

The image shows two black and white seagulls perched on a rocky, moss-covered cliff. The seagull in the foreground is facing left, while the one behind it is facing right. The background consists of a blurred ocean with white-capped waves. In the top right corner, the word 'trio' is written in a stylized, outlined red font, with a solid red heart symbol positioned above the letter 'i'.

# trio



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Front cover:  
Photo taken by Sally Stratton



## Christmas Lights

Well you can't predict or rely on the weather, and by the second week in December it became quite apparent that wind (and not the sprout related kind) was to become a major factor for 2019's Christmas Lights.

The run up to December 6th, Switch On day, the BBC weather app was in constant use with the threat of gales and rain putting us all on tenterhooks, but after much praying to an higher entity the rain passed and the winds relented long enough for us to get our candlelit procession with Port Isaac children, adorned with antlers, escorting our very own Reindeer (made by our very talented Caroline Cleave) through the winding streets down to the Platt where refreshments were waiting in the Boathouse (huge thanks to Barbs, Cheryl and Dee). Thanks ladies you are all legends. Then with the clock ticking round to 6 o'clock and with a very hearty HAPPY CHRISTMAS, hey presto ... on came the lights. Another beautiful Port Isaac event well supported and enjoyed by all as the crowds wandered home through our streets filled with twinkling lights. It was magical.

But then came the wind ... and boy did it come, reeking havoc on our tree up at Trewetha which seemed to shed its balls at every opportunity. However, the Trewetha branch of our workforce strived to re-ball it every morning. Well done team. The wind also took its anger out on our "Merry Christmas" sign lifting it and its fixings out of the ground and also blowing over our tree at the carpark.

Due to work being done at St Peters, our "real" tree, generously donated by Trevathan Farm had to be sited across the road at the Pump and with all the traditional handmade decorations (made by Shelly and Billie-Jo Williamson) our tree looked a picture ... but you guessed it, not for long as "windy corner", as we will now know it, blew it left then right and then shook it like a rag doll.

Our now traditional Lobster Pot tree (thanks Tom), stood up exceedingly well to the storms although our tree topper "Dolphinius" needed a slight respite from the weather. However, she made a welcome return for Christmas and the New Year celebrations.

Every year we learn something new and this year was that we can build our own trees. These are a work in progress but the response we've had from people was brilliant and it was wonderful to see that Ron & Joyce at Mayfield build their own one. These "sculptures" will be making a very welcome return next year ... oops, I mean this year. And finally a huge thank you to all the businesses and private house owners who gave us permission to plug into there properties. We can't do it without you.

PORT ISAAC ILLUMINATIONS TEAM

## CHRISTMAS DECS AROUND THE VILLAGE

I would just like to say a huge thank you to Chris Lanyon and his amazing team who put up such a variety of decorations over Christmas. They really brought the spirit of Christmas to the village; they were so beautiful and so colourful. Well done everybody. I just wish they could stay up all year!

Thank you again. Long may the great spirit of Port Isaac persevere.

Annie Price

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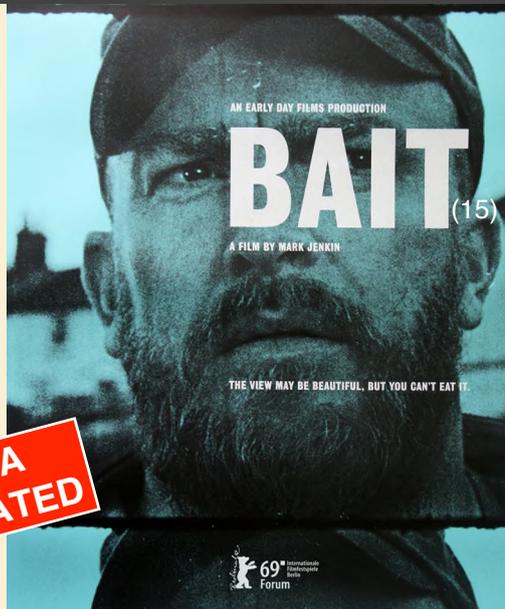
# P I C C

## PORT ISAAC COMMUNITY CINEMA



in Port Isaac Village Hall

**Monday 27<sup>th</sup> January 7pm**  
£4 members, £6 non-members



**BAFTA  
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**Monday 10<sup>th</sup>  
February**  
7pm

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JESSIE BUCKLEY JULIE WALTERS

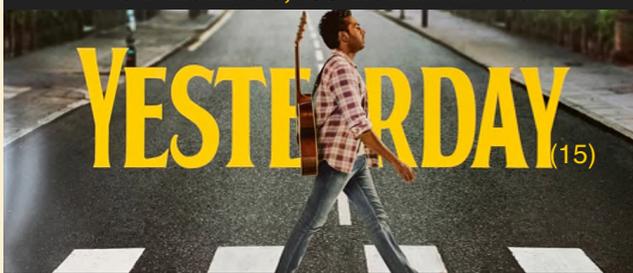
### **WILD ROSE** (15)

Fresh out of prison, a Scottish woman juggles her job and two children while pursuing her dream of becoming a country music star. She soon gets her chance when she travels to Nashville, Tenn., on a life-changing journey to discover her true voice.

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Jack Malik is a struggling singer-songwriter whose dreams of fame are rapidly fading, despite the fierce devotion and support of his childhood best friend, Ellie. After a freak bus accident during a mysterious global blackout, Jack wakes up to discover that The Beatles have never existed. Performing songs by the greatest band in history to a world that has never heard them, Jack becomes an overnight sensation.

Simba idolises his father, King Mufasa, and takes to heart his own royal destiny on the plains of Africa.

But not everyone in the kingdom celebrates the new cub's arrival. Scar, Mufasa's brother - and former heir to the throne - has plans of his own.

Adults: Free for members,  
£6 non-members.  
Children: £3 (must be accompanied by an adult)



3.30pm  
**Saturday 15<sup>th</sup> February**

Find us on Twitter @PortIsaacCinema and like our Facebook page: Port Isaac Community Cinema to get up-to-date information about our films. If you have any ideas of films you would like to see or would like to help out at PICC, please let us know.

