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Trio is issued eleven times a year and is available in Secrets and the Co-op, Port Isaac, or by post (£23 a year in the UK)

To subscribe please send a cheque, made payable to Trio, Calenia, 3 Trewetha Lane, Port Isaac, Cornwall PL29 3RN

To advertise in Trio call 07814 462164

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# Christmas Lights Switch On

December 8th 6.00pm Platt

Refreshments in the RNLI Boathous



A great big fat thank
you to all the children
at Port Isaac School for
their beautiful Christmas
stars that are decorating
this issue of Trio

## have a good one!



## NADELIK LOWEN

#### (HAPPY CHRISTMAS)

Well December is upon us already. Please come and celebrate with the Chorale in our varied concert list - see the dates and times below - Traditional Cornish Carols in the Village Hall, Nine Lessons and Carols in St Endellion. And don't forget our Carols in The Pub Nights in Pityme Inn, Cornish Arms at Pendoggett and Port Gaverne Hotel.

Friday December 15th

Carols in the Pub night
Cornish Arms, Pendoggett - 8pm (locals rates apply on the night)

Sunday December 17th
Nine Lessons and Carols
St Endellion Church - 6pm

Friday December 22nd

Carols in the Pub Night

Port Gaverne Hotel - 8pm (10% discount for locals)



This Christmas, Co-op members and customers can give the gift of community spirit by making a donation to the Port Isaac Community Fund.

Members can donate some, or all, of their member rewards balance using the Co-op app or online. Co-op customers can make a donation at the till points in any Co-op food stores. And the wonderful news is that, all the money raised by January 8 2024, will be matched by the Co-op.

Says the Co-op: "If you're @CoopUK member or customer, you can give the gift of community spirit this Christmas. Donate to the Co-op Local Community Fund and they will match your donation, so causes like us will benefit! Find out more at coop.co.uk/givethegift"



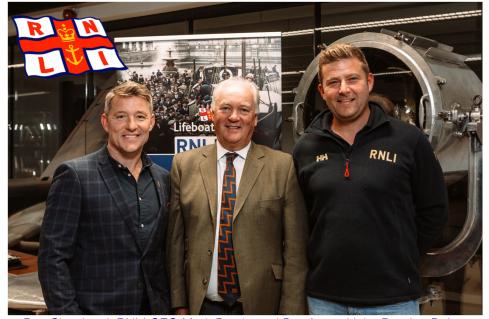
Cheryl, Dee and Sharon receive the amazing sum of £2513.83 from Co-op Manager Darren and Community Pioneer Gavin. A huge thank you to the Co-op and to everyone who chose us as their charity - the money will all be used to "provide activities and events for the older members of our community via our Community Café.

It's been another busy and successful year for our Village Hall and we end 2023 a lot warmer than in previous years. We have new doors and windows and a new internal door ... and the difference is amazing. Thank you to Martyn Collings and his team at Rock Joinery. Plus the new year will see our new oil tank being fitted and a garden makeover. All the profits from the Shanty Festival 2023 went towards these projects.

As always, a huge thank you to Port Isaac Co-op and all the staff for all the support they give to the Hall both from its local community fund and also instore.

And remember, Port Isaac Village Hall is there for you. If you want more info contact Dee on 07814 462164.





Ben Shepherd, RNLI CEO Mark Dowie and Port Isaac Helm Damien Bolton

The RNLI's 200 Voices podcast launched on 18 August 2023 and, in the run-up to the RNLI's 200th birthday on 4 March 2024, they are releasing one podcast episode every day for 200 days.

You can now hear a very special episode with *Good Morning Britain* and *Tipping Point's* Ben Shepherd who talks extensively about his links with Port Isaac and friendship with Helmsman Damien Bolton.

200 Voices is available from wherever you get podcasts – including Apple Podcasts, Google Podcasts Spotify and Audible.



There's some exciting news for fans of *Saving Lives at Sea*. Port Isaac RNLI are to be featured in the next series of the show. Filming took place early in the evening to simulate the conditions of the shout. Sadly, eager fans are going to have to wait until the show airs next year. But we'll let you know as soon as we have a date.





The club's AGM on November 23rd was very well attended, with old and new members squished into the Penhaligan Rooms, above the snooker room in the Liberal Club. It was an interesting meeting which looked back over the past year and forward to what comes next.

There were some changes to the committee with Dave Upward, whose been in the role for a few years stepping down as Chairman and Bev Harris, a long time club member, taking on the role. Other changes were with the Hon. Secretary and Treasurer's roles being filled by Ann and Simon Taylor. With plenty of old and new members stepping up to be committee members.

The committee have some great ideas to take into the next twelve months and with the enthusiasm already shown it should be a great year. The focus will be on training, attending the May Bank Holiday weekend World Championships in Isles of Scilly, other local events, fund raising and boat maintenance.

It will be important to get the maintenance completed on Roscarrock once the boat's returned from having essential repairs carried out, as this is the club's competition gig and will need to be ready for transporting to St Mary's in March next year.

Another important aspect will be devoting time, effort, sweat and dedication to training for the events. Some members are already signed up to a gym with their own training regime, but for others we're hoping to have some regular sessions in the village hall in Port Isaac. If there's interest we'll be opening the sessions up to everyone, club member or not.

If you'd like more info about gig rowing and the club please contact Ann at:
Butterworth ann@hotmail.co.uk



Port Isaac Heritage

## **Our 85 Club Winners**

Father Christmas, from the North Pole, but on a visit to the RNLI Christmas Market, drew the winning tickets for November and they were ...

