

# THE PORT ISAAC GOLDEN CIRCLE

## MEETS THE SECOND THURSDAY IN THE MONTH FROM OCTOBER TO APRIL FROM 2PM-4PM IN PORT ISAAC VILLAGE HALL

### PORT ISAAC GOLDEN CIRCLE

Our meetings have started again after the summer break and we are looking forward to:

**THURSDAY NOVEMBER 10<sup>TH</sup>  
2.30PM IN THE VILLAGE HALL**

*Elaine from Bruallen is coming along to give a Christmas decoration demonstration - everyone is welcome to come along*

**TUESDAY NOVEMBER 15<sup>TH</sup> -  
OUR ANNUAL BARNSTAPLE  
CHRISTMAS SHOPPING  
TRIP**

everyone is welcome to join us. It's just £10 a seat. Call Annie Philp on 01208 880262 to book your place



### GOLDEN CIRCLE

Over 60's Club.

On Wednesday 25<sup>th</sup> February the Golden Circle celebrated its 23<sup>rd</sup>. Anniversary with a luncheon held at the Cornish Cafe. Thirty-four members attended. Included in the number was one of its founder members Mrs. (Lizzie) Couch, now resident at the St. Breock Home, Wadebridge, and Mrs. Muriel Donni-thorne, treasurer for many years who recently relinquished the post through ill health. An excellent meal was enjoyed by all and a vote of thanks was given to David Phelps and his staff. A raffle in aid of club funds raised £10.20 and the afternoon ended with an enjoyable 'Bingo' session. The committee would welcome new members and, if necessary, transport can be arranged to collect and return to their homes anyone requiring same. Please contact me on Bodmin 880751, or any committee member,

Reg Law (Treasurer)

March 1983

very quickly. We arrived back in the village about 7.30pm, tired but happy.

*Pat Gaunt, Golden Circle*

**Note:** This 'Golden Circle and friends' trip, organised on behalf of the Pantomime crew, was funded as follows:

Peter Pan - the Port Isaac Pantomime 2002 - profit: £ 660.00  
Donation from Fishermen's Friends £ 200.00  
Bar profit from Show of Hands concert £ 120.00

July 2003

October 2016

### Didn't we have a lovely day, the day we went to ...

**P**LYMOUTH - and the answer must be a resounding 'Yes!' from the Golden Circle members and others who went on the trip to Plymouth's Theatre Royal on Thursday June 5<sup>th</sup>. The Port Isaac Pantomime mainly funded this lovely day out - with help from the Fishermen's Friends and the bar profit from the recent Show of Hands concert at the Pottery - to whom we are all very grateful.

We went through the beautiful countryside on a route via Callington with a real gem of a driv-

er. She was very helpful and caring and gave us all a smooth ride - so thanks are due to her. Our first stop was at the Holland Inn at Hatt, near Saltash; our lunch was excellent and varied. This set us up for the next part of the day.

The show 'Fiddler on the Roof' was great to watch and we all enjoyed it. When we returned to the coach we were each presented with a 'doggy bag' containing a drink - just what we needed - and some cake. Then there were games - complete with prizes! - and our return trip passed



*The waiting staff ready for action!*

they were it might have resembled a scene from a Lucretia Borgia soir  e! Unfortunately time and space doesn't allow me to tell more about Tara's live on stage levitation, Lesley Grills winning £50 from the magician that she promptly donated to the Home Farm Trust charity, Jackie and Laurence's fashionably late arrival, and Jackie Dingle's table - well, what I could say about them!!

**The Lard Man aka Chris Lanyon**  
And finally, well done to all the catering and waiting team who worked so hard to make it a fantastic evening.

### Deeno and Potticelli

*would like to thank everybody who made the Italian night such a success, either by coming along or helping and making the magnificent profit of £518 for the Golden Circle Summer outing*

**Special 'thank you's' must go to**

As well as waiting on tables the following three ladies deserve a medal:

Lizzo for making the delicious Lizzo Arancio Frivolozza and for helping us transform the Village Hall into our Trattoria. So many people commented on how wonderful the Hall looked and we have to agree!

Maggio for preparing vast quantities of Maggio Vegetarian Lasagne, Mariano who valiantly gave up her Sunday afternoon to help with the mountain of washing up and cleaning the Hall! A lesson here - if you leave the dirty pots till the next day they multiply overnight! Don't ask us why, it's just one of those unfathomable facts of life. Also, thinking about it in retrospect, if that magician had been able to do real magic he would have sorted all the clearing up before he left!

Then there was Roliosi and Lanio on the bar who, as long as we kept them supplied with food, kept serving the house wines - Vino Barberosa and Plonco Deeno.