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# what an amazing end to our amazing year

We started 2019 with a generous donation of £5000 from the Fisherman's Friends and we were over the moon. We were on our way on what we fully expected to be a long journey, to getting our extension built. Little did we know then what a momentous year of fundraising for the Hall it was going to be, a year that ended as it started, with another generous donation from the Fisherman's Friends of £7300. What happened in the interim months was nothing short of amazing.

Our small Management Committee were on a mission. For years the planned side extension to the Hall to house multi-access toilets at hall floor level had been our aim, but just keeping the hall running and up to scratch took up all of our time and the money was raised. We needed to move mountains to raise the money for the extension, and in 2019 move mountains we did.

A plea for help brought in not only money but found us Sharon, our "Grant Princess" to help with grant applications plus a band of "Village Hall Heroes" who helped with putting up a new stage ceiling, digging drains, building cupboards, getting rid of years worth of rubbish, extending and refurbishing bar area, and all the other jobs that had been piling up. The biggest thank you to Nigel Andrews, Lewis Bishop, Tom Brown, Jeremy Brown, Alan Davies, Sam Eaves, Andy Hallam, Bertie Herrtage, Johnny Mc, Andy O'Brien, John Salisbury, Simon @ Cliff Cottage, John Sproull, Pete Tomlinson and Martyn Thomas.

Cornish businesses got on board including B&Q in St Austell, Bodmin Flooring, Bodmin Concrete Product, Jewsons, Plumbase, Travis Perkins, Western Supply and the Port Isaac Co-op. The Co-op is a huge supporter of the Hall in many ways including their Local Community Fund. Port Isaac businesses gave their support - The Angry Anchovy, Boaty, Cliffside Gallery, The Cornish Arms & Krab Pot, The Cornish Cove, Dennis Knights, Eileen's Takeaway, Fresh from the Sea,

The Golden Lion, Harbour Treats, The Ice Cream Parlour, Just Shellfish, Lazy Days, Malcolm Barnecutts, May Contain Nuts, The Mote, Nicki B's, The Peapod, Port Isaac Pottery & Chapel Cafe, Posh Potato, Reeve's Ice Cream, Secrets, Sproulls & Walk & Talk.

## Donations

Financial donations included £2000 from Keith Schilling & Amanda Waygood, £7500 from The Doc Martin Fund, £1305 from Ian McNeice from money he collected from having selfies taken with visitors, £275 from Waitrose Community Matters, Private donations of £1320 and £1428 from the Co-op.

## Grants

Grant wise the Hall was lucky enough to secure £500 from the Norman Family Trust, £8000 from the National Lottery, £1000 from The Trefoil Trust, £250 from the Edward Oldham Charity, £7500 from the Garfield Weston Trust, £600 from the Elmgrant Trust, £2000 from the 29th May 1961 Charitable Trust, £1500 from the North Cornwall Business Club and £2000 from the North Cornwall Fund.

## ACRE (Action in Communities in Rural England)

And as we ended the year we got the amazing news that ACRE (Action in Communities in Rural England) were giving £13746 from its Village Hall Improvement Grant Fund.

It was certainly not a case of the Management Committee just sitting back and banking all the money! Fundraising for the Hall went into overdrive and a Crowdfunding scheme in the summer raised £9869 and the first ever Port Isaac Shanty Festival brought in over £9000.

We were able to buy 120 new chairs for the hall plus garden benches, pay for a new roof over the existing kitchen and toilets and the outside wall above it rendered and have the hall electrics completely overhauled, updated and certified.

Speaking for the Village Hall Committee, Dee said: "We can't quite believe we have raised just over £71000 in just one year ... but we have. We thank everyone for their wonderful support in what has been an amazing year of fundraising for us. We can now get on with the extension and we are all so excited for the year ahead."

Work starts on building the extension on February 17th this year and when that is completed, the Hall kitchen will be enlarged and refurbished too.

## WATCH THIS SPACE

the **BIRDS** are BACK in TOWN

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**SATURDAY MARCH 14<sup>th</sup>**

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The next round of Co-op fundraising has already begun and once again Stay & Play and the Village Hall have been chosen as recipients.

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You can do this online or talk to Craig instore and he will be able to help you.

## THE BOOKSHELF

And a final "don't forget" - the used book shelf in the Co-op supports the Hall and the Playgroup. If you have any books to donate just take them up to the Co-op and put them on the book shelves - they are near the cash point.

**Together we can make great things happen**

## PORT ISAAC VILLAGE HALL HIRE

For full details or to make a booking contact Dee on 01208 880905 or [dee54@mac.com](mailto:dee54@mac.com)

Your Hall for YOU to Use



# THE PORT ISAAC SHANTY FESTIVAL 2020

*September 11<sup>th</sup>-13<sup>th</sup>*

Plans are already well in hand for another spectacular Shanty weekend, raising funds for Port Isaac Village Hall.

Anyone wanting to take part please email [portisaacvillagehall@gmail.com](mailto:portisaacvillagehall@gmail.com)

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Please contact Kat on 07984 787508 on  
Alice on 07477 805533 if you would like to buy and  
name a horse for £5 or sponsor a race for £25.

Further details will be on the  
Port Isaac Carnival Group Facebook page.  
**See you all there!**

## Chorale are back to work

Like most choirs, the Chorale were in demand during December and it was quite a relief to make it to our final event, the wonderful Service of Nine Lessons and Carols at St Endellion Church on the 22nd December.

However, all work and no play isn't good for any of us and the Chorale Christmas dinner at The Old School Hotel was a great success as usual. Organised by Chorale member, David Ward, we had a wonderful meal with great service, followed by some very enthusiastic singing of carols led by Janet Townsend. The few residents at the hotel quickly disappeared to their rooms as the roof was raised with renditions of The Holly and the Ivy and our particular favourite, The Twelve Days of Christmas with exuberant actions.