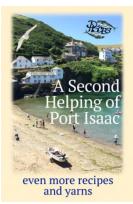
FIRST PRIZE OF £41 - ticket no: 59 -Carol Taylor

SECOND PRIZE OF £26 - ticket no: 65 -Mike Button

THIRD PRIZE OF £18 - ticket no: 35 -Pam & David Male

Thank you to all our 85 Club members for supporting Port Isaac Heritage

## The perfect Port Isaac Christmas gifts from Port Isaac Heritage



A Second Helping of Port Isaac Port Isaac recipes and yarns

HE REAL VOICES OF PORT ISAAC

The Real Voices of **Port Isaac** as told by the real voices of Port Isaac

Our new booklet, taken from our popular Doc Martin Exhibition

All available from the Chapel Cafe, Port Isaac Pottery and Secrets or via our website www.portisaacheritage.co.uk

## Big plans for 2024

Film Evening

## "The Old Days in Port Isaac"

Thursday January 18th (doors open at 7pm) Bar and Refreshments Port Isaac Village Hall /Tickets £5 on the door

## "Walk and Talk"

An evening of yarns with John Brown

Thursday February 22nd (doors open at 7pm)

Bar and Refreshments

Port Isaac Village Hall/Tickets £5 on the door

Dates still to be set for:

'Old School Days': a chance to see the old school logbooks, and hear school stories from days gone by (with refreshments)

A Taste of Port Isaac: Relaunching an updated new edition of our award-winning, firt sell-out book.

We're looking for a few more new recipes please! Especially those with a Port Isaac link. Please send any recipes or tales to Dee, either via email dee54@mac.com or pop through the door of Secrets.

## New painting Prize Draw

A Village Trail: A fun, informative booklet to guide you around Port Isaac - for all ages!

A John Trevan evening (May half-term): Following on from our previous successful Trevan evenings, we share the secrets and gossip from 1884 taken from his original handwritten journal of daily life.

Thank you for supporting us.

Our aim is to collect and share the history of Port Isaac ... everybody has a story to tell www.portisaacheritage.co.uk



## **TALKS & TRIPS**

The **Port Isaac Look Group** meets regularly and its aim is to invite speakers to talk about their specialist subject and connect with current exhibitions. We meet in both Port Isaac Village Hall and St Endellion Hall. It is linked to Tate St ives through their Look Group programme, initiated in 2009. This enables Cornwall-based Look Groups to connect with each other and enjoy regular visits to exhibitions and special events and activities - tate.org.uk For a fee of £5 and proof of your local address, you have access to a locals pass which also gives you admission to other exhibitions in the future.

The Port Isaac group meets regularly and has a varied and diverse range of talks and trips.

Please contact Caroline Cleave - 07966 501156 if you would like to be added to our group and receive details of our Spring programme.

Monday December 11th. - Port Isaac Village Hall, 7pm

### A CURIOUS COLLECTION OF CORNISH **DELIGHTS** (talk number 3) Merry Threadgold

with Christmas around the corner, what better time to connect with a truly Cornish creation for families and children



In this ILLUSTRATED TALK, the creator, Merryn Threadgold, explains why she wanted to make a memory game entirely about Cornwall and the extensive research, copyright clearance and development it involved. Antique magic lantern slides, vintage postcards, commissioned artworkd and museum pieces all went into the mix, demonstrated in the accompanying slide show. The result spans 300 million years of Cornish history aimed at children though play.

Mince pies and mulled wine will be served and we will look back over 2023 and the Talks & Trips which have been both informative, inspiring and amusing.





## Port Isaac Dispensary Update



We have hired!

New dispenser Claire has started full time and is a great addition to the dispensary team.

## **Prescription Collection Points...**

Did you know we deliver?



#### **Meet Martin!**

Martin is our prescription delivery driver.

Martin delivers prescriptions to the following collection points available to dispensing patients:

- Delabole (Spar shop) Every day
- St Teath (Village shop) Every day
- St Kew (Village Hall) Monday's and Thursday's
- St Tudy (Village Shop) Every day
- Newslines (Village Shop) Every day
- St Mabyn (Village Shop) Monday, Wednesday, Friday
- Blisland (Village Shop) Monday, Wednesday, Friday
- Polzeath (Spar shop) Every day

## ORDERING MEDICATION OVER THE CHRISTMAS PERIOD...

Port Isaac Dispensary is CLOSED:

Monday 25th December

Tuesday 26th December

For Christmas day & Boxing day.

The dispensary will be back open as normal on Wednesday 27th December.

Please do not order excess medication to cover you for the festive period as over ordering will cause increased pressures in the dispensary and potential delays for others.

The dispensary is only closed for 2 days so please request your medication as normal.

We wish you a very Merry Christmas & a Happy New Year, from the Dispensary Team.



## ISTMAS CHAT

We had the best of times again at the Boscastle Shanty Festival and we think they liked us ... they want us back next year anyway!



Before we set off for Boscastle we sang at the Port Isaac Remembrance Sunday Service in St Peter's Church. A very emotional and special event that we have been part of for several years now.

We really enjoyed the Cancer Research Concert in Wadebridge Town Hall as well. We joined Wadebridge Male Voice Choir and the St Mabyn School award winning choir. And of course we mentioned we were award winning Gulls! You know it's true, I mean, how many times have we won the Comedy Cup in the Port Isaac Carnival!

All that's left is a party to sing at in St Tudy and our Christmas "do" and then we have a bit of a break until 2024! Then it's all systems go for some new songs for the Shanty Festival in April and some other things that we will tell you about next year!

So it just leaves us to say ...



IF YOU WOULD LIKE THE GULLS TO SING AT YOUR RIGHT EVENT PLEASE GET IN TOUCH GULLSPI@ICLOUD.COM 07814 462 164

## **ENDELIENTA ARTS**

Arts and Spirituality in North Cornwall

## DECEMBER EVENTS AT ST ENDELLION (PORT ISAAC, PL29 3TP)

## **Chapel Street Ensemble** St Endellion Church

## Friday December 8, 7.30pm £12

We are delighted to be hosting The Chapel Street Ensemble for this year's Christmas concert. The Chapel Street Ensemble was formed in 2021. bringing together leading up-and-coming professional musicians from West Cornwall under the guidance of Timothy Dean. Named after one of the most historic and characterful streets in Penzance, the ensemble initially started as a piano quartet in 2020 and have been growing ever since. They are Nat Jones (violin), Katy Rowe (violin), Emma Stansfield (viola), Dani Jones (cello), Seb Poznansky (cello), Jacob Perry (clarinet) and Timothy Dean (piano).

