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Published by Sam & Dee Littlechild Tel: 01208 880905 email: triopi@mac.com

The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.





SHANTY HELP WANTED

We want to make this year's Festival the best ever, and to do that we need your help. If you could spare us any time from 6pm on Friday September 17th to Sunday September 19th please let us know. The atmosphere will be great, you'll be able to sing along to all the shanties and you will be helping raise money for a new Village Hall roof. To offer your services catch Liz Brown who will be mostly on the beach or call Dee on 01208 880862 / 880905.

Go on, you know you want to!

SEPTEMBER TRIO - COPY DATE August 21st



every Wednesday morning

OPEN from 10am-12noon Port Isaac Village Hall COME FOR A CUPPA, CAKE & CHAT everybody welcome

PORT ISAAC VILLAGE HALL HIRE



NON-PROFIT MAKING PARISH CLUBS, ORGANISATIONS/ GROUPS/ ASSOCIATIONS etc, FUNDRAISING EVENTS, CHILDREN'S PARTIES (age 10 and under) - £5 per hour - £50 for 24 hrs

GENERAL USERS/COMMERCIAL EVENTS - £10 per hour - £125 for 24hrs

For full details or to make a booking contact Dee on 01208 880905 or email her **dee54@mac.com**

Your Hall for YOU to Use

REMEMBER, YOU CAN SUPPORT PORT ISAAC VILLAGE HALL WHEN SHOPPING IN THE CO-OP ...



It's going to be some weekend. Up at the Port Isaac Playing Field will be the Main Stage and a marquee with the Bar and the Acoustic stage. Local food outlets will be there too so you won't go hungry. Entry is free and you don't need a ticket.

The musicians will also be travelling around the village and there will be performances at the Old School Hotel and the Golden Lion and the Village Hall. Friday evening from 6.30pm up at the Playing Field, Saturday from11am through to 11pm at the Playing Field and around the village and Sunday 11am through to 5pm at the Playing Field and around the village.

MATEY BUOY PAUL FISHERMAN'S FRIENDS GULLS ACAPPELLA MOONSHINE HARRY BROWNS BARRETT'S PRIVATEERS HOLME & DRY BENCOOLEN WRECKERS LAZY JACKS BILLY HAWKINS, JOHNNY MARINER'S AWAY MC & PAUL JOHNSON Nasty Fishmonger BONE IDLE OLD GAFFERS **BOSCASTLE BUOYS** OLL AN GWELLA CAPTAIN CAT AND THE SAILORS Hoy Boy CHRIS RICKETTS **POLPERRO WRECKERS** COBWEB CREW **RAKES ADRIFT** CORK'AN'BARBOR SEVERN WHALERS COUSIN JACK **S**TEEPHOLMERS FALMOUTH SHOUT STUNSL'S Femmes de la Mer Swinging the Lead THE FULL PROGRAMME AND ALL THE DETAILS WILL BE PRINTED IN NEXT MONTH'S TRIO PERMITY VELAG John Brav 176-196 2021

St Endellion Parish Council Contract & Maintenance Supervisor Report

Hello again, another month another report; the weather's been amazing with beautiful hot days and warm, balmy evenings and there've been lots of positive comments regarding the War Memorial Flower Beds. I've been told, it's a great spot to catch the sunset.

In the football field the goal posts were removed for an evening of cricket hosted by our RNLI. A good evening was had by all! Once the posts were put back, I replaced the net on the posts nearest to the Main car park. So now both posts have new nets.

I carried out the play area inspection while the semi-final of the Euros was on. The place was deserted! Not much to report from that, but since then somehow one of the picnic benches had some damage, along with a couple of rails around the hard standing and needed to be repaired. The safety mats for under the swings have finally arrived, but will probably have to wait until the play area's a little quieter before they can be laid. By the time this is published there should be two new cctv cameras fitted at the play area; to cover the space near Lulu's Kiosk and around the service area of the WC block.

There have been two Parish Council meetings and one for the new subcommittee/working party for the football field/play area. At one of the meetings I was the Covid Officer and we were able to connect to the Parish Clerk via zoom, so that she was able to stay in the comfort of her own home and avoid a two hour round trip.

The rota of hedge cutting has been tweaked a little, to include the area around the steps up to Silvershell and along the path of Overcliff where the Mallow and Pride of Padstow was impeding the space so much it was only wide enough for one person to pass. Along with the weekly cuts of the Main car park, football field, play area and Parish Council cemetery. There are a couple of other areas which I've been asked to look at and I'm trying to find out who's responsibility the hedges are.

There have been motorhome owners overstaying in the Main car park who I kindly asked if they would be moving on as overnight staying isn't permitted in the Parish Council car park. Generally they have been very polite, but on one occasion a gentleman became very animated. I gave him my card and suggested he emailed the Parish Council to make a complaint!

At the end of June I took a lovely walk with Penny Kirkman around Trelights to take a good look at the village and see what I might be able to help with. There were a few issues which were instantly obvious; such as the lack of street sweeping by Biffa, with their sweeping lorry. Some areas had recently been done, but there's several places which still need attention. A BT manhole was also a very bad state. Between myself and an Openreach engineer (who just happened to be there!) we reported it to BT who now know it's in need of repair.