It's now back to work as we prepare for the Wadebridge Festival of Music and Speech, an important annual event for us.

Since we returned after Christmas, we've welcomed four new members, which means there are now around 40 of us. Let's hope they've learnt the actions for the Twelve Days of Christmas by December!

Morwenna Vernon



John Brown tells *Trio* that now he is semi-retired he is really enjoying watching the birds in his garden. It was brought to his attention that some people who cannot get to the shops are unable to get bird feeders and bird food. So, for anyone who wants to enjoy watching the birds in their garden, John will supply and install a bird feeder for you and keep it topped up with food if necessary. Give John a call on 07815 156632 and he will discuss your requirements with you.

## TABLE TOP SALE

Saturday, 8<sup>th</sup> February 2020

09:30 to 12:30

St Endellion Hall

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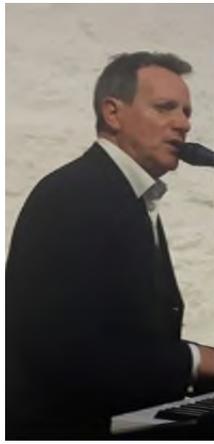
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**ENDELIENTA**



## Events at St Endellion in February

### Friday 7th February, 7.30pm Melange

North Cornwall's Melange blend a stunning mix of voices with instrumental energy. Adrian Jones' piano weaves between the solid root of Neal Jolly's bass, while Morwenna Gee and Lynette Rentoul build rich textures and close harmony tension in a repertoire that melds classic jazz with Latin and contemporary songs. Presented in conjunction with Cornwall Folk Festival.



### Saturday 29th February, 7.30pm Cornwall Camerata - JS Bach Brandenburg Concertos 3, 4, 5 and 6

The maiden performance by this new chamber orchestra features soloists Phil Montgomery-Smith, Paul Comeau, Emma Jose, and Karen Green. Conductor: Janet Wright.

Tickets £10 from [www.endelienta.org.uk](http://www.endelienta.org.uk) or 07787 944935.

Accompanied under 16s free.

## Endelienta Open Exhibition, St Endellion Hall

Saturday 29 February to Sunday 29 March, weekends 11-4.

A wide variety of work by artists from Cornwall and Devon. Entry free

### What is a 'souper' lunch?

The 'souper' lunch is a community lunch held each month at the community hall at St Kew Highway. It is open to people of all ages and a very warm welcome is extended to all. A choice of homemade soup and bread, followed by a range of puddings and coffee or tea is available. The atmosphere is friendly, and we all have a lovely time.

There is no charge as such, but donations are collected and each month the group decide which charities to send to. In 2019 we collected almost £1000 and contributed to the work of Dreadnought, Sowenna Appeal, Shelter Box, Carrick Mind, Mermaid Centre and Children in Need to name but a few.

The 'souper' lunch will be held on Fridays: 17th January, 14th February, 21st March, 17th April, 15th May and 19th June. We invite you to come along and see for yourself that the 'souper' lunch is indeed super!

We look forward to welcoming you.

*Rev'd Geraldine*



## Update on St Peter's Church

When the scaffolding went up it was obvious that both the Chancel and the Nave roof needed a lot of work to ensure that the Church remained water proof. Hopefully we will have some drier, less windy weather to enable the work to be completed.

In the new year the contractor was able to move into the building itself and when the floor boards were lifted it was obvious that the joists were rotten and needed to be replaced. This work is being completed and the old floor board relaid.

The new sockets have now been put in and all wiring will now be behind wainscoting. We also hope to have some floor sockets in the body of the church giving us more flexibility. The new heating will be at floor level and hopeful will warm the congregation and not the roof!

The opening has been made from the porch into the new toilet area, which is under construction. It will be Easter time before the work is completed and in the meantime the Church has transferred to the Village Hall for all the 9-30 services. Please come and join us.

*Pat Pearson, Chapel Warden*

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# BOB STANDS DOWN AFTER 15 YEARS

After 15 years as Port Isaac RNLI Committee Chairman, Bob Bulgin has decided to stand down. To say he will be missed is an understatement.

Bob has worked tirelessly to fundraise for the RNLI and to secure sponsorship from a number of local businesses including Sharp's Brewery, Nathan Outlaw, Wavehunters and Buttermilk Confection. Bob also organises the printing of Port Isaac RNLI Christmas Cards and the annual prize draw for an original painting by a local artist, and a wide range of historic Port Isaac lifeboat images which raises thousands of pounds each year. Bob was also instrumental in organising the first Port Isaac RNLI Charity Ball which led on to other Balls raising a huge amount. Bob and his Port Isaac team have also organised fundraising sporting clay shoots in conjunction with the local Colquite Estate attracting teams throughout the county and raising further substantial funds. Plus he was joint Editor with RNLI historian, Nicholas Leach in the creation of a book charting the history of Port Isaac RNLI from its foundation in 1869, from which over £6000 has been raised

In 2013 Bob's dedication and hard work was recognised formally when he was awarded the British Empire Medal (BEM) in the New Year's Honours List. By 2013 Bob had raised £180,000 for Port Isaac RNLI, a figure which now totals over £540,000. The BEM nomination said "through his enthusiasm, determination and hard work, he and his dedicated team have arranged numerous balls, auctions, lotteries and tea parties to keep the charity at the forefront of peoples' minds," it went on to say "He also gives his time freely to encourage young people to become involved with the RNLI. He provides enduring and vitally important pastoral care for the crew. He genuinely cares about people and has an authentic and long held passion for the lifeboat and its place in the community."