Tickets available at: https://endelienta.org.uk

## **Endelienta Arts Make Club: STAINED GLASS** St Endellion Hall Saturday December 9, 10am-12 noon £5 per family

Join us as we use coloured tissue paper to make our very own stained glass windows.

Each month we have new creative ideas to keep the whole family busy. The Make Club is a fun space to explore, create and get messy. The workshops are led by inspirational artists and makers. Remember to book in advance as tickets sell out fast.

Tickets available at: https://endelienta.org.uk



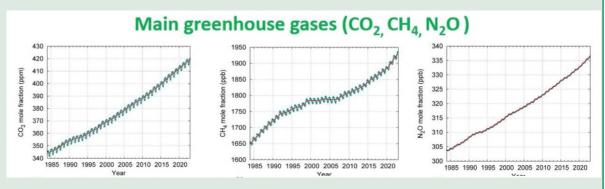


## Websites of the month

Amazing that it's the Christmas special already and decorations are going up everywhere. As we come to the end of 2023 its a time when people take stock of how we have done over the past year, whether we have kept our new year's resolutions (probably unlikely) and what we might plan for 2024. As this column started out about climate change, I thought I would focus on how we have been doing in that department. It's often referred to as the climate and environmental crisis, and while we don't mind reading novels and stories about crises, the ones that really affect us are harder to take in. Nevertheless, this one is, unfortunately real, so here goes with a summary.

As I write this column we are three days away from COP 28 <a href="https://unfccc.int/cop28">https://unfccc.int/cop28</a>- the big gathering of pretty well all the countries in the world to try and sort out global warming the effect this has on global weather systems. COP stands for Conference of the Parties and 28 means it is the 28th such meeting since they first started in 1995, nearly 30 years ago. This followed the adoption of the United Nations Framework Convention on Climate <a href="Change https://tinyurl.com/UN-FCCC">Change https://tinyurl.com/UN-FCCC</a> which was adopted in 1994 and has been ratified by 198 countries. It recognised that there was a problem with greenhouse gases from human activity and that something needs to be done. It put the onus on developed countries to lead the way as they have contributed most to the current situation, and made commitments about funding. The various COP meetings since then have been largely about making further commitments, agreeing (or not agreeing) on targets, and reviewing progress.

I think it is fair to say that progress has been rather underwhelming. This was the situation as well when we had COP 26 in Glasgow in 2021 and it was apparent to anyone paying attention that there was a critical need to rapidly reduce greenhouse gas emissions.



As with all COP's there are a flurry of reports on what the state of play is and for this article, I think just one will be enough. The World Meteorological Organization report entitled The Greenhouse Gas Bulletin <a href="https://tinyurl.com/WMO-GHG2023">https://tinyurl.com/WMO-GHG2023</a> which goes into some detail about the main greenhouse gases ( Carbon dioxide, Methane, and Nitrous Oxide gas and you can see from the picture below that all three of them have been steadily increasing. There is a useful explainer video on YouTube <a href="https://tinyurl.com/GHG-video">https://tinyurl.com/GHG-video</a> and says that they are monitoring where these gases come from better and what systems take it out of the atmosphere (sources and sinks) which will hopefully make for better policy decisions.

One issue for us as a coastal community is sea-level rise and Bude is particularly at risk from flooding. The Bude Community Area Network <a href="https://tinyurl.com/Bude-CN">https://tinyurl.com/Bude-CN</a> was awarded just short of £2m earlier this year to protect it and surrounding areas from flooding <a href="https://tinyurl.com/BudeCN-award">https://tinyurl.com/BudeCN-award</a>. They partly at least based their bid on the risk of flooding from a group called Climate Central that has an online map where you can see how sea level will affect Bude (and other places like)



Port Isaac, Padstow etc) by looking a the flood risk map It also has lots of other maps connected with climate change <a href="https://tinyurl.com/Flood-risk-map">https://tinyurl.com/Flood-risk-map</a>.

You will be pleased to know that climate change doesn't mean there won't be another white Christmas. The Met office has a special part of its website devoted to this <a href="https://tinyurl.com/Met-office-white-christmas">https://tinyurl.com/Met-office-white-christmas</a> and it says that while it's always been rare to have snow on Christmas day (its more common in January through to March) it can still happen. So, keep your snow boots ready, and, to keep us cheerful, there are still flowers in bloom.

Tony Wainwright

## St Endellion Parish Council Contract & Maintenance Supervisor Report

This time of year, when the busy summer season's done, it feels like people have more time to be sociable with lots of things going on in the parish. Worthy causes are supported and fund raising goes on. I see folks out and about and there's time to chat between the rain showers and I get to find out about things that I might be able to sort out or help with in some way, which I feel is important to how my role works.

Last month I mentioned that Cornwall Council had turned up to cut the grass banks New Road car park, but couldn't because of the cars parked in there! Well, fair play to them as they returned and this time managed to do two of the four banks. I'm hoping they'll come back, maybe in the spring, before the village gets too busy and cut them again.

Back in August the conveyor belt was scheduled for some essential repairs. They have now been done, it's taken quite a while to complete. Partly due to the removal of the old wood, partly to the delay in the supply of timbers and partly to the availability of the ground work team. But I'm pleased to say that it's finally done and back in use.

There have been a couple of broken items in the play area recently. The gate into the football field had a couple of slats knocked out and a panel inside the hut and slide looked like it'd been kicked in. I don't know whether these incidents are related or not, either way they've been repaired, but it's not nice for other users of the play area and if anything further happens I'll be scrolling through the cctv footage to find the culprit/s.

Another antisocial incident is the graffitiing of the walls inside the old bus shelter at the top of Fore Street. To be honest it wasn't very artistic and it cleaned off easily!

