

Trio



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THIS MONTH'S FRONT PHOTOS:
PAUL FISHER

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Liz Rowe

1949-2025



What sad news. Liz Rowe passed away on January 22nd in Mount Edgcombe Hospice.

Liz was involved with so many things in the village and will be missed so very much.

A tribute to Liz will be in next month's *Trio*.

NEW & MAJOR MOTION PICTURE

Disney
YOUNG
WOMAN
and the
SEA

COME TO THE PICC
PORT ISAAC COMMUNITY CINEMA

MONDAY FEBRUARY 24TH - 7PM

PORT ISAAC VILLAGE HALL **BAR**

DOORS OPEN 7PM FOR 7.30PM £2 PER PERSON

Port Isaac Village Hall News

THE VILLAGE HALL RE-OPENS FOR BUSINESS

ON TUESDAY FEBRUARY 4TH

***A HUGE THANK YOU TO K&D FOR DOING SUCH A BRILLIANT JOB OF THE
DECORATING AND ASSOCIATED WORK IN THE HALL***



A HUGE thank you to Andy at the Angry Anchovy for opening his door to us and generously letting us use his premises for the Community Cafe whilst the hall has been decorated. It has worked really well and everyone has loved being there.

We celebrated three birthdays and a Diamond Wedding Anniversary during January.

Cafe is back in the Hall starting on Wednesday February 5th. We started the new year with David's weekly little quiz. It's not serious or formal and with no prizes, you just shout out the answer if you know it and we all enjoy it. Plus Sharon's new recipe for Raspberry Bakewell Cake has proved very popular - I think we have a new favourite!

Soup and Sweet Lunches resume on Thursday February 6th so everyone is looking forward to that.

Just to remind everyone, the Cafe is open every Wednesday morning from 10am to 12noon. Everyone is welcome to attend



Huge thanks to Nathan Outlaw and Pete and the rest of their team who once again cooked an amazing Christmas lunch for the Community Cafe members. How lucky we are.

THANK YOU x

Coming up at your Village Hall

← Monday February 24th
- P.I.C.C. - Young
Woman and the Sea

Saturday March 15th -
Curry & Skittles Night

Friday April 11th -
Chris Ricketts & Gulls

Easter Tuesday April
22nd - Annual Village
Hall Easter Bingo

Friday May 16th -
Village Hall Quiz Night

Community Cafe Soup & Sweet Lunch dates

Thursday February 6th &
Thursday February 27th

Thursday March 13th &
Thursday March 27th

Thursday April 10th &
Thursday April 24th



**CALL 07814 462164
TO BOOK YOUR PLACE**

The Drekkly Theatre Company girded its collective magical loins to put together a sparkling show of fun and laughter and wonderful talent (*I'm writing the review so I can say what I like!*). As dictator, oops sorry I mean director, we made 30 rehearsals since early September. Yes, hard to believe I know. Especially when Jackie (prompt) saw the state of us in November, but we astonishingly pulled it out of the bag for the first night and produced performances that were truly wonderful!

One of our newest actors, Tracy as the bad fairy, together with her good fairy sister (played by Alison) opened the show with a bang, setting the scene for good and evil to play their parts. Tracy was determined to terrify the children in the front row, which I'm sure she succeeded in whilst Alison sparkled in a fairy lit cloak which became alarmingly hot each night as she suffered for her art.

We were introduced to the Butler (*unrecognisable thankfully in that wig, eh Cheryl?*) and the young Prince

IT'S BEHIND YOU!!

(Cerin). Did you know that Cerin played Snow White back along as a young girl, and now here she is back treading the boards, honouring her lifetime contract. And Cheryl drew the laughs with her deadpan delivery and script taped underneath her drinks tray. Tricks of the trade darlings! In a moment of sheer mastery, the young prince was miraculously transformed into a beast. We congratulated ourselves on our slick sleight of hand only to fool no-one in the audience as they all roared with laughter (*I can't tell you how many times we rehearsed that to make it look convincing*). Anyway, the Beast (Shaun) realistically appeared as if by magic to an astounded audience (*Oh yes, he did!*).

The children brought their usual sparkle to the main stage and reminded us that we are all children at heart. Annie as the teacher was very severe and terrified us all with the threat of Fibonacci sequencing (*who knew what they were, we just had hard sums at school*). Reece played the schoolboy who didn't want to go to school and, as in the Pied Piper, he took away all the naughty young children (Amy, Arthur, Bow, Lizzy & May).

It was then full steam ahead as we met Beauty (Ellen) a heroine for today, taking all eventualities in her stride and her fffffather Gustave (John, master of the stage be it the Albert or the Village Hall!), who was bemoaning the loss of the family fortune. Enter Beauty's twin sisters, Whitney & Britney (Barbara & Andy), identical twins and impossible to tell apart, vain, greedy, self-obsessed, good time gals, on the lookout for a man. Most of whom, ran a mile at the sight of them. However, their desires were answered in the shape of double act Crouton (Kat) and Alphonse (Cherry).

A critical interpretation of the Port Isaac Panto from the Trio Theatre Critic

It's that time again ... oh no it isn't ... oh yes it is, and this could be heard at Port Isaac Village Hall, the spiritual home of The Drekkly Theatre Company for their interpretation of Beauty & the Beast, or was it Jack & the Beanstalk (need to ask Kat!). In these times of cost of living crisis and general doom and gloom, the Company took it upon themselves to lighten the mood and bring their professional and humour filled version of this beloved pantomime to the sell-out crowds who ventured through adverse December weather to join in the fun.

