is the culprit, but the perpetrator is rarely caught in the act for accurate identification."

I hope you have a good time with your wildlife adventures, with the web to help.



Chef Lanyon's Helston Pudding

I found this traditional Cornish recipe in my old man's recipe book from many moons ago. Nice memories ...

The Helston pudding dates from pre war when things were a tad tight to say the least.

Before you start, butter a pudding basin and prep a larger saucepan with folded sheets of parchment paper to help protect the base of the pudding.

Ingredients

2oz each of raisins, currents, suet (veg), muscavado sugar, breadcrumbs (stale is best), ground rice and finally plain flour
½ teaspoon bicarbonate of soda
½ teaspoon of mixed spice
Pinch of salt
Milk to mix ('bout 5 fluid ounces)

Method

So very easy, just mix it all together. I reckon about 5 ounces of milk, semi skimmed is fine if full fat milk is not available. Tip the mix into your prepped basin and cover with parchment paper and foil and place into larger saucepan. Pour in boiling water up to half way up the basin and set to steam for 2 hours. Once steamed remove from saucepan and leave to cool slightly before removing lid and turning out onto a plate. Only one way to serve this delicious steamed pudding with a "GERT BIG DOLLOP OF THE CORNISH ELIXIR OF LIFE ... CLOTTED



Mrs L sticks with the other Cornish elixir of life ... Crab

Chef Lanyon
@ The Chapel
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As many of you know I worked for many years picking the beautiful crab that is landed in Port Isaac. I was racking my brain for a lovely, light, fresh recipe and of course nothing beats a fresh Port Isaac crab salad. Just purchase a fresh dressed crab in the shell and plonk it on the salad of your choice ... but that's not much of a recipe.

I got to thinking about a customer who visited regularly and brought 12 dressed crabs at a time. She told me she would have her friends around for dressed crab. I said she had a lot of lucky friends. She laughed and said she would use six when they were fresh and then double wrap the other six in clingfilm and pop in the freezer.

I asked if this didn't ruin the crab and she said no and that when she fancied a little luxury she would get a dressed crab out of the freezer, allow it to defrost still in the shell and at teatime put a little double cream into the crab meat give it a gentle stir, then cover the open top with some grated cheddar and breadcrumbs mixed together, and place in a preheated medium oven until the top is browned.



My lovely customer used to tell me it wasn't quite as good as fresh Port Isaac crab but if you live elsewhere and can't easily get it fresh, it's the next best thing.

continued from page 10

Miscellaneous Items

1. Monitoring Officer – Members viewed favourably a proposal to employ someone to check on and resolve all day-to-day issues, e.g. checking the cleanliness of the public WCs, ensuring the PAYE doors are working, monitoring PROW cutting and other contract work, etc. Cllrs. Coles, Raynor, Williams, Penny and Webster will confer on a job description for consideration at the Parish Council's September meeting.
2. A donation of more than £800 had been made to the Village Hall Committee, which had been raised by allowing parking on the hardstanding area during the Fisherman Friends' concerts.

Meeting Dates

are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Meetings

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Wednesday September 4th

The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon

September 7th-8th

PORT ISAAC SHANTY FESTIVAL

(see page 3)

Saturday September 7th

Duncan Honeybourne Piano Recital at St Endellion Church - 7.30pm

Tuesday September 10th

Roadside household recycling collection - bags out by 7am

Wednesday September 11th

The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon - **COME AND JOIN IN THE CAFE'S FIRST BIRTHDAY CELEBRATIONS**

Friday September 13th

The Endelienta Ensemble at St Endellion Church - 7.30pm

Monday September 16th

PICC - Mamma Mia: here we go again Movie in the Village Hall - 7pm

Wednesday September 18th

The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon

Monday September 16th

PICC - Mary Poppins Returns Movie in the Village Hall - 3.30pm

Tuesday September 24th

Roadside household recycling collection - bags out by 7am

Wednesday September 25th

The Wednesday Morning Pop-up Cafe in the Village Hall - 10am-12noon

Sunday September 29th

St Peter's Church Harvest Festival - 4pm

Monday September 30th

PICC - look out for posters

Friday October 4th

Bagas Degol & Anna Maria Murphy - The Winding World at St John's Church, Delabole - 7.30pm

Saturday October 5th

Art Trip to Tate St Ives to see Otobong Nkanga's exhibition - see p6

Thursday October 10th

Art Talk- Silver Filigree and Traditional Arts in Kosovo with Elizabeth Gowing in Port Isaac Village Hall - 7pm

Friday October 11th

RNLI Harvest Festival

WHAT'S ON

Thursday October 10th - Sunday October 13th

North Cornwall Book Festival

Thursday October 17th

Art Talk- Modernism in St Ives with Olive Maggs in Port Isaac Village Hall - 7pm

Saturday October 26th

Port Gaverne Fireworks

Saturday November 9th

RNLI Handover of new Boat

Friday December 6th

BIG Switch-on of Port Isaac Christmas Lights

December 14th - December 30th

The Village Hall Christmas Festival

Saturday December 14th

Santa's visit to the Grotto in Port Isaac Village Hall

Sunday December 15th

Christmas Community Lunch in Santa's Grotto in the Village Hall - 1pm

The Old Port Isaac Carols singalong in Santa's Grotto with Christmas tea and mulled wine - 5pm

Monday December 16th

Village Hall Christmas Cash Bingo in Santa's Grotto - eyes down 7.30pm

TRIO COPY DATES 2019

MONTH	COPY DATE
October	September 24th
November	October 25th
December	November 29th

REGULAR EVENTS

Port Isaac Stay & Playgroup - every Tuesday from 10am to 12noon in the Village Hall. Contact Lucy on 07784 657921 or Cherry on 07900 527610

Yoga - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey on 01208 880215

Port Isaac Chorale - Every Tuesday from 7.30pm-9.30pm in St Endellion Hall. Contact Janet Townsend on 01208 880505

Golden Circle - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

Mobile Post Office - in the Main Car Park - every Wednesday 12.30pm-1.30pm

Church Services

St Peter's Church, Port Isaac

First & Third Sundays in the month - Morning Worship at 9.30am and Second, Fourth & Fifth Sundays in the month - Holy Communion at 9.30am
Every Monday at 9am - Morning Prayer

Trelights Methodist Church

Sunday Service at 6pm

★ Port Isaac Village Hall ★
Community Cafe
every Wednesday 10am-12noon ★ everybody welcome