Mary Vallender, who we asked to come along and play for a bit, and ended up tinkling the ivories nearly all night.

Janet Chadband who provided the beautiful floral decorations on the tables and gave us a chance to cook for her for a change!

And did Chrisso Lanyononi really take a night off just to come and be a waiter? Helpful tip for him - if you do ever give up the day job, there is a career opening here for you!

And last, but not least, the rest of the waiting staff - Lisaoli, Kimmio, Emmio, Mandio, Kirstenino and, proving we have no problems using 'child labour', our flower seller, Daniel - who could refuse him?

*Thank you all!*

## Forty years young!

**T**he Golden Circle commemorated its 40<sup>th</sup> anniversary in style. The festivities in the Village Hall began with a special celebratory lunch for around 40 members, cooked by Janet Chadband. Said Janet, "The Hall was really buzzing when everyone arrived and then, when the food was served, as if by magic the room suddenly became silent!"

After lunch came a birthday tea to which the village was invited. Hilda Rainsford, the Golden Circle's oldest member, had the honour of cutting the birthday cake. She finds it hard to believe she has been a member of the group for some thirty years. "The time's gone so fast" she said.

It was February 18<sup>th</sup> 1964 when, after a successful party given by the Mother's Union for the over 60s, it was decided to form a club and things went from there. In those days the group met weekly with games, bingo and community singing being the main entertainment. The bingo sessions were started to raise money for the annual coach holiday and photographs of these, and many other, happy days were on display in the Village Hall for the 40<sup>th</sup> anniversary.

During the party the first 'Golden Circle Good Neighbour Awards' were made. These were presented by County Councillor, Helen Richards to Ronald Newman and Denise Randall for their 'exceptional help to an older person in the local community'. Said Golden Circle organiser, Penny Manders, "We have awarded these certificates to record our appreciation of the quiet work of 'Good Neighbours' at those times when we need a little help from our friends".

To find out more about the Golden Circle call Panny Manders on 01208 880022.



*Ronald Newman (left) and Denise Randall (right) receive their 'Good Neighbour' awards from County Councillor, Helen Richards*

March 2004

## Golden Circle Good Neighbour Awards

**T**he Golden Circle celebrated its birthday on February 10<sup>th</sup> 2005 in the Village Hall. St Minver Senior Circle joined them for their birthday tea.



An important part of the celebrations was the presentation by Rev Christine Musser of Boscastle of the 'Good Neighbour' awards. This year they went to Barbara Hawkins (pictured right) and Melanie Dingle (pictured left receiving her award).



March 2005

## Golden Circle News

Summer used to be a quiet time for some of our members but, this year, thanks to our many friends, we had several treats to enjoy. September has been special, starting with the Cream Tea with music, generously given by the Lifeboat Committee members, which almost all of our members (and some friends) were able to attend.

Then came the Great Day Out in Devon, when a full coach from the village had a wonderful day on and beside the River Exe. To the well-known skills of Barbara and Dee in travel planning, cake making and Bingo calling (not to mention the new sport of Throwing the Sugar Lumps) we now have to add the art of weather divining - we basked in sunshine while Port Isaac was grey and gloomy all day. Is there no end to their talents? And all they, and their kind assistant Liz Brown, got for their pains was a paddle in the cold waters of Exmouth and, I hope, the glow of knowing how much pleasure they gave to so many people. And a big thank - you to everyone who supported the fund raising earlier in the year and to the Fishermen's Friends and the Frank McNichol Trust who gave donations towards our day out.

The Autumn programme of the Golden Circle begins on Thursday October 13<sup>th</sup> at 2.00 for 2.30pm in the Village Hall. Helen Richards, who was our County Councillor until the recent boundary changes, will talk to us about her public work and the challenges facing the county.



*"Where's the bus?" Waiting in a gloomy and wet Port Isaac!*

September 2005

The November meeting will find Barbara Hawkins bring out the artist in each of us, and in December we hope to hear from Nurse Jan Mewton how to keep fit despite the over-indulgence and lack of exercise of the season.

New members, and occasional visitors, are very welcome to our meetings, which are held on the second Thursday of each month, from October

*Penny Manders*

### The Trio/Golden Circle Christmas Shopping Trip to Tavistock

**Tuesday November 25<sup>th</sup>**

**Depart from the Peapod - 9.30am**  
*Arrive in Tavistock in time for morning coffee, a bit of retail therapy or a look around, lunch, a bit more retail therapy or looking round and then back on the bus at 4.00pm*  
**Stop on the moor for a cup of tea on the way home**  
*Back in Port Isaac between 6 and 6.30pm*  
**Bus fare: £10 per person**  
*(if we get a full coach you might get a little financial surprise on the day!)*  
**Names and money, as soon as possible, to Dee at Secrets.**  
**Phone 01208 880906/880862, email: trioip@mac.com**

November 2008

### The Golden Circle

In keeping with the Co-op's policy of supporting local charities, Port Isaac's store offered space for the Golden Circle to hold a cake stall on May 25<sup>th</sup>. The grand sum of £287 was raised for the Golden Circle. Very grateful thanks to Darren, the Manager, Mel and Diane and members of staff for their help and support, everyone who cooked and donated wonderful goodies and especially everyone who turned up and bought everything we had to sell. Thank you all.