Now to the performance. Remarkable ... the audience were transported to the forest as the little old dear went searching for somewhere to rest only to be turned away, thus starting a list of events which some might say were hard to believe, oh no they wouldn't!

The Bad Fairy, played by Tracy, got the audience going with an astounding cackle that could pierce eardrums and she was ably accompanied by her "sister" played by Alison, who looked like she hadn't done too many rehearsals as she seemed to be reading all her lines from a big book ... but that didn't matter cos these two on stage together were mesmerising.

The main protagonist in this production, The Beast, must have had a split personality (or an extremely talented make-up artist) as one minute he was played by a beautiful young lady and the next by a hideous, old man with a rather bad attitude.

Some of the best overacting I have witnessed for a long time was delivered by Britney and Whitney the delightful twins (now that's one helluva exaggeration). Our own Elvis (aka as Alphonse), Cherry, dived into her role (maybe a tad too easily) and was supported by Crouton aka Kat Mac, aka Eric Cantona!

And then we come to Beauty with the dress that was so big it needed its own postcode and who unashamedly gave the audience a self-promotional advert promoting Star Cabs (could only happen in panto land!)

Two of Port Isaac's stalwarts, John & Nigel, unashamedly pranced around the stage milking it for all it was worth, one as Beauty's dad who didn't have a pot to piss in and the other as a wonky (maybe a typo!) donkey. And Port Isaac's future ... the children who were Freddie, Natalie, Annie, Amy, Arthur, Bow, Lizzy, May and Reece so cute that it almost makes you think you want to have more! But then along comes Willy (Trev) and all those cute visions of children fly out the window. There is no wonder why Madame Lola, Willy's mum, looked so harrassed having a child like that (and it had nothing to do with all the men banging on her door!).

The back room staff again performed miracles keeping it all together with scenery changes that were seamless and special effects which could have graced any West End stage.

This truly was a monumental pantomime and everyone who saw it all seemed to appreciate all the hard work and commitment that goes into putting on these performances and for all those that missed it ... SHAME ON YOU.

HAPPY NEW YEAR TO ONE AND ALL from Mr L, The Trio Theatre Critic x



I hope you're following the story. A tale as old as time ... got it so far? It's important you keep up in this fast-paced drama of glamorous women and hot heroes and treacherous baddies (just like Yellowstone) and you didn't have to go any further than the Village Hall!

Gustave took his trusty donkey (*played by a very brave Nigel, throwing his reputation to the wall*) to retrieve his one surviving ship that carried the treasure, whilst everyone else was in hot pursuit. And Alphonse ate donkey poo which, we all agreed, turned out to be quite tasty. On the way to the Beast's castle, they encountered many obstacles in the form of a gorilla and spider, played by Freddie and Natalie. Freddie stayed to deliver a few jokes which delighted the audience.

At the Beast's castle we met the housekeeper Madame Lola (*red hair suits you Dee*), her young son, little Willy (*and his banana*) and the taciturn grumpy butler (*please don't wear that wig in public!*) once again. A modern 'blended' somewhat dysfunctional family, they merrily caused chaos in the kitchen (*ccnsidering that Little Willy runs a café in real life, he definitely needs lessons in making cakes. However, it turns out he is probably the best custard pie man in the business!*).

If you're following the story, Beauty meets the Beast and finds him not so terrifying after all. A fact which we already knew because Shaun was so polite and gentlemanly at rehearsals that we had to force him to be wicked and demand his supper NOW!

After the interval, we were on the home run, tying up the loose ends of the story. Alphonse and Crouton had us in hysterics with the scene 'behind the hedge' with Dobbin. Don't ask! And Cerin proved to be the consummate beautician. Her heavy-duty tool kit was slightly alarming when it came to the treatments, but as they say, no pain no gain!

Annoyingly the audience all knew their lines each night. Don't they realise how much effort we put in and they just turn up and know all the cues! 30 rehearsals we had ... 30! Just saying.

And bless our stage crew, Jackie (prompt), David (best boy grip) and Natalie (our newest stagehand), and Janet knows us well and expertly plays us through the evening. Thank you, a steady hand on the tiller. A huge shout out to the scenery painting gang who gave us their glorious imagining of panto land. And a special thank you also to Scotty who makes us look and sound almost professional. And to Martin, Luke and Karen on the bar, thank you.

But I have to reserve my biggest love and thanks to our little band of brothers that are my fellow thespians; who ignored most of the script and made it up as they went along, who over-acted outrageously and made us all laugh for 30 rehearsals (yes 30!) and nearly gave me heart failure when saying they were stuck in Bristol on the last night (*it still isn't funny Trev!*).

Until the next time.... thank you and good night!

Madame Directeur, Barbara x



St Endellion Parish Council

Contract & Maintenance Supervisor Report

One thing I didn't publicise in December's *Trio* was that I was due to take some annual leave over Christmas and New Year. And now I'm back! I took a few weeks to visit my daughters who both live in Australia. They're within three hours drive of each other, either side of Brisbane, one on the Sunshine Coast, the other on the Gold Coast. It was amazing to be together for a few weeks, being able to see how and where they're living, a very precious time for all of us.