There were some high jinx over a weekend in Trelights and several items were removed from gardens; washing line, garden gate, a road bollard. I went to investigate and cleared away the items which looked like they should be retired to the dump! This did not include the washing line or the gate!

As for Trelights village green, a little headway has been made. The place for the benches has been decided and how the bases will be created. Just waiting for the chosen slabs to be in stock at Jewsons.

The Parish Council are in the process of changing the company which carries out the enforcement side of things in the Main car park. As the car park is part of my remit I've been included in the discussions and meetings with the potential new companies.

A few residents have asked if the recently rejuvenated finger-signpost on New Road, could have the finger that directs to Port Isaac Harbour moved to point towards Trewetha Lane. It was easier than at first thought and has made at least one resident very happy! The finial for the finger post at the junction of the road from St Endellion to Trelights and Church Hill is due to arrive this week. Fingers crossed it's installed by the time you get to read this.

Part of my remit is to liaise with the tenants of both of the Parish Council owned retail outlets. Some concerns and queries have been raised. These have been brought to the attention of the Parish Council and suggestions/agreements made.

Port Isaac Community Farmers Market goes from strength to strength, with representatives attending a Parish Council meeting to be assured the Parish Council's backing will be for the long term. My role in this was to bring to the attention of the Farmers Market the need to keep the Parish Council informed with any developments which could impact on the original agreement between both parties.

Other things which I've been doing include walking the footpaths around the village to check on the condition of the vegetation and whether cutting is required. I haven't been as far as St Illick's Gug, but have been told by a couple of people that the work there to replace the South West Coast Path over a very badly gorged gully has been completed. I first informed Cornwall Council's Countryside Access team about that back in April 2020!

Obviously there's toilet talk to tell you about! The annual electrical servicing of the three toilet blocks in Port Isaac has been carried out. Along with a repair to an extractor fan at the Main WCs and the installation of an external electrical socket.

Port Gaverne Ladies now has a new cistern, after it was discovered the old one had a large crack in it! South West Water had been sending correspondence to the loos at Port Gaverne which weren't being receive. Eventually a Disconnection Notice was intercepted by a neighbour and, long story short, it was presented to the National Trust (who own the toilets) and as the water hasn't been cut off I guess everything's still flush!

At New Road, early one evening I happened to be checking the loos at the time Cormac were there doing the second visit of the day. The Cormac operative was concerned that there was someone in one of the cubicles as they couldn't open the door. She was worried something had happened, maybe the person had collapsed. I got down on the floor and looked under the door, empty! I checked the security and the door was still in the locked mode! The cleaner had been worried and chatting to an empty cubicle!

The railings on the steps at the Delibox have had a bit of a jolt. Don't know how, but they're at a jaunty angle. So, Julian Harris has taken a look to see how to get them straightened out.

At Roscarrock Hill there have been two lots of equipment to check for a signal for contactless payments, for when the block is refurbished. Unfortunately, the signal's not strong enough. So the next step will be to have a phone line installed to be able to use the internet for a connection.

I have to plead defeat on the mission to try to find a suitable solution to the parking of the Cormac vehicles while the teams are working in the village. Unless I can persuade Cornwall Council to purchase permits for the beach!

The rumblings are still rumblings and not forgotten, more put on the back-burner until there's more hours in the day... if you want to contact me about any parish issues my mobile number is: **07494 589 638 or email: clarejonsten@gmail.com**



NORTH CORNWALL BOOK FESTIVAL

St Endellion 23rd - 26th September 2021



www.ncombookfest.org

This year's fabulous programme of author events, workshops and musical events can be found and booked online at www.ncornbookfest.org/whats-on or instagram@NCornBookFest

There will also be our café offering an array of fabulous food and for the first time a retail marketplace which will include the Festival bookshop, a variety of Cornish crafts, plants, flowers, a coffee and tea van, homemade cakes and gin.



As an extra special bonus, the evening on Saturday will open with the phenomenal performance poet Luke Wright

FRIDAY EVENING jazz artist Barb Jungr will bring her unique interpretive skills to a collection of songs by two of her favourite songwriters, Bob Dylan and

Jacques Brel, alongside some of her own gorgeous compositions



On 4th July at 14:25, Port Isaac Inshore Lifeboat (ILB) was tasked by Falmouth Coastguard to assist Polzeath Coastguard with the medical evacuation of a young lady who had suffered a leg injury. She sustained her injury whilst walking at the pinnacle at Pine Haven.

Helm, Tom Brown, took control on his first shout having recently passed out from his helm development programme. The volunteer crew made headway and were on scene within minutes of setting to sea. Two crew members were put ashore and alongside Polzeath Coastguard carried out a casualty assessment in-line with the RNLI casualty critical care triage.

Due to the significant wait for an ambulance, precarious location and need for pain relief it was deemed appropriate to stabilise the injured leg alongside her good leg and stretcher her off the rocks and to the awaiting coastguard vehicle where she had an onward journey to meet with the land ambulance.

