

# Past, Present, Future, Now

Old people live in the past  
because it's more comfortable than the present  
and they would prefer not to think  
just how little their future may be.

Middle aged people learn to live in the present  
because they still have a bit of a future  
and they hope that it will be  
a lot more exciting and rewarding  
than their past.

Young people live in the future  
because they have so little past,  
a complete disregard for the present and  
believe that the future holds  
they key to fun, riches and promises.

Wise people know that the past has gone,  
the future never exists  
and only the now, this moment,  
should be cherished.

As it is the only reality in a world which thrives  
on tinted memories, unrealistic promises,  
divisive expectations  
and broken dreams.

*Geof Richmond,  
written in the Golden Lion, Port Isaac*