But I was unable to completely stop being at work in some ways. For instance I was almost hypnotised by the refuse lorries which have forklift style prongs that extend from the side of the vehicle, pick up the wheelie bin, lift it up to empty it and replace it back onto the pavement. This only needs the driver in the cab to operate the machinery and no one running along behind to collect and return the bin at each address.

Also the outside spaces are kept immaculately, verges, roundabouts and roadsides; the grass is cut, barely any litter or dog poo! The outside BBQs, which are free to use, are also kept in good order and the play areas offer imaginative equipment for children of all ages.

The public toilets, which are plentiful, were all kept clean with virtually no graffiti and plenty of loo roll. Available near parks and at frequent intervals along the beaches, some offered changing areas and at most exits from the beaches a water supply to wash the sand from your feet and a full shower.

At one beach where dogs are permitted (they aren't at many places) there was a fresh water tap and a stainless steel water bowl on a pivot so it could be rinsed before giving your dog a drink.

Now that I'm back I'll be catching up on all the projects from before Christmas, like the grass verge near Laburnums in Trelights, Roscarrock Hill WCs and checking how the footpaths have fared after the stormy weather in December. There will be a more detailed report in March's *Trio*.

G'Day!!

If you'd like to contact me about any parish issues my mobile is: 07494 589638 or email clare.jon@stendellionparish.gov.uk This is a new email address but I'll still be checking the old one.



Hi everyone,

Christmas is already receding into the past and the New Year already heading into February as I write. It's worth reflecting on our successful December Carol concerts in St Peters and St Endellion churches. Both were really well supported and at St Endellion for the Nine Carols and Nine lessons, all the extra seating was occupied!

The Carols in The Pub evenings were very well supported and at Port Gaverne the bar was so full late-comers were unable to get in! Thanks to the management for making us so welcome and they have already booked us for Christmas '25. Nice to have the pub back again.

Due to storm Daragh the Traditional Cornish carols were postponed until January 5th and held in St Peters Church and they were well supported and good fun as usual.

The Chorale is now back rehearsing every Tuesday at St Endellion Hall with several new members joining since Christmas. We are already concentrating on what we will be singing in competition as part of the Wadebridge Music Festival in March. I will confirm important dates as and when confirmed

Cheers, Alan

THE DOC MARTIN FUND

The Doc Martin Fund AGM was held in November at Port Isaac Village Hall. There were no members of the public in attendance. Jon Cleave chaired the meeting. The Minutes of the previous AGM were agreed. Election of Officers: no change from those already holding Trustee or committee positions.

Janet Townsend, as Treasurer, gave figures of £40,615.13 in the savings account, £16,534.00 in the current account. There are two agreed amounts still to be distributed: £25,000 for St Endellion Parish Council as a donation for the Playing Field Social Hub and Football Field project and £3,500.00 for Port Isaac Christmas illuminations.

Janet confirmed the last audited accounts were from 6/6/2023. These were available for those present to examine. There will be new accounts prepared for the Charity Commission when required.

Some of the details of the Constitution were confirmed by Janet. The Fund covers Port Isaac, a definitive map was produced when the Fund was set up and is 0.02% of the net profits from worldwide sale of the tv show 'Doc Martin'.

The Fund is in a very fortunate position to have the opportunity to assist projects and has done well to support as many projects for the two designated groups in the Port Isaac community, as possible, namely senior and young people. Although, at present there are no requests for donations.

An incomer's view ...

Before moving to Cornwall in 2020, we had been visiting here in the summers for more than 20 years. We usually brought our grand-children with us in our motorhome which dictated that we stayed somewhere close to a surfing beach. One of the first places we came to was Polzeath and whilst we spent most of our time in that immediate area, we did visit other places of interest nearby. It wasn't until we started watching *Doc Martin* that we really became aware of Port Isaac and even then, it took a visit by some American friends to prompt us to explore the village.

When various family constraints finally allowed us the freedom to move, we came to live in St Minver. During Covid we spent most of our leisure time walking sections of the Coast Path avoiding contact with others as much as possible but still seeing some of the most dramatic and isolated places along the coast. When life returned to normal, we joined several local clubs, two of which were rambling groups. It was on one of these rambles that we met Port Isaac residents and now good friends, Anita and Jill. Thankfully they introduced us to the Port Isaac social life for people of a certain age and we started to attend the gatherings at the Community Café in the Village Hall.

What a gem! We were made to feel most welcome by everybody and surprised to find that a significant number of regulars had been born and raised in Port Isaac. We love to chat about the experiences they had and to learn about village life and the way it has changed over the best part of a century. Noreen has been very informative, talking us through her family relations and their continued involvement with the sea. For our part, we have supported village activities through the year and the Sea Shanty Festival must be the highlight of 2024. What an accomplishment for a small village. Also, the Community Café Christmas Lunch, prepared and provided by the renowned chef Nathan Outlaw and his team, was excellent. Many thanks Nathan.

What makes all this happen? Well, I can tell you it's not a team of elves or fairies. Wherever we have supported a village activity this past year, we have seen some of the same friendly faces. A little group of volunteers perform an incredible job. How they find enough hours in the day I don't know. They seem to be involved in lots of things and the results are always successful. Dee also publishes the monthly magazine *Trio*, which keeps us well informed and is one of the numerous ways in which this village maintains its unique sense of community.

So, from an Incomer's perspective I have to say how glad and lucky we are to have discovered the real community that is Port Isaac!