It was a great collaborative rescue and a pleasure, as always, to be working with Polzeath coastguard.

The boat returned to station and was readied for service. Thanks to all who responded.





We also had a wonderful time hosting our recent charity cricket match. Thanks to everyone who came along and supported the event.

Thanks so much also to the Authors XI for such an exciting game! The match resulted in a tie so smiling faces all round. We can't wait to host the next one!



It is with heavy hearts that we have decided that Lifeboat Larks will be cancelled this year. With COVID cases still on the increase and the public still being asked to be cautious, we felt it the right thing to do.

However, on the same date (Sunday August 22nd) we will have an RNLI Open Day. We will have the boat out and crew available to talk about it as an educational opportunity for children (and adults!). Plus we will have a bbq and a bar and a teddy tombola.

We really hope that next summer we can hold the full event.

Thank you for your understanding from all at the Port Isaac RNLI Fundraising committee.

FOR SALE - proceeds to Port lease RNL



Bread & butter plate

Scott Mann writes ...

The Government's plans for the environment are continuing at pace. We have launched our world-leading transport decarbonisation plan, setting out a credible pathway for the whole transport sector to reach



net zero by 2050, creating cleaner jobs and communities as we build back greener.

Decarbonisation should not be about stopping people doing things, like driving or flying, but about doing the same things differently, to reduce emissions, create new jobs and make our communities nicer places to live. That is why we have announced a world-leading 'greenprint' to cut emissions throughout the whole transport sector, including consulting on phasing out the sale of new diesel and petrol HGVs by 2040, creating a net zero rail network by 2050, ensuring net zero domestic aviation emissions by 2040, and leading the transition to green shipping. This will help to create and support highly skilled jobs in clean transport production, clean up the air in our communities, and create sustainable economic growth.

I recently sat on a Delegated Legislation Committee and voted into law new powers for the Marine Management Organisation to offer financial assistance for those in the fishing, marine processing, and aquaculture industries. Prior to leaving the EU, support for these sectors was primarily delivered through EUwide funds. Now we can put in place replacement schemes that give new powers and funds for the Marine Management Organisation to administer.

The first fund industry-specific fund was the Fisheries and Seafood Scheme, which will help ensure the long-term sustainability and success of the industry. This funding will come on top of the grants previously announced.

Finally, the Department for Education have announced reforms to the choice of post-16 qualifications, making it easier for young people and adults to identify the academic or technical course that is right for them. I have been a big advocate of this policy and it is something I have campaigned on for North Cornwall, and we already have one of the best colleges in the country at Callywith, which was rated outstanding all six areas in their 2020 Ofsted inspection; the only one in the country to be rated so highly. Great qualific-ations are essential to helping everyone – no matter their age of background – to get good jobs and realise their ambitions.

These reforms that will simplify and streamline the current system, creating two clearly defined paths – academic and technical – for people who have completed GCSEs or similar courses, with apprenticeships, A levels and T Levels becoming the main progressions options. This will make the choice easier for young people and adults, ensuring that whatever qualification a person chooses it will be high-quality and lead to good job prospects.

As always, if my team and I can be of assistance in any way, get in touch via

scott@scottmann.org.uk or call my Bodmin office on 01208 74337.



Port Isaac Community Farmer's Market

The Community Farmer's Market is up and running for its second season, subject to weather conditions. Held at the Hard Standing next to the playing field in Port Isaac on the **last Sunday of each month.** Dates are:



August 29th September26th October 31st

The market's ethos is to bring fresh and artisan foods and drink to the village for the community, reducing the need to leave the village.

The **Growers' Hub** continues to do well. Donations of surplus garden produce (no matter how small) are always very welcome. Profits will be reinvested into the market and also donated to local projects.

With approval of the Parish Council, hot food and drinks are now available. Seating has been purchased and customers can meet up with one another during the market and enjoy sampling whats on offer.

The Community Farmer's Market started as an idea in lockdown when producers and buyers were brought together.

We are looking for volunteers of all ages to help the committee on the day setting up, leaflet distribution and social media. Please contact us on the Facebook page of the Port Isaac Community Farmers Market.





Children at Port Isaac School and Nursery will be smiling brightly thanks to the generosity of local residents Mick Allen and Hannah Hutchison. The couple are generously funding *Brighter Smiles* - Cornwall's Oral Health Campaign.



This commitment sees Mick and Hannah, both experienced dentists, join a growing number of supporters committed to reversing the continuing trend of preventable tooth extractions from children across Cornwall and the Isles of Scilly – the main reason children aged 5-9 years are admitted to hospital for general anaesthetic. Their support will enable the dedicated *Brighter Smiles* team to set up toothbrushing clubs in the nursery, apply fluoride varnish to the teeth of reception and year 1 pupils, and deliver oral health education and home education packs to all the school's children.

Dawn Conjoyce, Executive Head Teacher of Port Isaac School, said "This is wonderful news for everyone in our school and nursery community and our sincere thanks goes to Mick and Hannah for so generously supporting us. Here at Port Isaac our children love to learn and I know this work will very much enhance their awareness of oral health – we look forward to seeing our children smiling even more brightly!"