The Main car park ticket machines have played up recently. The enforcement company called me to say that two of the machines weren't working. When I checked it was a paper jam in both machines. Sorted easily and I let the enforcement company know they were fully functioning again. While I was there I did a bit of litter picking, as I usually do. When I got to the overflow area I saw that there had been a small fire set against some wooden supports which help to retain one of the large grass banks and some burnt out aerosol cans. If this happens again I'll add it to my cctv watching schedule.

This time of year is when the Biffa street team take any annual leave that's still due, so both of the regular guys have been on holiday. The relief crew have been very cheerful and enjoyed being in the area. They were, however, unaware of the Parish Council owned bins in the Main car park and the single one in New Road car park. When I got to the bins they were so full I had to decant some of the rubbish into fresh bags so I could empty the actual bag from the bins. The relief crew emptied the bins for the rest of their time here!

The streets in Trelights would definitely benefit from a mechanical sweeper. When I asked Cornwall Council about this I was told I could request one directly from Biffa as the condition of the roads is below the accepted level, judged from photos I sent to them. Along with the explanation that the area is regularly inspected to check the state of the roads. Hmm, really?! So I'm hoping that it's been done by the time you read this. There's been a small road sweeper in Port Isaac recently, but I don't think it got as far as Port Gaverne, never mind Trelights!

My focus for a couple of weeks during the past month has been on getting a couple of the well walked footpaths cleared of overgrowing vegetation. The path from Trewetha to The Mill and from there to Church Hill has been cut right back. As has the path from Trewetha to Port Gaverne valley. This one might get some more attention next year to clear the path where the steps are to make them easier to use.

Also, Phil Burnard and myself cleared Port Gaverne valley of fallen branches and trees. There was a lot of debris which came down during the recent storms.

We also removed a few other potential hazards too. So, apart from the copious amounts of mud it's walkable!

The hedges in Trewetha Lane and Back Hill have been cut too, it looks much better and the visibility for vehicles is much improved. Thanks for this go to Councillor Symons for organising it.

Meetings I've attended this month include the Playing Field Development Working Group, it is hoped that the group is working towards a public consultation so that it's recognised what type of facility is required by the community.

There was an AGM for Cornwall Community's Flood Forum at the Royal Cornwall Show ground. I went to the AGM last year and found it to be very informative. This year the speakers were mostly from the agricultural sector talking about runoff from the land and how to prevent it, or at least trying to prevent so much, fertiliser etc. being washed into the rivers and eventually the sea. All of which suffer from the contamination.

I had a meeting with the Parking Enforcement company and attended the Full Parish Council monthly meeting too.

It's been a while, but I can confirm the work to remove pavement in Hartland Road to make more parking space has been completed. It's so nice when a project which has been rumbling on for a while comes to a fruitful end!

Another project which has been on the back burner is the 'Keep Clear' road markings for outside the RNLI station. This has now been done and looks very smart. Let's hope the public take notice and not leave vehicles there. If they do it could have potentially serious consequences for any emergency responses by the Lifeboat.

Smaller issues that I've reported to Cornwall Council or dealt with include: a road sign left behind by Cormac, a couple of streetlights malfunctioning, blocked highways drains in Port Isaac and Trelights and checking around Port Isaac

and Port Gaverne after storm Ciarán. The electricity meters in the public toilets and for the retail outlets have to be serviced every three years. It was the turn of the meter for Maggie's Kiosk to be





#### REPORT FROM THE NOVEMBER MEETING

#### Parish Council Chair:

We have received an email from Galiford Try informing us of plans for an electronic communications base site on land at Pennant Farm. One of the attachments emailed requests advice on local stakeholders or groups that my like to make comment. The clerk will share the information to the Parish Council's Facebook page to reach any potential stakeholders/groups.

Plans of this nature have been received in the past for the same area and have been refused. Members require more information on the masts visual impact, how good will the new signal be and any not spots in signal. Cllr Williams raises the point that with most people having access to Wi-Fi calling there may not be a need for improved Vodafone signal. Cllr Kirkham would like to collect public comments and make a response. Cllr Raynor reads out Cllr Hills queries sent via email.

All agree to reply informing Galiford Try that we are consulting public opinion and require more information. Cllr Williams has offered to draft a letter and discuss with Jim Wood (AONB). Cllr Kirkham requests the supply a Landscape Visual Impact Assessment (LVIA) ref the AONB.

Divisional Members Report: Divisional Member Mould not present. No report.

Playing Field Development Working Party: Cllr Button not present. No report.

#### STEND HWG:

Cllr Williams reports the site meeting at Glebe Farm ref the PC Planning Application as positive.

Dispensation was sought from the planning officer for Cllr Symons to attend the meeting due to his interest in the access points to the site.

Senior planning officer, Mark Evans is mentoring Fiona Caitlin (case officer), it was impressive to witness his questioning of the conservation officer and the landscape officer. Overall, it felt like a very productive meeting.

Cllr Williams has discussed the progression with Cllr Mould. Previously Estates Management have said that once the pre app was in place they would engage with the HWG, this hasn't yet happened, but Cllr Williams is still hopeful a meeting will soon be arranged to include the Affordable Housing Team. We should hear the outcome of the pre app by the middle of December 2023.

#### **Planning Applications:**

a. PA23/07674 19 Rose Hill Port Isaac

Replacement of West extension, new second floor rear extension, new front door canopy/porch, internal and external alterations.

Support. Conditions; local coloured slates, nailed not clipped.

b. PA23/08205 6 & 8 Trelights Port Isaac

Deed of Modification to s.106 dated 30.06.2010 to update the Mortgage Exemption clauses for 6 & 8 Trelights in Port Isaac. **No comment.** 

- c. PA23/00995/PREAPP Glebe Farm St Endellion Road St Endellion
  - Planning Performance Agreement for the construction of 25 affordable dwellings and between 3 live/work units, and 3 commercial units, including appearance, layout and scale, along with heritage and landscape impacts, highways, access and drainage. **Support.**
- Cuppoit
- **d.** PA23/082455 Land North West of Trevathan Farm St Endellion Port Isaac Erection of a cattle shed. **No comment.**
- e. PA23/06515 Amended Plans 2 Cliffside Port Isaac

Proposed single storey extension with balcony terrace over creating an additional and minor internal re-ordering of an existing dwelling to include the adaptation of 2no. dormer roofs and the addition of 1no. dormer roof. **Withdrawn.** 

Licensing Applications: None.