David Blakemore

Kathie Carney 1931-2025



As we go to press came the sad news of the passing of Kathie Carney on January 17th in Derriford Hospital. Kathie lived in Port Isaac for many years, more recently moving to Wadebridge. A fuller tribute will be in next month's *Trio*.

Kathie was one of the founders of *Trio*, a founder member of Port Isaac Singers, and active in various local drama societies like Port Isaac Players. She was also in Camhaye Drama Society in Wadebridge. Before coming to Port Isaac, she worked for Associated London Scripts where she was working with the likes of Eric Sykes, Ray Galton and Alan Simpson, as well as Spike Milligan, all comedy legends of the day.

We all knew her as Kathie, but her real name was Margaret. She told me it was Spike Milligan who gave her that name, as he already had a Margaret on his staff!

Malcolm Lee



Hope you all had a good Christmas and New Year ... it all seems like a distant memory now.

We had a great December and sang at a packed Jonny Cowling concert at St Petroc's Church in Bodmin. It was a great venue amidst the stunning Christmas Tree festival which was beautiful.



Wonder what 2025 will bring? A few things in the pipeline, the first one being we are joining up with Chris Ricketts again for a night in the Village Hall on Friday April 11th. Full details next month.

We have been rehearsing at Cheryl's house whilst the Village Hall has been decorated but it's back to normal for February and we are going to be busy adding a few new songs to our repertoire. So, watch this space.



Port Isaac Road Station painted by Rod Baker

Port Isaac Road Station was three miles from Port Isaac.

It opened on June 1st 1895 and closed on October 3rd 1966.



Patient Participation Group (PPG)

This group was set up a little over a year ago to work with the practice to obtain views from the community so that the practice is aware of key issues that arise from time to time. This function exists in most GP practices across the country. We have members from Wadebridge, Trelights, Polzeath, St Kew, Port Gaverne and Port Isaac as part of our team.

As an example, in the past year a lot of patients told us that they had delays in the dispensing of their prescriptions. The practice then engaged consultants and made a lot of improvements which resulted in shorter lead times from the dispensary and the introduction of text messages when your prescriptions are ready. There is a national problem with suppliers but the dispensary team works very hard, if necessary, to find alternatives so patients get the full prescriptions as quickly as possible

The practice upgraded the telephone system in July 22 and keeps it updated by monthly review with the latest software.

The increasing numbers of patients using the online triage service has directly contributed to the reduction in waiting times for the phones to be answered, and is currently being upgraded.

The PPG recently organised an opinion survey of patients primarily in the 50 to 80+ age range which was distributed at the two vaccination clinics held at the Bridge Centre in Wadebridge in October. Surveys continued to be distributed until the end of November. We wanted to get a representative and up-to-date view of what was most important to our patients and some ideas for where best to concentrate our activities for 2025.

Our members have been hard at work analysing the responses and we will be giving full feedback next month when we've finished the work completely. In the meantime however, I am pleased to say so far a very large proportion of over 80% of the returns rated the practice good or very good.

We'll bring you more news next time

*John Quilter
Chair,*

Port Isaac Practice PPG





In 2024 we put together a wide range of events from talks, demonstrations and exhibitions in both Roscarrock Chapel and the Village Hall. We look forward to hosting yet another exciting diary of events for 2025. We will post the next Port Isaac Heritage meeting time and place in the March *Trio*. Do come along and join us!

Meanwhile, we hope you enjoy Malcolm's articles in *Trio* every month ... a wonderful dive into the Port Isaac Heritage archives on a variety of fascinating topics. And as always, our exhibitions can be viewed, free of charge at Roscarrock Chapel, now 'The Chapel' (cafe and restaurant). Drop in for a Sunday lunch or cream tea and have a look around.

Our 62 Club winners

December

FIRST PRIZE OF £31 - ticket no: 56

Rosie Brogan

SECOND PRIZE OF £20 - ticket no: 5

Alan Sainsbury

THIRD PRIZE OF £11 - ticket no: 15 -

Chris Battersby

January 2025

FIRST PRIZE OF £31 - ticket no: 35

John Burton

SECOND PRIZE OF £20 - ticket no: 13

Barbara Hawkins

THIRD PRIZE OF £11 - ticket no: 21 -

Anne Hastings

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TO RENT IN PORT ISAAC**
with electricity and work bench

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PORT ISAAC ROWING CLUB NEWS



Winter has been anything but quiet for Port Isaac Rowing Club! When the sea conditions have made it tricky to get out on the water, we've been staying active with our Winter Fitness Sessions led by Lou and joint gym circuits with Rock Gig Club, keeping everyone in top shape for the year ahead - give us a wave if you see us running up and down the hills of PI anytime soon!

The end of 2024 saw us celebrating in style. Our Christmas party at the Old School House was a hit, with fantastic food and awards for our members. From Coxswain of the Year to the Suggy Shorts award!



We kicked off 2025 with another great race day at the Roadford Lake League - big thanks to Boscastle & Crackington Gig Club for the loan of *Pasty*! We're now gearing up for the next race day in February.

We are also looking forward to racing in the 3 Rivers Race in March and upping our training game ahead of the World Champs on the Scillies in May.