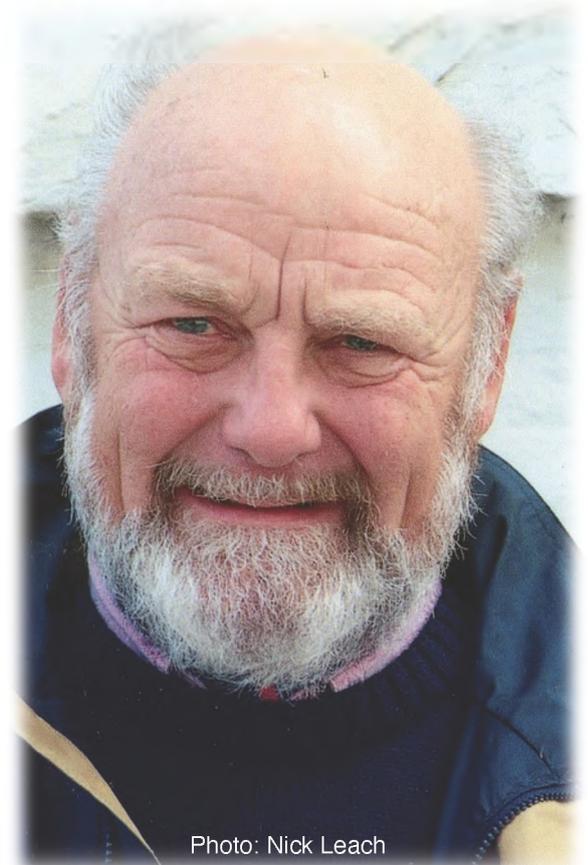


Photo: Nick Leach

These outstanding fundraising efforts were again highlighted during the station's new lifeboat appeal. Over £80,000 has been raised to secure the station a new D-Class Lifeboat, which came on service in October 2019. The campaign ran for 18 months with the target of £52,000 being raised within the first six months of the appeal. All remaining monies will help fund the further development of associated facilities.

In recognition of Bob's huge contribution and dedication, the RNLI have appointed him President of Port Isaac Lifeboat Station. In a letter to Bob, Mark Dowie Chief Executive of the RNLI says "I would like to thank you for continuing to give your skills, your time and your commitment to the RNLI and to the vital work of saving lives at sea." In reply Bob stated that he was "indeed honoured to be considered for such a position following on from the Stations past highly respected President, David Castle, and pledged to continue his efforts in representing the best interests of both Crew and Committee of Port Isaac RNLI."



Bob has made a formal proposal to hand over the responsibility of Chair for Port Isaac to Megan Rees who has unanimous support of the Committee, Crew, Executive officers and those associated with Port Isaac RNLI. On making this proposal Bob stated that he was very confident that Megan will prove to be an excellent choice in order to ensure the consolidation and future continuity of support and communication with Committee and Crew and looks forward to a close, ongoing, working relationship leading up to Megan's formal appointment at the forthcoming Port Isaac RNLI AGM on April 2nd.

## AN ADVENT GIFT OF £12,000 PRESENTED TO PORT ISAAC RNLI BY OUTLAW'S FISH KITCHEN

Kicking off advent with a charitable gift, the team at Outlaw's Fish Kitchen presented a cheque for £12,000 to Port Isaac RNLI lifeboat station.

The money was raised from adding a £2.50 donation to every bill and £800 from a special fundraising evening with rugby legend and MasterChef winner, Phil Vickery, plus a silent auction of a signed 2003 replica world cup shirt and biography which raised a further £400 in funds.

Ian Dodgson, General Manager for Nathan Outlaw Restaurants said: "We would like to thank all of our Fish Kitchen customers for their continued support and those who attended the charity evening and participated in the silent auction. Everything we raise goes towards the vital work of saving lives at sea".

Outlaw's Fish Kitchen is committed to raising funds for their local RNLI lifeboat station in Port Isaac and will continue to do so all year round.



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# SANTA'S GROTTTO

Once again we were very lucky that Santa was able to spare the time to visit Port Isaac Village Hall's Grotto just before Christmas. And once again the transformation of the Hall was magical ... taking away everyone's breath as they stepped through the door. And the children all had a lovely time, singing and decorating biscuits and talking to Santa.

Santa and Mrs Claus, Rudolph, Mrs Christmas Pudding and all the elves all enjoyed the day a lot too, so much so that they have put a date in Santa's Visit Diary for this year (Saturday December 12th).

The traditional Port Isaac Carol Night was also held in the Grotto on the night after Santa's visit. The hall was packed and a lovely time was had by all.

Next it was Christmas Prize & Cash Bingo in the Grotto that was a really great night. Christmas Music Bingo is now going to be a regular part of this event.

Santa made a return visit for the Stay & Play Group Christmas party. We are so lucky he likes Port Isaac so much and can spare the time for so many visits.

And finally there was the Community Cafe Christmas Party. We were lucky enough to be given Michelin star nibbles courtesy of Nathan Outlaw and the icing on the cake was the children from Port Isaac School coming along to sing carols and Christmas songs. A very special morning indeed.

So ... the Grotto is now a Port Isaac tradition ... see you in December.



A huge thank you to The Golden Lion, The Slipway, The Peapod, The Mote, Chapel Café, Harbour Treats, KILN - Rich & Sue Pullin, John McDonnell & Sons, Cornish Cove, Nigel & Marion Andrews, Ken & Sonia, Liz & Peter Rowe, Jo & Yvonne Taylor, Wez, John Brown, Saul & Jean, Buy The Book, Annie Price, Martyn Dempsey, Mike & Sylvia Daly and Mike & Linda Collins for donating so generously towards the New Year's Eve fireworks.

## NEW YEAR'S EVE FIREWORKS

We hope you all enjoyed the show! Happy New Year from all of us at The Old School.

*Jake, Rick & Bonnie*



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# February ... a funny month

February! It's an odd month isn't it? One I always seem to struggle with. It's a bit like running the last leg of a race when you are tired but must keep going until you get to the finish line. The finish line being the end of winter and the start of spring.



It's still cold in February, sometimes we have the worst weather including blizzards and snow and yet, we know that under the surface of creation there are hints of hope that spring is just around the corner. We have the Occasional dry or sunny days, Hellebores, primroses and crocus starting to break through the hard surface of the soil, all are welcome signs that spring is on its way.