**Diary Dates: Full Council Meeting** – Monday 11th December 2023, 7pm, St Endellion Hall Full minutes from this meeting are available on the Parish Council website

www.stendellionpc.com

Danielle Harrison, Parish Clerk
Email: stendellionpc@gmail.com Website: www.stendellionpc.com

#### Clare's bit continued ...

checked by a qualified electrician. Oh, and South West Water have switched off the water supply at the old Central Garage.

You know what comes next?! Yes, it's toilet talk time! The work to give the accessible cubicle at Roscarrock Hill a little 'zhuzh' has been completed, apart from the paintwork which I'm hoping will be done before this goes to print. I'm waiting to hear from a couple of builders before the next part of the work can be started.

Other maintenance at Roscarrock; a new light fitting for the vestibule outside the accessible cubicle has been fitted. At New Road the accessible cubicle door is behaving very badly. It won't open! It's connected to the mains electricity via the coin machine, but whatever I do it won't open. Not even when I completely switch off the supply. Again I hope to have this fixed before long and before you read this.

The Main loos have had a few little things going on. The threshold to the accessible loo was sticking during the summer which prevented the door closing properly. The metal plate was removed a few weeks ago and now it's got a new covering to prevent any trip hazard. Oh and one of the toilets was completely blocked. I'd let someone in to use it as they didn't have 20p and they caught me with a key in my hand! When they came out they told me it was blocked! Oops! But I managed to clear it.

If you'd like to contact me about any parish issues my mobile is: 07494 589 638 or email: clarejonsten@gmail.com





Nursery & Reception Open Days

From January 2024

Nippers Nursery Open 8.00am to 5.00pm Monday to Friday Saturday 25 November 10.30am to 12.30pm

> Friday 01 December 1.30pm to 3.30pm

https://portisaacacademy.eschools.co.uk/web

## Nursery and Reception Children

Port Isaac School are pleased to announce that from January 2024, Nippers Nursery will be open every day from 8am until 5pm. The nursery is already an amazing, engaging, learning space but we are looking forward to the water garden being built next year too.

Starting school? If you have a child who was born between September 1st 2019 and August 31st 2020, you need to apply by the January 15th using this link:

## https://tinyurl.com/ mrxrcvp6

If you would like to visit Nippers Nursery or Port Isaac School, please contact the school office on 01208 880494.





## HIGHLIGHTS OF THIS HALF TERM







## **Sporting Events**

We are so proud of our pupils who have entered one of the many sorting events this term. The Year 6 represented Port Isaac in a Gifted and Talented competition at Wadebridge School; they all did amazingly, and two talented pupils have been selected to enter even more competitions. The KS2 girls took part in a football tournament and did Port Isaac proud. This month many of our KS2 pupils are entering a tough cross country race at Wadebridge School – good luck!



TT Rockstar winners

Both me and my boss a.k.a. Kim would like to wish everybody a very Merry Christmas and a great 2024. Stay safe and Soberish ... ANSOM

# vinter Warmers

Well, well, well ... Christmas is nearly here and I expect, just like us, you're all well organised for the big event! So here's a couple easy winter warmers and a pud ...

## Chilli Bean Stew

#### Ingredients:

2 tbsp of olive oil

1 chopped onion

4 cloves of garlic, chopped

2red chillies, deseeded and sliced

8oz canned kidney beans, drained and rinsed 8oz canned cannellini beans, drained and rinsed

8oz canned chickpeas, drained and rinsed

1 tablespoon of tomato purée

700 to 850mlof vegetable stock

1 red pepper deseeded and chopped

4 tomatoes chopped

6oz of shells fresh broad beans if available 1tbsp of chopped fresh coriander

Sour cream & Paprika to garnish

#### Method:

Heat the oil in a large heavy based saucepanwith a tight fitting lid. Add the onion garlic and chilies and cook, stirring frequently, for five minutes until soft.

Add the kidney beans, cannellini beans and chickpeas. Blend tomato purée with a little of the stock and pour over the bean mixture and then add the remaining stock.

Bring to the boil, then reduce the heat and simmer for 10 to 15 minutes. Add the red pepper, tomatoes and broad beans

Simmer for a further 15 to 20 minutes or until all the vegetables are tender. Stir in most of the chopped coriander

Garnish the stew with a pinch of paprika, any remaining coriander and a gert big dollop of sour cream.



## Risotto with Parma ham 🍱



#### Ingredients:

1 tbsp olive oil

1oz butter

1 finely chopped white onion

12oz of risotto rice

About 15 saffron shreds

5 fluid ounces of white wine

1½ pints of simmering chicken stock

8 sun-dried tomatoes in olive oil, drained and chopped into strips

3½oz of frozen peas, thawed

2oz Parma ham, shredded 3oz freshly grated Parmesan cheese

salt and pepper

#### Method:

Firstly heat the oil and butter in a deep saucepan over medium heat until the butter is melted at the onion and cook for five minutes until the onion is soft

Reduce the heat add the rice and saffron and and mix to coat. Cook stirring constantly for 2 to 3 minutes until the grains are translucent. Add the white wine and cook stirring constantly until reduced

Gradually add the hot stock a ladle at a time stirring constantly adding more liquid as the rice absorbs each edition cook for 10 minutes and then stir in the tomatoes

Cook for a further eight minutes then add the peas and ham stir and cook for a further 2 to 3 minutes or until all the liquid is absorbed and the rice is creamy but still firm to the point remove from the heat season to taste and stir in the cheese