Don't miss our **Quiz Night** on February 22 at 7:30pm in Port Isaac Village Hall. Teams of up to six, £5 per person (includes snacks), bar, and raffle prizes - bring your friends for a fun night supporting the club - all welcome! Email Anne-Marie at amm@ukmacmillans.com to book a table.

Membership is open, so if you're keen to row, reach out and join us. Fitness, fun, and a brilliant year of rowing await!

Port Isaac Rowing Club



QUIZ Night

£5 PER PERSON

22nd FEBRUARY 2025

Starts at 7.30pm

PORT ISAAC VILLAGE HALL

BAR & RAFFLE

UP TO 6 PEOPLE IN A TEAM

CONTACT: ANNE-MARIE MACMILLAN
07502269009 | amm@ukmacmillans.com
TO BOOK A TABLE



Cooking with Chris

This year we're gonna go round the world a letter at a time so we'll start at A (no surprise there then !!!)

Our first point of call is Australia and their slant on roast pork and apples ... this recipe will cook for six people and it takes about half an hour to prep an hour and 40 minutes to cook

INGREDIENTS:

2kg boneless pork belly with the skin on
 ½ tsp coriander ½ tsp crushed fennel seeds
 2 Granny Smith apples, cut in half lengthways
 2 firm Pears, cut in half lengthways
 4 Shallots, peeled and halved lengthways
 1tbsp sunflower oil 300ml chicken stock
 Micro coriander to serve

To make the coriander and fennel marinade

1tbsp each of coriander and fennel seeds, 2 chopped garlic cloves and 1tbsp sunflower oil

METHOD:

Get your butcher to score the pork belly skin at 1cm intervals. Fill the base of a frying pan with 1cm of water and bring to the boil. Once boiling dip the pork, skin side down into the water for a few seconds to open the incisions. Remove and pat dry with paper towel.

For the coriander and fennel marinade - heat a frying pan over high heat and toast the seeds for 1-2 minutes until fragrant. Then, using a mortar and pestle, grind the seeds with the garlic and oil to form a coarse paste. Rub the mix into the pork flesh and then placed the pork skinside up on a baking tray and chill uncovered overnight

- Remove the pork from the fridge and allowed to come to room temperature. Preheat your oven to 220°C and grease a large roasting pan. Place the pork skinside up in the pan.
- Combine the coriander and fennel seeds and salt flakes and rub into the pork skin.
- Placed the apples, pears, shallots and oil in a bowl and toss to combine. Arrange around the pork and roast for 40 minutes or until the skin starts to bubble and crisps.
- Remove the pork from the oven and transfer the cooked fruit mixture to a bowl. Reduce oven to 160°C and add the stock and roast the pork for another 45 minutes or until the meat is cooked through and the crackling is crisp and golden. Return the fruit mixture to the pan for the final 5 minutes of cooking time to heat through. Rest the pork, loosely covered with foil for about 15 minutes.
- Slice the pork and place on a platter with the fruit mixture and drizzle with cooking juices and scatter with micro coriander to serve. An Aussie classic!

Bonzer mate(must be said in an Aussie accent)

Now we're off to Afghanistan to sample one of their staple dishes known as Afghani chicken ...

the prep time for this dish is 10 minutes with a cooked time of 30 minutes and this recipe will serve four people

INGREDIENTS:

1kg chicken, cut into small pieces
 15 cashew nuts ½ cup natural yoghurt
 1tsp black pepper 1tsp garam masala powder
 2tsp masala paste 1tsp ginger paste
 1tsp garlic paste 1tsp lemon juice
 1tsp dried fennel leaves 4tbsp fresh cream
 3tbsp mint leaves flat, finally chopped
 3tbsp coriander leaves, finally chopped
 Salt to taste
 4tbsp ghee
 1 large onion, finely chopped
 2 green chillies, finally chopped
 1tsp sugar

METHOD:

Take the cashews and yoghurt and put in a blender and blitz until smooth. Then put all the ingredients for the marinade - black pepper, garam masala powder and paste, ginger and garlic paste, lemon juice, fenogreek and coriander leaves and salt - in a bowl and mix well. Add to the cashews and yoghurt mixture.

Add chicken and let it marinate for hours.

Heat the ghee in a frying pan and add the onions and green chillies and sauté them for two minutes.

Then, using a slotted spoon, remove the chicken from the marinade and add it into the onions.

Stirfry the chicken for 4 to 5 minutes then cover and cook for 5 more minutes

Now add the remaining marinade into the pan and mix well.

Bring to a full boil cover and simmer for 10 minutes/

Taste and adjust the seasoning as per your taste and then add a teaspoon of sugar if needed. Cover and cook on a low heat for a further two minutes.

Serve with either a roti or a very nice naan bread

I don't know how an Afghani would say handsome so you might have to look that up!

Ed: Aali Bood!



With a Met Office amber weather warning in place for storm-force winds, slates and debris were being hurled from rooftops, creating a significant danger to anyone caught outside. During the peak of the storm, a holidaymaker was blown over in the harbour and suffered a leg injury leaving them immobile outside of the lifeboat station. The storm had also knocked out the village's electricity and mobile signal mast, leaving locals unable to immediately call for help. A local resident drove out of the village to find a signal and alert emergency services, but the ambulance response time was estimated at two hours. With debris continuing to fall, the situation posed an immediate threat to life.