Mick, who is Clinical Director at Smile Together Dental CIC, creators of *Brighter Smiles*, explains: "As a result of our clinical work both here in Cornwall and South Wales, Hannah and I are acutely aware of the challenges many people face in accessing regular dental care but also the shocking scale of preventable tooth decay in children across the country. We're great advocates for prevention and education in schools as we know it makes such a difference to the long term oral health outcomes for the youngsters".

Hannah continues: "Both Mick and I have a long affinity with Cornwall and upon joining Smile Together in a professional capacity it was a natural next step for us to support the Brighter Smiles oral health programme in the local school. We love living in Port Isaac and have really enjoyed the varied opportunities to meet people. We are so pleased to be helping local children improve their oral health. Evidence shows that not only will this enhance confidence and self-esteem but it will also improve concentration and boost their learning and development in those crucial early years".

Prior to Covid over 4500 children a year were benefiting from regular engagement in Brighter Smiles from around 70 schools, nurseries and family hubs, and the team are looking forward to resuming those levels of support and more from September. There are 280 schools in Cornwall so if anyone would like to join Mick and Hannah in becoming a supporter of Brighter Smiles in their local school community please contact <u>tracy.wilson17@nhs.net.</u>

Toothbrushing advice has changed

which will be news to many people, but this is how we should be cleaning our teeth - put a pea-sized amount of fluoride toothpaste on a dry toothbrush, brush the teeth thoroughly for two minutes last thing at night (that's the most important time) and at one other time during the day, then spit out the toothpaste but <u>do not</u> rinse the mouth with water nor mouthwashes. The toothpaste will stick to the teeth and so the fluoride will be in contact with the teeth for longer, helping to protect the tooth surface from decay. Children should use ageappropriate toothpaste. If fluoride mouthwash is also being used, then use this at another time of day, such as after lunch.

Diet advice hasn't changed – we still advise people to avoid sugary drinks and snacks, especially in-between meals.



Cakes, Teas, Produce, Plants, Books, Tombola, Vintage, Bric a Brac, Pictures, Puppet Show, Games, Sideshows ...

St Peter's Church Update

At last, after fifteen months, we can all sing again in church. We will also be able to use use our new kitchen facilities and it is hoped that in August we will be able to serve drinks after each service.

There will still be a cap on numbers and it has been decided by our cluster of churches to limit this to 50 for services, weddings and funerals. There is no need to keep a record of who attends each service, but we will still like everyone to use the hand gel on entry and wear a mask when they are in close contact with others.

In addition, the chairs will be placed as they were before the restricitons.

The Port Isaac Heritage touch screen, which is part of the group's exhibition space, will also be able to be used.

We can also now try out some exciting new ideas that we have for services that were used when we had to use the village hall.

You will have noticed that a small working party has really cleared the overgrown greenery at the front of church and that we now have flower pots to brighten up the entrance.

It is hoped that the Fete on August 11th, to be held in the garden at St Endellion Hall, will be successful and this year we have three free competitions for the youngsters to enter with prizes for the under 7s and 11s. See below or the posters for details. There are stalls and activities for all ages, do come along and make it a great afternoon.

Pat Pearson Chapel Warden

CHILDREN'S COMPETITIONS

* Make a seaside scene on a plate

* Pecorate a vegetable

* Paint a picture of your favourite animal PRIZES for age 7 and under & age 8-11

Judging during the Fete by Martin Bailie

TRELIGHTS METHODIST CHURCH CHAPEL FETE

TUESDAY AUGUST 17th 2.30pm at THE MILL HOUSE, TRELIGHTS

by kind permission of Mrs Armstrong

VARIOUS STALLS, GAMES, CREAM TEAS

PROCEEDS FOR CHAPEL FUNDS



Annie resigns as Poppy Appeal Organiser

As I have received no reply to my request for someone to take on the mantle of running The RBL Poppy Appeal,I have had to make the decision, hard as it has been, to resign and return all merchandise to HQ. I feel a great sadness as the Poppy Appeal has always taken place in our area for as far back as I can remember, as a child with John Cunningham and then Alan Chadband before myself. They did a brilliant job, along with so many loyal volunteers for so many years of dedication to a Charity that is still to this day so vital.

I will still order Wreaths to go round the War Memorial, but I ask you to let me know if you dont want on 01208 880660. If you do order I will ask for a minimum £20 payment in advance. Naturally, if all goes to plan and Covid rules allowing we will be holding the Remembrance Service in St Peter's Church on Sunday November 14th.

I hope life is being kind to you all.



Planning Applications

Members considered these planning applications and made the following responses to Cornwall Council:

- i. PA21/03894, Stargazy Inn Bay Hotel 1 The Terrace Port Isaac demolition of existing substandard building and erection of 4 no luxury letting rooms. **OBJECT**: Members wish to work positively with the applicant to achieve an outcome agreeable with all parties. The PC recognises there is a need for hotel accommodation, but also recognises the impact the proposal will have on the amenity of residents of Tintagel Terrace.
- ii. PA21/00625/PREAPP, On the Village Green Trelights request for a Tree Preservation Order on Large Chestnut Tree. NOTE – CC determined not to serve a TPO as although the tree passes the tests for a high value tree, as the land is under the management of the Parish there is no threat to this tree as clearly by placing the application they do not wish to fell the tree. The Clerk to explain to the case officer that as the land is not registered to the PC, Members do not feel this is the right decision.