Grate some fresh Parmesan over the top to finish it

## Strawberry Cheesecake Preheat the oven to 300°F, gas mark two. Melt the butter in a saucepan over low hea

Toppina

shavings

6oz mascarpone cheese

1½oz white chocolate

4 strawberries, halved

#### Ingredients:

For the base

2oz unsalted butter

7oz crushed digestive biscuits

3oz chopped walnuts

#### **Filling**

1lb of mascarpone cheese

Three beaten eggs

3 tablespoons of castor sugar

9 ounces of white chocolate broken into pieces

10 1/2 ounces of strawberries hulled and quartered

#### Method:

Melt the butter in a saucepan over low heat and stir in the crust biscuits and

Spoon into a 9" springform cake tin and press evenly over the base with the back of a spoon and set aside

To make the filling, beat the cheese in a bowl until smooth and then beat in the eggs and sugar

Melt the white chocolate in a heatproof bowl set over a saucepan of gently simmering water stirring until smooth remove from the heat and leave to cool slightly, then stir into the cheese mixture and then stir in the strawberries Spoon the mixture over the biscuit base and spread evenly and smooth the surface. Bake in the preheated oven for one hour or until just firm Turn off the oven and leave the cheesecake inside with the door slightly ajar until completely cold. Transfer to serving plate and top with the topping mascarpone cheese, the chocolate shavings and the strawberry halves



# Christmas at St Peter's



There are still some tickets left for the Johnny Cowling Christmas Concert at 7pm on December 14th at St Peter's church. Tickets can be obtained by calling Pat on 01208 880969, Marion on 01208 880492 or from the RNLI shop. Complimentary drinks on your arrival.

CHRISTMAS APPEAL FOR ST PETER'S CHURCH, PORT ISAAC & ST PETROC'S CHURCH, BODMIN Christmas Charities THURSDAY DECEMBER 14th ST PETER'S CHURCH PORT ISAAC 7pm TICKETS: £15 each

Our Christmas Eve Service will be at 10pm and will be led by the vicar, the Rev Craig Marshall.

On Sunday January 31st the churches in our cluster will hold a joint service in St Endellion Church at 11am. The first service of 2024 in St Peter's will be at 9-30am on Sunday January 7th.

Pat Pearson

After the very successful Craft Day held in October, Alison is to hold a second Crochet Day at 10am on Saturday December 9th in St Peter's. Everyone is welcome even if you did not attend the first session.

The craft course held on alternate Wednesdays has proved popular, our next session will be in January contact Pat on 01208 880969 for details.

Later this month members of the congregation will be helping the pupils at Port Isaac school to make Christingles. The pupil will learn about the meaning of the Christingles. It is a fun afternoon for everyone and the pupils definitely enjoy eating the sweets.

The Christingle Service will be at St Peter's Church on Sunday 24th December at 3pm, families with children of all ages are welcome to take part in this service. St Peter's will be hosting the Port Isaac School Carol Service again this year in the evening Chapel Warden of Wednesday December 13th.

MAY WE AT ST PETER'S CHURCH WISH EVERYONE A HAPPY CHRISTMAS AND HEALTHY NEW YEAR



## PANTOMIMES - A PECULIAR LY BRITISH Institution (Oh no it isn't. Oh yes, it is!)

The earliest pantomimes evolved from the centuries old Mummers plays performed around Christmastime. These introduced bawdy humour, and stories in which good defeated evil. In those early years, women were not allowed to perform, so gender role reversal was born out of necessity, rather than played wholly for comic effect as we expect now. Originally, pantomimes were not restricted to Christmas, and the earliest reference in Cornish newspapers to a pantomime was at the Falmouth Theatre on 15th February 1802 called "Perouse, or the

Desolate Island", with the reporter giving this description of the preparations -

We understand the scenery for the new and popular Pantomime "Perouse, or the Desolate Island," is in a very forward state; and from what we have seen of it, will exceed anything yet produced at our Theatre - the Shipwreck, the cavern adorned by the hand of nature with rocks of coral and diamonds, and the landscapes, of which there are several, have all the romantic characteristics of nature in her wildest and most captivating forms. We shall be much mistaken if the performance of this truly grand and favourite piece does not prove highly gratifying to the public, and profitable to the manager.

This pantomime was first performed in Covent Garden the previous year. It was unlike a modern pantomime, and very loosely based on the tale of the ill-fated French explorer Compte de La Perouse who charted Botany Bay in Australia and ended up shipwrecked in the Solomon Islands in 1788. The pantomime has Perouse befriended by a clever monkey called 'Ourang Outang' (or Little Wild Man of the woods), similar to Robinson Crusoe and his Man Friday. In the final scene, with the aid of the crew of a French rescue ship, the monkey ends up massacring all the natives who were attacking Perouse as he went to leave and return to France. Definitely not one for the kiddies.



PEROUSE:

Previous to which will be performed the Comedy of THE HEIR AT LAW.

Tharacters, and other Particulars, will be given in the Bills.

Tickets to be had of Mr. Elliott, at Wynn's Hotel, and of Mr. Fisher, at Mr. Rowe's, Cooper, Fal-mouth; also of Mr. Brokenshire, at the Crown,

Nights of playing are Mondays, Wednesdays, and Fridays.

especially around Christmas. This toned stories down to match the younger audience, and by the 20th century the pantomime we know today had evolved; pantomime dames played by men, the principal boy played by a girl, with full participation from the youthful audience (and their parents) who were expected to hiss the villain and cheer the hero, as well as warn the hero what dastardly deeds were going on behind him.

Formerly the province of adults, children started to be

taken to the theatre from mid-Victorian times.

Almost a century ago, the Cornish Guardian of 15th January 1926 gave the first brief report of Port Isaac's own contribution to the genre -

The pantomime "Cinderella" was given by children under the direction of Mrs Donnithorne at Port Isaac on behalf of the Church Repair Fund. The parts were well sustained, and great credit is due to all who took part. Over £15 was realised [about £750 today]

The Newquay Express and Cornwall County Chronicle of Thursday 25th December 1941 reported that our evacuee children entertained their temporary foster parents with the pantomime "Cinderella at Home" in the Church Rooms -

Here the distinguished personages of Fairyland and Pantomime blossomed forth in surprisingly ambitious costumes, played their parts with a freedom and gallantry as well as high-spirited enjoyment, and infected the audience with the happy atmosphere of the Kingdom of Make Believe. It is true the parts were sustained by the older scholars from whom more was naturally to be expected, but there were indications of personality and a general appreciation of the requirements of the presentation which were extremely commendable. Mrs Heard (one of the teaching staff) was a very sympathetic and helpful accompanist.