Recognising the urgency, a concerned resident knocked on the door of a local paramedic and first responder, Richard Hambly. Richard is also a Launching Authority with Port Isaac RNLI. South Western Ambulance Service tasked Richard to attend the scene. Several Port Isaac RNLI crew members were in the vicinity putting up storm boards and were at hand to provide assistance given the treacherous weather. Equipped with their Gecko helmets, Richard and the crew assessed the situation and decided that immediate action was necessary.

Richard performed a quick casualty care assessment due to the danger posed by falling debris and administered pain relief. The crew then assisted with the prompt transfer to the lifeboat stretcher to carefully move the casualty to the safety of the lifeboat station. Once the ambulance arrived it took a team effort to hold the doors of the station open in storm force winds, just long enough for the ambulance to gain access and take the casualty to hospital.

Although this type of rescue is not a standard part of their training, the crew adapted to the challenging conditions with the skills and equipment available to them. Launching Authority and paramedic, Richard Hambly praised the crew's efforts. *'This was a dynamic and dangerous situation, but the team acted quickly and decisively to protect the casualty from further harm. Their training and equipment combined with their willingness to step in during a storm, undoubtedly prevented further injury.'*

Storm Darragh left a trail of disruption across Cornwall and the South West with Port Isaac experiencing damaging gusts of over 75mph.



Volunteers from Port Isaac RNLI were recently honoured with the King Charles III Coronation Medal during a presentation ceremony at the Port Isaac Lifeboat Station.

Lifeboat Operations Manager, Kevin Dingle, presented the medals to volunteers who were part of the lifeboat crew with at least five years of service as of 6 May 2023, the date of the coronation of King Charles III and Queen Camilla. The medals are part of over 400,000 issued across the UK to commemorate the historic occasion and recognise the dedication of frontline emergency workers and volunteers.

Port Isaac RNLI continues to operate 24/7, with its lifeboat, The Pride of Port Isaac, always ready to respond to emergencies.

The Christmas Lights

With so much positive energy from the new and revamped Port Isaac Illuminations team it was looking good for 2024. Everything was in place a week before the switch-on from choirs, dance troupes, Cornish pipers, routes for lantern processions and stars were a premium as business after business filled their premises with so many stars that the Milky Way seemed a tad dimmer for a while.

And then we started watching Carol Kirkwood, the harbinger of weather doom! Now, over the last 7 or 8 years we've been threatened with a few possibly less than savoury nights but we've always managed to escape and get the stuff done, but someone, somewhere had different ideas this time. We had to make a decision early to cancel the procession due to safety issues. Not an easy decision to make as so many people had worked so hard to put it together from lantern making, to learning songs to moving stuff around in all weathers. And then along came Storm Darragh, right on time.

The people in this village really do amaze me and this was personified on the night as Martin Perkins (chef/patron of Chapel Cafe) opened his doors to accommodate the couple of dozen people we were expecting to come out in atrocious weather... well how surprised were we! Every time I popped outside there were loads of people coming to the Chapel and then more and more and more! And then I wander down to the Platt to be greeted by our very own dance troupe performing to a small crowd in the pouring rain. What's going on... this is madness! Then it's back to The Chapel to join the multitude with singing carols and celebrating the start of Christmas in our little village. Darragh tried his hardest to spoil it but we're hardy! Thanks to a donation from The Doc Martin Fund we were able to purchase more lights after so many were taken out but then along came the rest of December!

We, as a group, really want to thank EVERYONE who joined us in trying to make Port Isaac the village of a thousand stars. They all looked fantastic and yes, we achieved that goal. Next all the businesses who decorated and sold our Port Isaac Star badges helping to raise funds. To all the singers that gave their time to be part of the night and then the kiddies who put in so much effort. The Doc Martin Fund for their continued support. And we really can't do any of this without the commitment, enthusiasm and a bit of bloody mindedness of our crew. And finally, the most positive people I know, Caroline and Kat. You're all brilliant! We're already looking forward to 2025, so see you all in 10 months time.

Mr "Chris" mas Lights



Websites of the Month

Looking back at old copies of *Trio* I found that I first wrote about the changing seasons back in 2006 nearly 20 years ago <https://tinyurl.com/trio-2006>. Time flies. The websites that were in that article (Natures Calendar and ERCCIS) are still worth looking at if you are interested in how the animals and plants are responding to the way that climate change is affecting the weather we experience in the different seasons. So, this column is about the science of Phenology, the study of the seasons.

The seasons do not change of course as these are determined by the Earth's Axial Tilt (Obliquity). The Earth's axis is tilted at an angle of approximately 23.5 degrees relative to its orbital plane around the Sun. This tilt causes different parts of the Earth to receive varying amounts of sunlight throughout the year, resulting in the seasons. When we in the northern hemisphere are tilted toward the Sun, we experience summer (more direct sunlight and longer days), while the opposite happens in the southern hemisphere which is tilted away from the Sun, and they experience winter (less direct sunlight and shorter days). This is a good video from Britannica on how this works <https://tinyurl.com/seasonal-tilt>. However, how warm or wet it is in spring, for example, is changing and so what animals and plants experience is different. The way things are playing out, the delicate synchronisation between birds laying their eggs at a particular time (so they have insects around for food) and when insects are around is getting disturbed.