Isn't that exactly how God is at work in our lives? In the difficult winter times that seem to go on forever, when circumstances are bleak and all can look bare & fruitless. We can feel that there is no hope of change.

However, under the surface, in our hearts & lives the mystery of God is at work, for all things have a season and whatever we are going through right now will also pass.

As we hunker down in February preparing to see out the last days of winter, let us not forget that we serve a faithful God, who loves us & is with us, who is at work in our lives, in our hearts and circumstances all the time, even when we can't see or feel God is there. God is working under the surface to bring out those new shoots of life and hope, and as we keep trusting and praising God we can be encouraged to wait well for spring time is on its way.

"We thank you, Lord, for the brightness of winter sun; for winter's work and entertainments; For the warmth of home and all its comforts. Lord of all times and seasons, we thank you that there is no season without its satisfactions, and there is no time without its promises. Lord, when we have no light, show us the treasures of darkness. Amen." (from: More Everyday Prayers)

*Every Blessing. Rev'd Geraldine*



## Sunday Services in Port Isaac & St Endellion

**EVERY SUNDAY**

9.30am - St Peter's Services in Port Isaac Village Hall (*whilst the Church is being renovated*)

11am - Sung Eucharist in St Endellion Church



# St Endellion Reflective Days

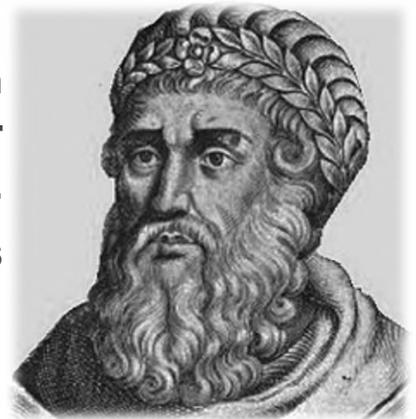
**Saturday 15 February, 10am**



## The Place of Silence – Jonathan Mosedale

We will reflect on our experiences of silence and look to the rich inheritance of Christian practice and theology, to ask what role has silence in the response of faith? Does silence help us remember who we are in a noisy world, or is it a way of evading uncomfortable truths?

**Saturday 21 March, 10am**  
**Knowing your Herods - Andrew Lewis**



**Saturday 25 March, 10am**  
**The Sacred in Literature - Salley Vickers**

Places on the Reflective Days are £10 and can be booked at [www.endelienta.org.uk](http://www.endelienta.org.uk) or on 07787 944935

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So far this winter we seem to have fared weatherwise but we are still asking for your help whilst you are out and about.

If you notice the Leats at Port Isaac and Port Gaverne are blocked in any way please let one of the flood wardens know.

You can call:

Gavin Tyler - 01208 880497,  
Andy Penny - 07532 478451,  
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# Love IS IN the Air



It's romance time again!

Now I am not too good at being romantic but I try. And I think a home prepared meal for a loved one is one way to show them how much you love them but remember it's not just for valentines !!!! The effort and time you put into it is up to you but the more time you sit with your beloved the better you'll both feel.

A suggestion is if you can use a slow cooker or a low oven that you can put it in early and spend sometime with your loved one (taken from Lessons in Love by Chris Lanyon).

## beuf bourguignon

One of my favourites consists of beef, onions bacon and red wine ,who could want for anything else and all topped with cheddar and Parmesan scones. Yum yum. Everybody has got their take on a beuf bourguignon and here's mine.

- |                                |  |
|--------------------------------|--|
| 1 Cornish onion, finely diced  | 8 small pickled onions (soaked in water then washed) |
| 4 rashers streaky smoked bacon | Tomato purée   |
| 4 cloves of garlic             | Copious amounts of red wine.                         |
| 2lb diced beef                 | Spoonful of sugar                                    |
| 8oz chestnut mushrooms         | Salt and pepper                                      |
| a good sprig of fresh thyme    | Worcester sauce                                      |

### Cheese scones

- |                               |                             |
|-------------------------------|-----------------------------|
| 1lb self raising flour        | 1/4 teaspoon smoked paprika |
| 4oz soft marg                 | and some chopped parsley    |
| 3oz vintage cheddar           | Salt and pepper             |
| 2oz Cornish blue cheese       | Milk to mix                 |
| 1/2 teaspoon of baking powder |                             |

### Method

- Toss diced beef in a tad of oil, season and put in a roasting tin and put in oven @ 200° for 45 mins.
- Meanwhile dice onions, cut bacon into lardons and chop garlic and fry in oil with a bunch of thyme (tied with string for easy removal).
- Slice but don't cook mushrooms, soak-the pickled onions for 20 minutes and rinse off and add to bacon and onions.
- After 45 mins take beef from oven and drain off fat. Add mushrooms, onion and bacon mix into beef tray.
- Meanwhile put frying pan back on stove, turn up the heat and pour in red wine and tomato purée and reduce and de-glaze the pan. I like to add a couple of dashes of Worcester sauce. Once reduced by half pour over beef, season with salt and pepper. Cover with tin foil and either put in slow cooker or oven @170° for 2 maybe 3 hours.
- Then make up the scene dough by rubbing all ingredients together. Then add milk to make a dough, roll out to 1cm thick, cut out scones, put on baking tray, wash with milk and bake in oven for 13 mins @200°.
- 10 minutes before serving put baked scones on top of bourguignon, grate Parmesan cheese over them and return to oven till melted and golden. Serve with steamed tender stem broccoli.

### Kim's Easy Tomato Sauce

This sauce is quick and easy and can mostly be made with things you may well have in your cupboard. It's great with pasta and I think its vegan. Or you can add it to meatballs, or to fried mince to make bolognaise. It's a great base to add extras to, to make dinners for the family.