The 1950s cast of Babes in the Wood

Merle Honey, Velma Collings, Doris Evans, unknown, Ruth Robinson, Eileen Byfield, Shirley Collings, Gillian Orchard, Doreen Byfield, James Platt, Ann Thomas, Jean Glover, Christine Glover, Ted Robinson, Mrs Brimacombe Front row: Joyce Hambly, Margaret Tucker, Audrey Collings, unknown, Jean Williams, Ann Irons, unknown, unknown, unknown

After the war, pantomimes continued to be a regular Christmas feature. Port Isaac Heritage received a fine picture from

sometime in the 1950s of the panto cast in 'Babes in the Wood' at the Temperance Hall.

In more recent years, when TRIO started in 1982 its first December edition reported the annual village pantomime as 'Snow White and the Seven Dwarfs', put on by the Port Isaac Players. It appears some performers left the show in their costumes as Sylvia McCrohon and Liz Fletcher desperately appealed for their return in the January TRIO. The 1987 panto did not take place in the village hall due to work being done that winter, but Bess Coates reported they would be putting on a 'Surprising Programme of Entertainment' in the Church Rooms. Our resident artist, Frank McNichol, was on hand to provide his expertise in designing and making the various pantomime backcloths needed, a few of which I was able to rescue when they were in danger of being thrown out some 20 years ago. Over the years, productions have included these perennial favourites; Snow White and the Seven Dwarfs (half a dwarf apparently being lost for the 2003 production!), Aladdin, Cinderella, Peter Pan, plus Hansel and Gretel, Sleeping Beauty, and Jack and the Beanstalk. In 1990 we saw Santa in Space, and the Millenium Christmas panto was Beauty and the Beast of Bodmin, with the 2008 panto being Robin Hood and Babes in the Wood.

With a break in the 1990s, the Port Isaac Players were responsible for our pantos until 2001, when our current *Drekkly Theatre Company* took on the task. After producing a panto roughly every other year since then, they are taking a break in 2023, to return in 2024.

Malcolm Lee, Port Isaac Heritage





The Trio ad for the 1985 Port Isaac panto

'it takes a lot of cake to put on a pantomime in Port Isaac"



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## A huge thank you to all businesses and individuals

I am unable to thank everyone personally as I am in hospital. However, I do want to pass on my huge appreciation and thank everyone for being so supportive in so many ways, towards making the 20223 Poppy Appeal such a success. Despite the economic climate and hardships everyone has been so generous again. I don't have the exact figure raised yet as the RBL are doing this for me as I am out of action.

I wish I had the room to mention everyone, but you know who you are!!. Not just in the actual fundraising, and all that it entailed, but also with our very special Port Isaac Remembrance Service.

Although the Royal British Legion Poppy Appeal only lasts for two weeks of the year, so much work is involved and so many friends helped me in all respects. As you know, the RBL is a vital Charity of Remembrance for those who gave their lives for our peace, and for the welfare of all the individuals and families still suffering as a result of war.

Your time and kindness in helping has been invaluable. Thank you.

Annie Price & Liz Bolton Poppy Appeal Organisers

# HANDS ON HOOKS FUN PALACE

Merry Christmas to all

Latest news - we were delighted to be invited to decorate a window in St Peter's Church for the Christmas period. Taking inspiration from one of our grand projects, we were challenged to make a mini crochet Christmas Tree. As you can see from the photo, whilst writing this article, it is still a work in progress. So during December, drop into St Peter's Church and amongst the many artfully decorated windows, look out for the Hands on Hooks' Christmas Tree.

So to catch up, if you have been following our articles in the October and November *Trios*, you will know that Port Isaac now has



its own Hands on Hooks community skill share. We hope that with your support, it will become a regular event which welcomes everyone in the community of Port Isaac and the surrounds. We invite you to drop in for an hour or two to meet some new people, learn something different or share your skills of this heritage craft. 14 people dropped in to share their crochet skills or to learn some basic stitches at our first meeting. There were many granny squares crocheted over the weekend, with some improvers taking the chance to finish off ongoing projects with the intention of selling their handmade goods.

We are looking forward to meeting all of those who attended last time and some new faces too. To give you an incentive to keep crocheting, you'll have a loyalty card marked when you attend or donate your granny squares to be part of our grand scale community project. Ideas for our unique colourful community art installation are: an enormous granny square Christmas Tree; a granny square 'stained glass' window mounted in St Peter's Church or we could learn how to crochet flowers and turn outsize poppies into bunting to decorate the lower village for Remembrance Day 2024.

The next event is planned for December 9th , in a few days time. With our FEAST funding still in place, Hands on Hooks is still free – everything you need is provided. Tea and cake will be on offer too. All levels of willing crocheters are welcome – we would like a responsible adult to remain with crocheters under 18 please. With your help, we can establish Hands on Hooks as part of that special community culture of Port Isaac, with our goals to celebrate everyone's skills, encourage new connections and have fun creating something lasting and inspiring.

DO YOU WANT TO LEARN A NEW SKILL?

WHERE? St Peter's Church, Port Isaac

WHEN? Saturday December 9th, I Oam-4pm

WHAT? Hand on Hooks Fun Palace

Drop in for an hour or two ... together we can create!

For more information, to join our WhatsApp group, or with suggestions for a grand project, please email Alison Mann on handsonhooks@gmail.com











It is so easy to brighten up a terrace, patio or balcony or even the front steps if you plant up some containers full of winter colour. Choose containers that have plenty of good drainage holes and that are as large as possible, as the compost within them is less likely to become frozen in harsh winter weather. I like to line containers with bubble wrap polythene, taking care not to block the drainage holes, as this really helps to keep the plant roots insulated against damage. Select good quality multi-purpose compost and some bright cheery colours to lift your spirits in the cold, gloomy weather ahead! Some of my favourites include hellebores, winter flowing cyclamen, early narcissus and crocus, winter flowering pansies, snowdrops, winter flowering heathers, ferns and variegated ivy.