Planning Applications Approved by CC – information only.

- i. PA21/02580, 12 Tintagel Terrace Port Isaac proposed demolition of existing dwelling and construction of replacement dwelling.
- ii. PA21/02532, The Beach House Port Gaverne Listed Building Consent for the installation of above ground LPG tank
- iii. PA21/02632, 11 Rose Hill Port Isaac Listed Building Consent for the installation of small store in courtyard
- iv. PA21/02662, 11 Fore Street Port Isaac –replacement of first floor structure of Bunkhouse destroyed by fire
- v. PA21/02663, 11 Fore Street Port Isaac Listed Building Consent for the replacement of first floor structure of Bunkhouse destroyed by fire. Members
- vi. PA21/04608, Windrush New Road Port Isaac non-material amendment to PA18/10842 - window to downstairs bedroom as a means of fire escape

Planning Applications Approved by CC – information only.

i. PA21/03897, 7 Silvershell View, Port Isaac – proposed remodelling of interior and extensions to property to include the creation of a first floor with a balcony on the west elevation.

St Endellion NDP

The Neighbourhood Development Plan referendum was held on 15th July 2021. There was a 40% turnout, resulting in 89.9% voting to approve the NDP.

Miscellaneous Items

- a. *Playing Field Working Party* it is proposed to commission a Feasibility Study of the whole site. Priorities for future development include:
 - Redevelopment of football pitch including installation of an all-weather surface.
 - Redevelopment of football pitch including installation of an all-weather surface.
 - Installation of a skate park facility / skateboard area.
 - A new sporting/social club to provide locals with a much-needed community space and social hub
- a. *Residents Parking Zone* Members considered the results of the residents' parking restrictions survey.
 - i. It was agreed to ask CC to proceed with a residential parking zone in Hartland and Mayfield Roads.

- ii. A proposal to provide free parking to residents in The Main car park after 5pm was deferred to the August agenda.
- iii. A proposal to offer a grant to fulltime residents to lower the kerbs outside their homes to accommodate off road parking was deferred to the August agenda. In the interim the Clerk to obtain quotations from Terry Harris & Sons and Cormac.
- iv. A proposal to request the removal of the unused pavement outside No.9 Hartland Road to make room for more parking was deferred to the August agenda.
- v. Silvershell the response was inconclusive. No further action
- b. Parking Enforcement AS Parking had breached the terms of their agreement and had subsequently terminated their contract wef 8th August 2021. Cllr Raynor and Ms Jon had met with potential alternative providers. An Extraordinary Meeting had been called for Thursday 22nd July to finalise a replacement
- c. Additional CCTV Camera Members agreed to purchase two additional cameras for the play area.

Meeting Dates

The Parish Council has returned to Face-to-Face meetings and members of the public are invited to attend, however, numbers will be limited and anyone wishing to meet with Members should Contact the Clerk by Noon on 9th August 2021.

> Gillian Thompson Parish Clerk / RFO Email: <u>stendellionpc@gmail.com</u> Website: <u>www.stendellionpc.com</u>





In the garden ... with Pete the gardener

Swallows

Swallows prefer outbuildings which provide dark ledges and nooks and crannies for nesting. These are cosy in cold weather and cool when it is hot. Swallows can enter a building through a very small hole and need very little light. Brightly lit nest sites are mostly at risk from predators. Barn swallows have admirable traits, they actually help us by eating insects that buzz about and invade our outdoor activities. Swallows are capable of executing sharp, swift turns and dives to capture these insects. 44% of swallows return to the same nest every year.

Garlic & shallots

Shallots should now be fully grown and splaying their bulbs out in a cluster. Onions should also be of a good size by now. In sunny summers the ripening process turns the leaves yellow, in wet summers the drying process may need a little encouragement. Lift the bulbs away from the soil with a fork so that the shallow roots break contact with the soil. Leave them in the ground like this for 2 weeks or so and then gather them up. Space them out on a slatted bench or table in full sun. Once the skins are dry and papery, store them in a garden shed.

Garlic should be harvested as soon as the leaves go floppy, which can happen from the end of June until now, depending on when it was planted. The bulbs usually lie underground, so lift them carefully because garlic bruises easily. Shake off the soil and place them somewhere warm and dry before storing.

and did you know

The Egyptians grew and ate garlic and records from 3200 BC tell us that they regarded it as a sacred plant. Clay models of garlic bulbs were placed in the tomb of Tutankhamen, whether to ward off evil (as it is with vampires) or for its aphrodisiac qualities we shall probably never know. However,



aristocratic Greeks and Romans refused to eat garlic, although they fed it to their soldiers and workman to make them more aggressive.