*Annie Philp & Jill Aldridge*

July 2015

*Thanks to the Fishermen's Friends, the Golden Circle enjoyed a Christmas Lunch at Trevathan on December 4<sup>th</sup>. A very generous donation from our 'vocal' Friends made this free to our members who were very appreciative.*

*Thanks again!*

*Sheila Jarvis, Secretary*

December 2002

### GOLDEN CIRCLE

The 34<sup>th</sup>. Birthday Party of the Port Isaac Golden Circle was held on Wednesday 25<sup>th</sup>. February at the Cornish cafe. An excellent lunch was served by David and his staff, which was very much enjoyed by members. A generous donation from Janet Chadband provided a glass of wine with lunch - many thanks to all at the Cornish Cafe and Janet for making the day a memorable one.

*Sheila Jarvis (Sec.)*

April 1988

## The Golden Circle shines on

**T**he harvest is gathered in and winter looms ahead. Just the time to brighten our lives with thoughts of cosy afternoons among friends, enjoyable entertainment and a real cup of tea. Yes, the Golden Circle starts again on October 12<sup>th</sup>. We meet on the second Thursday of each month from October to April, from 2.30pm - 4.00pm, in the Cornish Cafe. Transport is provided for anyone who wants a lift.

There are some current myths about the Golden Circle which should be laid to rest:

- "They just play bingo" - Not true. Years ago, when the circle was weekly, at some meetings some members played games like Bingo and Scrabble. Now we meet monthly and have a speaker or entertainment each time.
- "I'm not old enough to join!" - We don't set any age limits or ask for birth certificates! Most members are retired but it isn't compulsory. Most members are women but men are equally welcome. The only condition of membership is to be free on a Thursday afternoon and enjoy spending your time with others.
- "They don't welcome new members!" - Try us. We are open to all and a friendly welcome awaits you.

The subscription is 50p for each meeting and we have a raffle to supplement the funds and cover costs. Tea is free but we pay for our Christmas lunch.

Hilda Rainsford, our longest standing member, says, "Come and have a good time and enjoy our company". Ann Rae (Kw! Ann) joined when she first came to the village and knew almost no-one. "I was a stranger and you took me in", she says. "It was hard walking through that door but I was lonely, I needed company and I found it at the Golden Circle".

Lots of interesting local people give their time to talk to the Golden Circle. Last year we heard from Henry Symons about tracing a family history. We saw how Rosemary Williams makes her collages and examined Yvonne Cleave's wonderful collection of old dresses and accessories.

In November this year, Robin Penna will talk about old Port Isaac and in January our old friend, Frank McNichol, will paint a picture while we watch and hear his reminiscences. In the spring, Barbara Hawkins from the Pottery will show us her lovely work and Tony Fisher, who came to Cornwall as an evacuee and stayed to manage the Treherrock Estate, will entertain us with stories of his life. The December meeting will be our Christmas lunch and in February we will celebrate our birthday with a tea and entertainment from members.

October 2000

## Making the best of life with the Golden Circle

**W**e had some lovely treats in the summer thanks to our many friends. The pantomime fund again generously supported us and Barbara and Dee arranged two trips; to Falmouth in June and to the theatre in September to see 'Charley's Aunt' brilliantly performed. The Lifeboat committee very kindly gave us a cream tea in September which we very much appreciate. A relatively new friendship with the St Minver Senior Circle has opened up new opportunities of gadding about. Some of us joined their trip down the Tamar in the summer and others will go with them to the pantomime in December. They will join us for our birthday party in February when we will defend our title to the Quiz Cup.

Now autumn is upon us, our winter programme of monthly meetings has got under way. We began in October with Liz Bartlett who told us how a near-fatal wasp sting led her to Cornish Studies and a new interest in academic work. Our November speaker, Mrs Audrey Beare will also speak of a changed life as she remembers coming from war-ravaged Liverpool to be a farmer's bride. Other speakers will include Jan Mewton with practical tips on keeping healthy, Kelvin Yates of the Pension Service will help us get all the money to which we are entitled and Dennis Knight will reveal some of the secrets of his early life. We will sing with Janet Townsend in December and Mark Hawken in February.

November 2004