#### Goldcrest (Bird pic)

The goldcrest is a tiny bird and weighs just 5g, which is the same as a 20p coin. They are named after the crest of bright feathers in the middle of their head. This is completely yellow on females, but has an orange centre on males. Goldcrests feed on insects and invertebrates. The bird will flit among tree branches, catching small creatures such as spiders & flies. It often takes food from the underside of branches, hanging upside down to catch its prey. It has a very highpitched call - which is so high not everyone is able to hear it.



#### What am I?

- 1. I belong to the Grossulariaceae family.
- 2. I have two different species with the botanical names Ribes uvacrispa (European) and Ribes hirtellum (American).
- 3. In Northern England, in Victorian times, there were many clubs dedicated to growing me and where people would compete to grow the largest specimen.
- 4. Many of my old varieties are prone to a disease called American mildrew.
- 5. I am a soft fruit with a similar growth habit to redcurrants and should be pruned in a similar way.
- 6. In gardens I often grow as fans, cordons or freestanding bushes.
- 7. I have over 100 varieties. Names include 'Invicta', 'London', 'Whinham's Industry', 'Archilles' and 'Poorman'.
- 8. Gardeners often dread pruning me, due to my thorny branches.
- 9. The first part of my common name is a well-known farmyard bird.
- 10.I went out of favour in the 20th century due to my sharpness and hairiness, but have recently been enjoying a revival. After all, I am nobody's fool!

Answer: see page 25



## Did you know?

In dry conditions seeds store for a surprisingly long time. A Judaean date palm seed recovered from excavations at Herod the Great's palace at Masada in Israel was carbon-14 dated to 2,000 years old. However, it still germinated in 2005. In 2002 Chinese archaeologists discovered an ancient fruit cellar in Shaanxi Province containing well-preserved apricot and melon seeds estimated to be 3,000 years old. After 8 years of research, they concluded it was a cellar used to preserve fruits for aristocrats.

#### **Christmas trees**

If buying a real Christmas tree. cut off 3" (8cm) off the bottom and sit in bucket of water outside. This allows water to seep up the trunk before bringing indoors. If you buy a small potted one (pic), it's nice to decorate with suitable lights and have outside - this one I bought 4

years ago.







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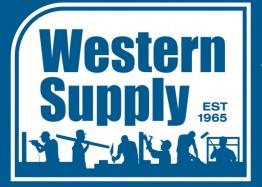
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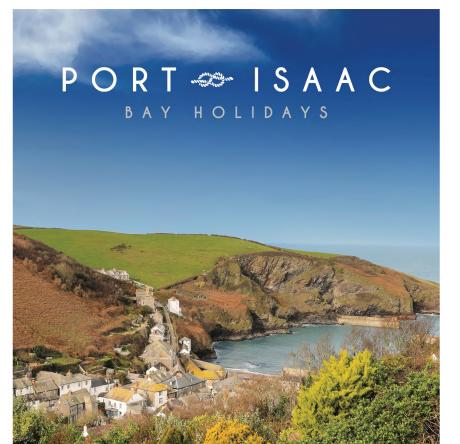
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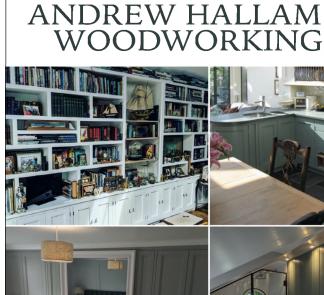


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answer to Gardener Pete's "What am I? on page 17 - gooseberry





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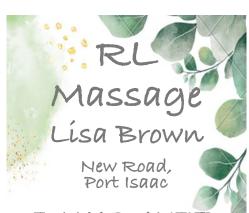
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#### Friday December 8th

Port Isaac Christmas Lights Switch-on - 6pm on the Platt - Lantern Parade starts in the old car park at 5.30pm

#### Saturday December 9th

Breakfast with Santa in the Village Hall - Shanty Festival Fundraiser - 9am

Hands on Hooks Fun Palace in St Peter's Church - I Oam-4pm

#### Sunday December 10th

The Old Port Isaac Carols in Port Isaac Village Hall - 4pm - everybody welcome

#### Monday December 11th

Art Talk - A Curious Collection of Cornish Delights in Port Isaac Village Hall - 7pm

### Wednesday December 13th

Community Cafe in the Village Hall - 10am-12noon

#### Thursday December 14th

Johnny Cowling in Concert in St Peter's Church - 7pm

#### Friday December 15th

Carols in the Pub at the Cornish Arms, Pendoggett - 8pm

#### Wednesday December 20th

Community Cafe in the Village Hall - 10am-12noon

#### Friday December 22nd

Carols in the Pub at the Port Gaverne Hotel - 8pm

## Wednesday January 3rd 2024

First Community Cafe of the New Year in the Village Hall - 10am-12noon

#### Tuesday April 2nd 2024

Easter Bingo in the Village Hall - Shanty Festival Fundraiser

Thursday mornings from 9am-10am at the hardstanding at Port Isaac Playing Field

**Mobile Post** 

Office



with the St Minver band, carols,
free mulled wine and mince pies
from 6 to 7pm at Chalk House (opposite the post box)
all welcome



#### Church Services

St Peter's Church

Sunday mornings at 9.30am

Christingle Service - December 24th at 3pm

Christmas Eve Service at 10pm

#### St Endellion Church

Sunday Sung Eucharist at 11am

Sunday December 17th at 6pm. Nine Lessons & Carols

**Trelights Methodist Church** 

Sunday Service at 6pm

FEBRUARY TRIO COPY DATE - JANUARY 16th (publication date: January 23rd)