While the Solstices and Equinoxes are the key markers for seasonal transitions (shortest and longest days, days with equal day and night) the way we decide when the four seasons start, and finish was adopted by the Met Office many years ago. Apparently there isn't any legal definition of each season, but globally there is agreement broadly about how they are defined under World Meteorological Association who provided seasonal updates on various aspects of climate and weather systems <https://tinyurl.com/wmo-seasons>

As mentioned above, the study of seasons is called Phenology and the best source of information about this is the Woodland Trust Nature's Calendar <https://naturescalendar.woodlandtrust.org.uk>.

As they say on their website

"What effect has recent weather had on wildlife? Does climate change affect timings in nature? Join Nature's Calendar and help scientists discover answers to these questions. From leaf buds bursting to blackberries ripening, let us know what's happening near you. You'll be contributing to a long biological record that dates back as far as 1736."

The person who recorded his 'indications of spring' in 1736 was Robert Marsham, and you can read about him here <https://tinyurl.com/Marsham-1736>

They have a section of the site devoted to the results of their surveys of wildlife. There are 37 seasonal reports going back to 2003. This last report includes the data from the previous years back to 1999. On the same page there are also articles on over 20 research projects connected with Phenology, for instance one provides a link to the Spring Index <https://jncc.gov.uk/our-work/ukbi-spring-index/> This says:

"The Spring Index for the UK has high year-to-year variability, but since 1998 the annual mean observation dates have been 8.6 days in advance of the average dates in the first part of the 20th century. The advancement of spring events is strongly linked to warmer temperatures in March and April. The mean observation dates in 2011 are the earliest for which there are records. The warmest April in the Central England Temperature series occurred in 2011 and resulted in an especially early spring that year".

There is also an interactive map so you can check for example, when the first swallow was sighted in Cornwall last year (9th April) and compare with previous years, say 2022 (6th April).

Some plants and animals are visitors from elsewhere and make their home here. An example, shown in the picture, is the Periwinkle, which flowers in Spring, and appears to be able to manage the changes in weather patterns, and apparently arrived in the UK in 1597, so not a newcomer <https://tinyurl.com/Periwinkle-1597> Others, are not so resilient and struggle to cope. Detail about these patterns is included in the various reports.

The other site which has a particular focus on Cornwall is the Environmental Records Centre for Cornwall and the Isles of Scilly ERCCIS. Here you can buy or download free booklets about the flora and fauna of Cornwall and the Isles of Scilly, and there is also a nice set of posters <https://erccis.org.uk/Projects>

Both of these latter sites have opportunities to volunteer in various capacities and to take part in surveys. There are newsletters to subscribe to as well.

So in summary, the pattern of weather plants and animals is becoming much less predictable and keeping a track of this helps to understand what is happening. These old and contemporary records are a key way to do this.

Tony Wainwright



Dunnock (Hedge Sparrow)

The Dunnock is a small brown and grey bird. Quiet and shy, it's often seen on its own, creeping along the edge of a flower bed or near a bush moving in a rather nervous, shuffling way, often flicking its wings as it goes. When two rival males come together they become animated with lots of wing-flicking and loud calling.

Jobs to do in the garden

Keep feeding the birds. Clean out nest boxes ready for this years broods!

If hedges need trimming, do so before the nesting season begins.

Prune winter-flowering jasmine after flowering to encourage new growth for next years blooms.

Prune wisteria.

Remove faded flowers from winter pansies to stop them setting seed. This will encourage a flush of new flowers when the weather warms up.

Trim winter-flowering heathers as the flowers disappear to prevent plants becoming leggy

Cut back the old foliage from ornamental grasses before growth begins. Clip them to within a few centimetres off the ground

Blitz perennial weeds in your beds and borders.

Divide overcrowded snowdrops once they've finished flowering.



Answers to the Garden Quiz: 1. Dahlia, 2. South Africa, 3. China, 4. Snowdrops, 5. Agave, 6. Moraceae, 7. Willow, 8. Foxglove or Digitalis

Did you know . . .

Rha was the name the Greeks gave to the River Volga and to the edible plant that grew on its banks. Later, the plant became known in Latin as rha barbum and from this the name 'rhubarb' is derived. The first forced rhubarb was an accident. In 1815, workmen at the Chelsea Physic Garden covered the rhubarb patch with builders rubble. When it was cleared, long, pale stems were uncovered.



Divide Rhubarb

Over the years mature rhubarb clumps can become very large and this is the best time of year to divide them, just as the large, dome-like buds are breaking dormancy. Lift the whole crown and using a spade, split it into chunks containing 4 or 5 buds. Replant in enriched soil containing garden compost, making sure that the top of the clump is just above the ground in a well drained area and preferably in full sunlight. Do not pick any stems in the first year or two and always remove any flowering spikes.

This months Little Garden Quiz

1. What is the national plant of Mexico?
2. From which country do Kniphofiad, Crocosmias, Nerines, Agapanthus and Gladioli originate?
3. From which country do Chrysanthemums originate?
4. Which flowers are also known as Candlemas Bells and February Fairmaids?
5. Which succulent plant provides the basis for tequila?
6. To which plant family does the fig belong?
7. Aspirin was originally obtained from the bark of which tree?
8. Which native plant is used in modern medicine to treat heart disease?

Port Isaac's Musical Past - The Port Isaac Choral Society and Ronald James

In November, I had an email from Julian James asking if we had any information on his grandfather Ronald James and father Ian James, who lived here in the 1930s. There was some initial confusion when his email said his father ran the 'local ladies chair', and he had seen a picture of him on our website in front of the 'lady chair'. It was the accursed autocorrect at work again, and that Julian had actually typed 'choir' on his phone. Now it made sense. Julian's enquiry gave me the idea for some heritage articles on Port Isaac's long tradition of music over the next few Trios.