### Basic Sauce

- 1 tbs olive oil
- 1 large onion finely chopped
- 1 tbs chopped garlic or garlic paste
- 1 tin chopped tomatoes
- 1 carton passata
- 2 tbs dried basil (or to taste)
- 1 tsp sugar

### Extras

- Chopped chorizo to taste
- Add at frying stage to bolster the sauce

**Any chopped veg you like**, I can recommend Broccoli, Mange Tout, Mushrooms, Courgettes and Peas - any or all of these can be added with the tomatoes

### Method

Fry the onion in a non stick deep pan which has a lid, with a tbs of olive oil if you want to. Add the garlic and fry for a little longer. Add the chorizo if using and fry for a few minutes. Add the tin of chopped tomatoes and the passata and as much basil as you like, I like loads. Give it a good stir, bring to the boil, turn down the heat and simmer for ten minutes (if adding vegetables 15 minutes). Serve with pasta and grated cheese. Tasty and it won't break the bank.

I THINK IM IN LOVE. HAPPY VALENTINES



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## Contract & Maintenance Supervisor

We are pleased to welcome Ms Clare Jon to the St Endellion Parish Council (PC). Clare has been appointed to the post of Contract and Maintenance Supervisor and her brief is to check and ensure that all the PC's amenities are safe and working efficiently.

## Planning Applications

Members considered these planning applications and made the following responses to Cornwall Council:

1. PA19/07055, Pennti Ros, Lower Trefreock, Port Isaac – sustainable live to work extension, to an existing garden room. **OBJECT.** Members consider the scale of the building would not be absorbed into the landscape in this elevated position and would appear as a very large single dwelling in the open countryside. Neither are members in agreement that the proposal constitutes a Live Work proposal. Members recommend refusal due to the harm to the AONB which has the highest level of protection due to the mass, scale. The extensive glazing would cause light spillage, contrary to the AONB management plan which seeks to preserve dark skies.
2. PA19/09679, 91 Fore Street, Port Isaac – proposed extensions and alterations to house and garage. Cllr. Williams was given permission to explain the plans and then left the meeting whilst this was discussed. Members are generally in support but would like to see a reduction in the amount of glazing. If permission is granted, then Members would like a condition imposed for the glazing to be non-reflective. The views of the Historic Service should be sought regarding this application, which is in the Conservation Area.
3. PA19/09773, 34 Dolphin Street, Port Isaac – renovation works including re-rendering front elevation and internal repair. **SUPPORT**, but Members are disappointed that there are no plans to remove the asbestos roof.
4. PA19/09694, 92 Fore Street, Port Isaac – single storey extension of porch area between the kitchen and bathroom; removal of porch glazing and installation of flat roof with skylight; removal and re-use of existing kitchen sash window. **SUPPORT** but Members are emphatic that they do not agree that this proposal constitutes works to the front elevation of the building. The front elevation is in a highly visible location within the Conservation Area and as such should not be regarded as rear elevation with associated Permitted Development Rights (The Design and Access Statement refers).
5. PA19/09755, Slipway Hotel, 1 Church Hill, Port Isaac – Listed Building Consent for re-roofing. **SUPPORT**.
6. PA19/10181, Cedar Bungalow, Trewetha – demolition and replacement of existing garage with home office and remodelling of existing dwelling with associated works. **SUPPORT**.
7. PA19/10403, Cairnmore, Port Gaverne – works to trees covered by a Tree Preservation Order, namely fell the 20 metres high mature monteray pine. The Tree Officer had visited the site and recommended replacement with a Scots Pine. **SUPPORT**.
8. PA19/10272, 90 Fore Street, Port Isaac – first floor extension out over an existing ground floor extension. Cllr. Williams said there had been objections to a perceived loss of light to neighbouring properties. Members **RESOLVED** to make "No Comment" to the application. Cllr. Williams supported the application.

## Planning Applications Approved by Cornwall Council

1. PA19/08770, 2 Castle Rock, Port Isaac – balcony replacement.
2. PA19/07120, Land NE of Port Gaverne Hotel – Certificate of Lawfulness for existing use for boat storage and fishing related items.
3. PA19/07786, 1 Brooklands View, Port Isaac – conversion of an existing bay within garage to a separate unit for industrial/commercial use.
4. PA19/09384, The Old Post Office, Trelights – proposed replacement entrance porch.
5. PA19/09804, 3 Cliffside, Port Isaac – non-material amendment in respect of decision notice PA19/07858 (Alterations to dwelling to include conversion of garage and outbuilding/workshop to living accommodation), change size of four front windows to 1500mm wide.
6. PA19/02445, Maritime and Coastguard Agency, New Road, Port Isaac – proposed single dwelling to replace existing decommissioned Coastguard Buildings.
7. PA19/02853/PREAPP, The Chalet, Rear of 31 Fore Street, Port Isaac – pre-application advice for demolition of existing buildings and construction of

- replacement dwelling. Advice given.
8. PA19/07482, 5 Tintagel Terrace, Port Isaac – construction of a new roof structure with flat roof dormer to the rear with associated terrace and two pitched dormers to the front elevation.
9. PA19/08325, 9 Silvershell View, Port Isaac – erection of single storey entrance porch linking the bungalow and converted garage, Internal re-modelling works including the removal of some internal walls, window and door replacements, re-build sun terrace with privacy screen, new pitched roof on existing kitchen and existing link to garage converted into an ensuite and re-roofed.
10. PA19/08514, 26 Dolphin Street, Port Isaac – reinstatement of brick chimney.
11. PA19/08515, 26 Dolphin Street, Port Isaac – LBC for reinstatement of brick chimney.

## Road Closure

1. Bodieve, Road Wadebridge and B3314 between Tregorden Lane and Bodieve Road, Bodieve and B3314 between Gutt Road and Tregorden Lane, St Minver and Gutt Road, Chapel Amble and B3314 between Higher Rosewin and Camel Road, St Minver and B3314 between Menefreda Way and Higher Rosewin, St Minver and B3314 between Windmill Road and Menefreda Way, St Minver and B3314 between Plain Street and Windmill Road, St Minver – 3rd to 14th February 2020. The prohibition will be in force between the hours of 0800 and 1700 on a daily basis, weekdays only with the exception of 12th to 13th February 2020 when the prohibition will be in force 1900 to 0700 hours.

