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THE WESTERN MORNING NEWS Then they uprooted two radiators. Survey ventuators and a slab of concre. Such habits have to be discouraged, and so Moinz at the moment must try to be content with a broomstick.

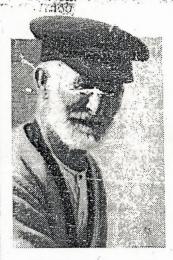


VILLAGE OF YOUTH .- At all ages THE everyone is young in the charming village of Port Isaac, Cornwall. Tom Skinner, aged 81— you see him above— says "the beautiful air and my pals" keep him so fit.

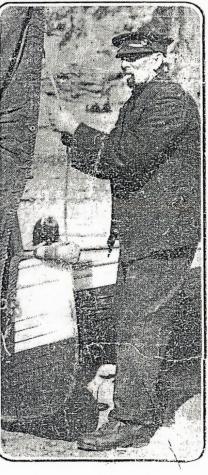


Tom Collins, who is 78, says: "Fifteen miles of cycling every day keeps me a youngster."

"A comfortable mind," says Sam Honey (above) is the secret of his youth at 81, while J. H. Hosking, who is 82, gives "the north-east winds and my pipe" the credit for his energy -(DAILY SEETCH pictures.



Charlie Couch. who, as you see, is strong and good at 79, says "just pottering about" keeps him well. as well as happy



Port Isaac's grand old men

extract from the Western Morning news (date unknown) courtesy Annie Philp

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