Dahlias & Sweet Pea

Both Dahlias and Sweet Peas will be flowering their socks off this month. The best way to ensure that they continue to do so, producing a maximum number of blooms for as long a period as possible, is to keep picking the flowers really frequently, so add a vase or two to your kitchen table.





Fuchsias

Fuchsias are easy to grow as long as you give them some sunshine, and well drained soil, in a sheltered spot. For the best results, feed and deadhead them and keep their soil moist.

Jobs to do in the garden in August

Prune shrubs that have finished flowering.

Cut back established wisteria's to encourage flowering. Shorten the often rather long and whippey side growths on the main stems to 6 leaves each. On a large wisteria this can take quite a while, but it is worth it as it will encourage the formation of new flower buds ready for next year.

Dead head roses to keep them blooming - a sharp pair of secateurs is perfect for the job; just cut off the faded flower and flower stalks.

Feed all your roses with a special rose fertiliser, formulated to encourage both good growth and great flowering, as a reward for flowering so well.



WEBSITES OF THE MONTH

Summer appears to have finally arrived and with it many beautiful insects, particularly butterflies. Each year the Butterfly Conservation https://butterfly-conservation.org organise their 'Big Butterfly Count'.

This is an opportunity to help check how they are doing. 2019 was the best year on record (this count has been going now for 12 years) and last year saw a big reduction <u>https://tinyurl.com/butterflynumbers2020</u> - they reported about the numbers last year:

"..the number of butterflies counted in this year's Big Butterfly Count (17th July – 9th August 2020). Worryingly this summer's Count has seen a reduction in the average number of butterflies logged per count of -34% in comparison with 2019 and the lowest average number of butterflies logged overall since the event began eleven years ago. In all, during this year's Big Butterfly Count, over 1.4 million butterflies were counted across the UK."

They are very keen for people to join in the count and send in their results and you can find details here <u>https://tinyurl.com/</u> join-in-count for this year's count. It finishes on 8th August so there is time to join in. You can download a free identification guide. Last year, as well as the overall numbers going down the number of people counting went down. This is allowed for in the data but the more people who join in the more accurate the count.

One important reason for studies like this, of course, relates to climate change - a topic with an increasingly high profile. Records are being broken all over the place and extreme and unusual weather patterns are happening more frequently. In last year's column I described some of the ways these climate systems are being disrupted; the changing route of the jetstream for example, which may have led to the heat dome in North America recently <u>https://oceanservice.noaa.gov/facts/ heat-dome.html</u>) and it also covered the release of methane, a potent greenhouse gas. Sky news has a fascinating feature on its website about this - beautifully photographed but with a worrying message that the permafrost that holds lots and lots of methane is warming up faster than most other places on earth <u>https://tinyurl.com/sky-permafrost</u>

Last June, this column was largely devoted to the work of James Lovelock who describes himself as an inventor and engineer and who has been based in our neck of the woods for some years – see http://www.coombemillshippen.co.uk/about.html. His contribution has been so fundamental to our understanding of the environment and the field of Earth System Science https://en.wikipedia.org/wiki/Earth_system_science, that I thought I would come back to him again as it is also his 102nd birthday this month! He was born on 26th July 1919. Earlier this month he gave an interview for the BBC Hardtalk programme https://inyurl.com/lovelock-hardtalk where he says that while he thinks our planet is quite durable – "it has lasted for 3 billion years after all", he is distinctly pessimistic about the future. He was asked if he was worried and he replied: "Yes I am. I see Gaia, the system of the Earth, is about the same age as me in effect, I'm 102 coming up, and I mean it is equivalent to that in this planet's terms – it's time is approaching." The interview makes sobering viewing as there are few more authoritative voices than his on this topic, but at the same time he is inspiring as he thinks we still have a fighting chance of averting the worst effects if we get on with it. The big meeting coming up in Glasgow in November - COP26 https://ukcop26.org will be where it will all be decided, fingers crossed that all the governments can come together for all our sakes.

The Pilchard Palaces of St Endellion

At the end of the 18th Century, vast shoals of pilchards began to appear all round the coasts of the West Country and up into Wales. Pilchard fishing goes back many centuries with John Norden's 1584 map of Cornwall including a picture of boats in Mevagissey Bay engaged in this traditional occupation. It required the co-ordination of several boats to encircle the shoals and then large buildings to process the catch. These industrial buildings were known as Pilchard palaces in Cornwall, with many dotted all around our coasts. St Endellion parish had no less than ten: Four in Port Isaac, four in Port Gaverne and two in Port Quin. Most are still visible, although much adapted. Only the one at Port Isaac harbour maintains its original use as a building exclusively for fishing.

There were undoubtedly old Pilchard palaces dating from at least Tudor times, since Norden refers to Port Isaac as '*wounderfully increased also in buyldinges of late yeares by fishinge*' and Port Quin '*muche increasinge by fishinge also*'. It seems Port Gaverne was then in decline as he mentions '*ther have bene divers buyldinges, now all decayde since the growing of Portissick*'. When those fresh shoals turned up at the end of the 18th Century, a bigger capacity was needed. New companies, or seines, were set up to rebuild old cellars and construct new ones.