## Miscellaneous Items

1. Car Park Overspill Area – Members accepted the quotation from Terry Harris & Sons to expand the overflow car park and work on this is nearing completion.
2. CCTV – Members accepted the quotation from Sovereign Fire & Security to install CCTV to cover the car park / playing field.
3. Car Park Ticket Machines – the quotation from Flowbird to upgrade one of the car park ticket machines to take payment by credit / debit card had been accepted.
4. CEO (Parking Enforcement Officer) – St Endellion PC are pursuing an idea to share the cost of a CEO with St Minver Highlands and St Minver Lowlands Parish Councils. It is hoped this will lead to an improvement in parking within Port Isaac, Rock and Polzeath in the coming holiday season.
5. Playing Field Working Party – Members seek to set up a Working Party, with representatives from local

continued on page 23

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## Shop & Restaurant

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**Royal Cornwall Hospital (Truro)** -  
01872 250000

**East Cornwall Hospital (Bodmin)** -  
01208 251555

**Derriford Hospital (Plymouth)** -  
08451 558155

**Local Dental Helpline** - 0333 4050290

**Police** (non-emergency) - 101

**PC Amy Honeywill, Neighbourhood  
Beat Manager** - 07889 704150 (only  
when on duty), email:  
[amy.honeywill@  
devonandcornwall.pnn.police.co.uk](mailto:amy.honeywill@devonandcornwall.pnn.police.co.uk)

**Civil Enforcement Parking Team** -  
0300 1234222

**Rev Judith Pollinger** - 01208  
880181

**St Peter's Church** - Pat Pearson -  
01208 880969

**Harbour Master - Tom Brown** -  
07837 514246

**RNLI Operations Manager** - Chris  
Bolton - 01208 880256

# Scott Mann's update from Parliament



There is great optimism and a sense of purpose in Parliament which I have not felt in many months and Westminster feels like a good place to work again. Towards the end of the last session, the Government felt paralysed by Brexit delay and it was difficult for members across the House to get work done on behalf of their constituents. I am both glad and relieved that the new Conservative majority Government is on schedule to meet our election pledge of leaving the EU with a deal by January 31st. With this great weight lifted we can all go about the most important business Members of Parliament undertake; working on behalf of our constituents to bring positive change to our communities.

After returning to Parliament in the New Year I have been busy reconnecting with many of the companies and groups that I've been working with to achieve outcomes for North Cornwall. Infrastructure and transport links were a big issue for us at the General Election, and I have sought an update from Great Western Railways concerning their new timetable. They've informed me that the key change for Cornwall is that all the London trains now run without stopping between Taunton and Reading, saving around 11 minutes on the overall journey time. We also now have half-hourly, instead of hourly, trains between Plymouth and Penzance. The trains are also better thanks to improved rolling stock on Cornish lines with more four carriage trains in service, replacing the two-car trains which many local people don't like.

Like many North Cornwall residents, I was disappointed to learn that Stratton MIU has been temporarily closed overnight for the second time in recent years. I immediately wrote to Phil Confue, Chief Executive of Cornwall Partnership NHS Foundation Trust, to ask for clarifications regarding this temporary closure and raise my concerns about Stratton staff being used as a backup for the main hospital in Treliske. I also met with local members of Cornwall Council to discuss this matter further, and I will relay their feedback to the Secretary of State for Health as soon as possible.

If you have casework for me or any issues which you would like me to assist with, please visit my website at [www.scottmann.org.uk](http://www.scottmann.org.uk) or email me via [scott@scottmann.org.uk](mailto:scott@scottmann.org.uk). The news section of my website also contains updates on the work I am doing on your behalf, and I post regular updates on social media via [www.facebook.com/TheRightMannForNorthCornwall](https://www.facebook.com/TheRightMannForNorthCornwall)

*continued from page 21*

organisations/interested individuals to look at the provision of additional play equipment, including a possible skate park / football pitch for the parish. You will find further details elsewhere in this edition of *TRIO*.

6. Precept – Members have set their precept (the PC's share of household rates) at £28,500 for the 2020/21 financial year. This is the same sum as the current year.
7. Pump Shelter – Members have accepted the quotation from Mr Roy Speakman, to repair the shelter at Mine Pit Corner.
8. Tenders – an advertisement for various tenders has been placed in the *Cornish Guardian*, social media and in this edition of *TRIO* with a closing date of 31st January.

## Meeting Dates

Meetings are normally held on the second and fourth Monday of each month, commencing at 7pm in Port Isaac School. Members of the public are welcome to attend. Please check our website for more details.

Email: [stendellionpc@gmail.com](mailto:stendellionpc@gmail.com)

Gillian Thompson, Parish Clerk / RFO

Website: [www.stendellionpc.com](http://www.stendellionpc.com)



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[www.stendellionpc.com](http://www.stendellionpc.com)

Is anyone interested in joining a working group to upgrade and improve the Playing Fields?

Want to get involved?

Contact either David Raynor  
01208 880211,

email: [davidmraynor@outlook.com](mailto:davidmraynor@outlook.com)

or

Cheryl Webster - 01208 880802

email: [cherylwebster@btinternet.com](mailto:cherylwebster@btinternet.com)



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# TENDERS ARE INVITED TO:

- Maintain public footpaths in the parish
- Cut and maintain grass verges
- Cut and maintain the Cemetery
- Cut and maintain open green spaces in the ownership of the Parish Council
- Clean three blocks of public toilets in Port Isaac

SPECIFICATION ON APPLICATION

Closing Date 31st January 2020

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# Websites of the month

Some new developments in technology are my theme for this month as virtual reality and augmented reality have really taken off and over Xmas I had the chance to have a go with a proper VR headset and I have to say it is an amazing experience. It really does feel like you are in a different world. But the history of this sort of experience goes back a long way. The earliest sort of 3D was the stereoscope and the first one was invented by Sir Charles Wheatstone, [https://en.wikipedia.org/wiki/Charles\\_Wheatstone](https://en.wikipedia.org/wiki/Charles_Wheatstone) who also, amongst many other things, invented the English concertina and is named after the Wheatstone Bridge, a key innovation in electrical measurement and telegraphy. This led on to 3D films, the earliest of which was shown nearly 100 years ago <https://www.thevintagenews.com/2019/03/20/first-edfilm/>