The 1839 Tithe Map shows four Seine companies in Port Isaac: The Industry, the Good Intent, the Mary, and the Providence. The Industry seine undoubtedly reused the site of one of the original Tudor buildings, its triangular shape fitting in the available restricted space. The building sits on foundations comprising vertical slates rather than solid blocks, which is identical to the construction of the old Tudor pier. This adds support to them predating the current 18th century cellar by 200 years or more. The original houses of old Port Isaac would have filled the valley bottom, so the other three cellars were built much higher up on what would have been empty clifftop fields. The Good Intent

seine is the only cellar that is no longer with us, having been demolished to build the school. The Mary and Providence cellars were 100 yards higher up, with the Providence alongside the path that goes round by Overcliff, and the Mary about 30 yards north-east of the Providence. By the time of the tithe map, all the seines were dormant, the last pilchard catch being around 1830. What is left of these two cellars has now been converted to living accommodation.

Three of Port Gaverne's cellars date from late 1802 to early 1803, when leases were granted over the land on which they would be built. These were Venus, Liberty and Rashleigh. The fourth one is earlier than these, as the seaward arm of the Union cellar appears on Earl





Fortescue's estate map from c1800. No doubt the other arms were built about this time to make the cellar we see today. The leases were 'three lives' leases which terminated either when all three named had died - and it is usually younger sons who are named in the lease - or on the specified end date of the lease, whichever is the earlier.



Port Quin has two cellars, the Venice and Carolina, almost certainly occupying the sites of those earlier Tudor buildings. Little exists of the Venice cellar today, which is more solidly constructed from stone rather than the slate and cob seen in the Port Isaac and Port Gaverne cellars. They are also a different design, possibly harking back to a Tudor design. The Carolina cellar is of the traditional rectangular shape.

The quantities caught were huge in the early years. In the season up to 28th August 1802 almost 600 tonnes were processed here. It was no doubt the profits from that year which spurred on the building of those three additional cellars in Port Gaverne to be ready for the 1803 season.

Two of the best preserved fish cellars in Cornwall are the Union and Rashleigh in Port Gaverne, owned by the National Trust. Around the outside you will see three layers of bricks some three feet off the ground containing a row of holes also three feet apart. These holes served an important role in the processing of the catch. The fish were packed in 'leaky' barrels, which would then be placed directly in front of each hole. A long beam was placed in the hole

continued from previous page...

so the beam with a weight on the end pressed down on the lid causing oil to be squeezed out of the packed fish. The 'leaky' barrel enabled the oil to ooze out between the staves and drip into a gutter running round the building. This was collected in tanks for sale as lighting oil. This was a valuable commodity which actually covered all the costs of the fishing, so the sale of the fish was all profit to be split between the fishermen and the seine owners. Most of the fish went to the Mediterranean.

In Port Isaac, the Mary and Providence both have just a single arm remaining. They are in use as accommodation, with the seaward end cottage of Providence being given that name. In Port Gaverne, the Venus cellar is now Green Door, and Liberty cellar is now Gullrock. The Union and Rashleigh are both a mix of accommodation, private parking, and business storage. The Carolina cellar in Port Quin is now holiday



properties. The rectangular Venice cellar is almost all gone now, with three quarters having been washed away some 100 years ago and the remaining quarter is now used for parking by NT visitors. The separate single arm alongside has mainly been demolished, with just the three brick layers visible in the rock face to confirm its original status. The part remaining is a cottage unfortunately called Carolina Cellar.

These historic fish cellars are an important part of our heritage. So many of the old cellars of Cornwall have been demolished to make way for new hotels and

Annie Price

apartment blocks, and it is only by accident that ours still remain, albeit serving different purposes. Presumably, there was not the pressure here to demolish and rebuild something new.

ΤΗΑΝΚ ΥΟU LIAM

Huge thanks to Líam Benz for his commitment to our wildlife, gardens and for particularly to bringing enthusiasm and his knowledge to Port Isaac school.

Líam also helps many of us supplying food for birds and helpful hints to preserve our hedgehog families and our birds. He does it all with love and dedication.

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SPOT THE DIFFERENCES

Can you spot 7 differences between the two pictures? Circle each one in pencil as you discover them – when you have found them all you can colour the pictures in



It's hot ... so fish is the answer ...

Well people, it's August (just) and maybe we're still in the middle of the heatwave (?) so my recipe for this month was a choice between two ... stew or beef goulash!!!! Only kidding, the thought of standing cooking for several hours is not very appealing at this time of year so quick, one pan meals are number one priority.

Fish is the answer. There is no "best fish", cos your favourite might not be too everybodies taste but if you plonk it on top of this cassoulet then whatever fish you use will be enhanced......trust me. My recommendation for this dish are monkfish, John Dory or hake.