But it was the development of fast computers and the internet that finally achieved virtual and augmented reality. Augmented reality is adding digital content to a picture you are taking with your phone camera. A good example of this is the Snapchat app <https://en.wikipedia.org/wiki/Snapchat> that allows you to add things to your selfie - different ears, eyes, hats etc. A more spooky app allows you to change the age of your face <https://en.wikipedia.org/wiki/FaceApp> amongst other things, and verges onto the field of 'deep fakes' where videos can seem to show someone saying or doing something they never did. All this depends on the rapid development of machine learning and artificial intelligence - a field I witnessed at a very early stage of its development at the Experimental Psychology lab I worked in over 50 years ago. It has come a long way since then!

So then we come to virtual reality or VR [https://en.wikipedia.org/wiki/Virtual\\_reality](https://en.wikipedia.org/wiki/Virtual_reality) (see image). I first tried this out with Google Cardboard and my phone <https://www.whatvr.co/guides/google-cardboard/>. This gives you much the same 'immersive' feeling much more expensive kit and there are versions of VR that don't need a headset at all, but its not quite the same; you can try this with <https://www.with.in/get-the-app> which has versions for no headset, cardboard type headset or the top of the range headsets. If you want to try the full experience without buying a headset, you can go to Cornwall a place where, according to their website you try it out, a bit like going to the cinema. It is down in Penzance <https://www.virtualrealitycornwall.co.uk/pages/book>.



One of the amazing aspects of the VR world is that you can be in the same virtual place but be thousands of miles away. I have done this with family who are in Australia, and have had some good games of tennis (always losing I'm afraid). In my department at the University they have been using VR for some years to investigate how it can be used to help people overcome trauma and phobias, and you can read about it here <https://www.exeter.ac.uk/mooddisorders/research/biobehavioural/>

I can't finish this column without some mention of climate change. There is a VR about it <https://www.youtube.com/watch?v=NWSJXzGgbM> and you can read the latest update from one of the pioneers of climate science, James Hansen [https://www.columbia.edu/~jeh1/mailings/2020/20200115\\_Temperature2019.pdf](https://www.columbia.edu/~jeh1/mailings/2020/20200115_Temperature2019.pdf)

Tony Wainwright



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# WHAT'S ON

**Monday January 27th**

PICC - Bait (15) starring the Kernow King - 7pm

**Tuesday January 28th**

Kerbside Recycling Collection - bags out by 7am

**Wednesday January 29th**

Community Cafe in Port Isaac Village Hall from 10am-12noon

**Wednesday February 5th**

Community Cafe in Port Isaac Village Hall from 10am-12noon

**Friday February 7th**

Melange at St Endellion Church - 7.30pm

**Saturday February 8th**

Tabletop Sale in St Endellion Hall - 9.30am-12.30pm

**Monday February 10th**

PICC - Wild Rose(15) in Port Isaac Village Hall - 7pm

**Tuesday February 11th**

Kerbside Recycling Collection - bags out by 7am

**Wednesday February 12th**

Community Cafe in Port Isaac Village Hall from 10am-12noon

**Saturday February 15th**

PICC - The Lion King (PG) in Port Isaac Village Hall - 3.30pm

**Wednesday February 19th**

Community Cafe in Port Isaac Village Hall from 10am-12noon

**Monday February 24**

PICC - Yesterday (15) in Port Isaac Village Hall - 7pm

**Tuesday February 25th**

Kerbside Recycling Collection - bags out by 7am

**Wednesday February 26th**

Community Cafe in Port Isaac Village Hall from 10am-12noon

**Saturday February 29th**

Carnival Race Night in Port Isaac Village Hall - doors 7pm, first race 7.30pm

Cornwall Camerata in St Endellion Church - 7.30pm

**Saturday February 29th - Sunday March 29th**

Endelienta Open Exhibition in St Endellion Hall - 11am-4pm weekends

**Wednesday March 4th**

Community Cafe in Port Isaac Village Hall from 10am-12noon

**Tuesday March 10th**

Kerbside Recycling Collection - bags out by 7am

**Saturday March 14th**

Gulls & The Hummingbirds fundraising concert for Cornwall Hospice Care in Port Isaac Village Hall - 7.30pm

**Thursday April 2nd**

Port Isaac RNLI AGM in Port Isaac Village Hall - 7pm

**Saturday September 5th**

PORT ISAAC CARNIVAL

**September 11th-13th**

PORT ISAAC SHANTY FESTIVAL

**Saturday December 12th**

Santa Visit to the Port Isaac Village Hall Grotto

## REGULAR EVENTS

**Port Isaac Stay & Playgroup** - every Tuesday from 10am to 12noon in the Village Hall. Contact Lucy on 07784 657921 or Cherry on 07900 527610

**Yoga** - Mondays, during term time, in the Village Hall from 10.30am-12noon. Contact Tracey on 01208 880215

**Port Isaac Chorale** - Every Tuesday from 7.30pm-9.30pm in St Endellion Hall Contact Janet Townsend on 01208 880505

**Golden Circle** - the second Thursday in the month from October to April from 2pm- 4.30pm in Port Isaac Village Hall. Contact Annie Philp on 01208 880262

**Mobile Post Office** - in the Main Car Park - every Wednesday 12noon-1pm

## Church Services

**St Peter's Church, Port Isaac**

During St Peter's restoration services are held every Sunday morning at 9.30am in Port Isaac Village Hall

**Trelights Methodist Church**

Sunday Service at 6pm

## TRIO COPY DATES

MONTH	COPY DATE
March	February 22nd
April	March 24th
May	April 23rd
June	May 24th
July	June 23rd

Port Isaac Village Hall

Community Cafe

every Wednesday 10am-12noon everybody welcome