> 1 red onion, diced 400 g tomato passata. 3 cloves of garlic Salt and pepper 3oz diced pancetta Squeeze of lemon splash of olive oil 1/2 glass dry white wine 400g tin of butter beans or 5 bean Knob of butter

Method:

Heat oil and add onions, garlic and pancetta and fry. Cook till bacon becomes crispy, deglaze the pan by adding wine and reducing by half, then add beans(after draining and cook for couple of minutes then add passata, lemon and salt and pepper, if you fancy bit of spice add 1/2 teaspoon of smoked paprika . Cook for ten minutes

The Fish

Get your fish of choice, filleted by John Collins and the boys of course, and lightly dust in seasoned flour. Heat pan, add knob of butter and splash of oil and once butter is melted add fish, skin side down and hold down to avoid fillet curling and cook till for 2 minutes. Then gently flip and cook for a further 2 to 3 minutes add little splash of wine and serve on top of warm cassoulet

Proper Cornish fish served with a Bretonish twist.....ANSOM

Dennis Knight's Fish Dish For months Dennis has been threatening to put his fish recipe in Trio. Here it is ... INGREDIENTS: 4 X 250G loin of cod, hake or pollock (skin on Serves 4 2 slices of back bacon cut into goujons 500ml whole milk 500ml white sauce: 60g butter 30g plain flour salt & pepper to taste 2 finely chopped cloves of garlic Pinch salt 3 finely chopped banana shallots or 4 round shallots 150g cold water prawns (frozen) 150ml double cream arated 1 heaped teaspoon Dijon mustard 200ml white wine (optional) stoned 250g grated cheese 2 packets smokey bacon crisps METHOD: 1. Preheat oven to 180°C/170°C fan oven. 2. Grease medium sized baking dish. 3. Place fish, skin side down, in the dish and lightly season with salt and pepper. 4. Fry shallots until opaque and then add bacon and fry until cooked but not too crispy. 5. Make white sauce and take off the heat. 6. Stir double cream into the white sauce. 7. Season the sauce with salt and pepper and stir in the Dijon mustard. 8. Add white wine to the sauce if desired and return to a low heat for a short while to cook out the alcohol. 9. Add frozen prawns, bacon and shallots and garlic to the sauce and stir gently. 10. Pour sauce over fish making sure it is all covered. 11. Sprinkle with the grated cheese. 12. Place in the oven for 20 minutes or until the cheese is starting to brown. 13. Lightly crush the crisps and sprinkle over the top of the cheese and return to the oven for a further 8-10 minutes or until crispy and golden brown. ENJOY!!



Kim's Crab Avocado

When Dee politely reminded me that I needed to do a recipe, the heat was way above normal. I expect that at by the time you read this it will be raining again, so I recommend you save this recipe for a sunny day or just pretend it is still really hot!

This recipe is delicious with our lovely local fresh crab but I am sure you can do it with other crab ...

300g of mixed crab meat (you do need the brown meat as it has the flavour)

95g crème fraiche

2 tbsp chopped chives

Juice of 1 lemon

1/2 tsp Cayenne pepper

100g Cheddar cheese,

2 Avocado's, halved and

In a medium bowl stir together the crab meat, Crème fraiche, Chopped chives, lemon juice, cayenne and season with the salt.

Scoop out some of the avocado so you have a bigger "bowl" and dice the scooped avocado and stir through the crab mixture.

Spoon the crab mixture into the avocado halves sprinkle with the grated cheese and heat under a hot grill for approximately 1 minute or until the cheese is just melting. Serve immediately.



Caroline Cleave | Featured Artist 1st to 30th August 2021

Artist Caroline Cleave's new body of paintings and mono type prints celebrate humanity's relationship with nature, and the many ways it has sustained us all through arduous months of lockdown. In particular, the emotionally uplifting return of spring and summer are detailed in her images of snowdrops, tree blossom and burgeoning hedgerows, which she has created as a metaphor for optimism and our emergence from the dark winter of Covid.

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Sunday August 8th Port Isaac Rowing Club REGATTA at Port Gaverne

Wednesday August 1 I th Community Cafe in the Village Hall - 10am-12noon St Endellion & St Peter's Garden Fete at St Endellion Hall - 2pm

> **Tuesday August 17th** Trelights Chapel Fete at the Mill House - 2.30pm

Wednesday August 18th Community Cafe in the Village Hall - 10am-12noon

> Sunday August 22nd RNLI Open Day at the Boathouse

Saturday August 21st COPY DATE FOR THE SEPTEMBER TRIO

Monday August 23rd PICC (Port Isaac Community Cinema) in the Village Hall -Northern Soul - doors 6.45pm, screening 7pm

Wednesday August 25th Community Cafe in the Village Hall - 10am-12noon

Sunday August 29th Port Isaac Community Farmer's Market on the hard standing at the playing field

> September 23rd-26th North Cornwall Book Festival at St Endellion

Sunday September 26th Port Isaac Community Farmer's Market on the hard standing at the playing field

St Peter's Church Harvest Festival & official re-opening of the Church

Sunday October 31st Port Isaac Community Farmer's Market on the hard standing at the playing field

> Sunday November 14th Remembrance Service in St Peter's Church

> > Sunday December 4th RNLI Christmas in the Boathouse

Church Services

St Peter's Church, Port Isaac Sunday mornings at 9.30am Trelights Methodist Church Sunday Service at 6pm