Ronald James was born in Calstock, Somerset, in 1900, the son of a colliery worker. Both he and his father were deeply into music. His father, Elihu James, was the first bandmaster of the Radstock Silver Band, and Ronald had been the organist at the United Methodist Church in Radstock since the early age of 16. He was also the accompanist and deputy conductor to the Radstock Male Voice Choir, as well as a baritone soloist. His move to Port Isaac came in February 1931 when he became the manager at Chapman's shop, now Martyn Dempsey's Gallery. He was clearly someone of note in the local music scene, as the Somerset Guardian and Radstock Observer of 6th February 1931 reported

'His many friends in musical circles will regret to hear of the departure from the locality of Mr Ronald James who has rendered great service to the cause of music in North Somerset',

and the Cornish Guardian of 26th February 1931 reported

'Radstock's loss will undoubtedly be North Cornwall's gain'.

It is not totally clear if Ronald James founded the Port Isaac Choral Society, but he was certainly the conductor by the 1932 season. There is a single newspaper report of a 'Port Isaac Choral Society' prior to his arrival, which is in the Cornish Guardian of 2nd May 1924. The choirmaster was then 77 year old Henry Hambly Williams, originally from Gwinear, who had moved to Port Isaac by the 1891 census –

'Port Isaac Choral Society, under Mr HH Williams, gave an excellent entertainment on Tuesday week. The program was contributed by Mesdames Cory, Donnithorne, Finch, Honey, Jasper, and Short, and Misses Cory, Donnithorne, Martin, Saundry, Selway, and Thomas, and Messrs J Collings, Moyse, Prout, and Selway. A humorous sketch was cleverly presented by Mesdames Cory, Finch, Lobb, and Short, and Mr C Moyse. The proceeds, over £12, were devoted to the church room fund. The honorary secretaries, Messrs Collings and Moyse, had splendid support from members in carrying out the arrangements'.

Speaking in 1936, Mr Harold Drabble said he was proud to be one of the originals of the choir when it was formed five years ago, suggesting Ronald James did start afresh but reused the older and rather obvious name for his mixed choir.

There are several newspaper reports of Ronald's fine baritone voice in church concerts during 1932, when he was also the accompanist to Port Isaac's Fisherman Baritone, Jack Collings (*to be featured in my next musical article*). The 1932/33 season was when the society had its most successful year. In November 1932 at the North Cornwall Music Festival, the choral society won the President's Challenge Cup and Conductor's Baton. In his remarks as adjudicator at the festival, Professor Armstrong Gibbs, Mus Doc, RCM, said of the winners

'I do like the quality of your ensemble: the quality and balance were very good. the first piece the chording, except once or twice, was excellent, and the diction very clear indeed'.

In the County Music Festival, they won the Shilsdon Shield for mixed choirs, where the adjudicator, Dr Armstrong (Exeter), said

'he had been struck with the excellent voices. The choir gave a good representation of what the composer intended and the spirit of the music. It was a musical choir well directed'.

The Cornish Guardian of 9th November 1933 had a report of that year's North Cornwall Music Festival, where the choral society once more won the President's

Challenge Cup and Silver Baton. Instead of their normal practice, they held a social evening that November to celebrate the choir's success and to make plans for the future. Ronald James

'congratulated the members and afterwards read the adjudicator's remarks on their recent efforts.

The conductor spoke of the high standard of singing they had set and appealed to the members to keep up their enthusiasm and not to think of festivals as 'pot-hunting grounds'.

Visitors' Concerts, where visitors could join in with their own performances, were popular features in Port Isaac during Ronald James' time here. The Newquay Express of 31st August 1933 reported

'The Choral Society at Port Isaac held a highly successful concert last week and with the aid of visitors to the town, a good programme was arranged.

The choir was again ably directed by Mr Ronald James and although lacking their full number they sang with feeling and good tone.

Artistes taking part included Miss V Sharp of London (soprano), Mr W H White (violinist) Southampton, Mr Lionel Castle and his doll 'Joey' of Bristol.

Mr Jack Collings delighted the audience with his songs, as also did the Misses M & B Selway in duets, while the Port Isaac Male Quartette were in fine form.

Mr James showed what a versatile musician he really is by his solos, and also sharing the piano accompaniments with Miss Muriel Couch, the Choral Society's pianist. The choir members were heartily congratulated by the visitors after concert on their fine performance.'

The 1935 Visitors' Concert was this time compered by Lionel Castle and his ventriloquist act with Joey

'proved as popular as ever'.

Jack Collings did a series of requests, and Ronald's son Ian James (Julian James' father)

'delighted everyone with his songs'.

Apart from local concerts and festivals, the choral society expanded its audience when it made radio



Port Isaac Choral Society in 1933, after winning the President's Challenge Cup and Shilsdon Shield

Back row: Harold Drabble, Harold Spry, Tom Collins, Sam Honey, Jack Thomas, Mark Prout, John Prout, Mr Wearne, Mr Nankivell, Jim May and John Tucker

Middle row: Olive Williams, Bessie Selway, Mrs Sam Honey, Mrs Cory, Mrs H Spry, Cassie Saundry, Mrs Nankivell, Gladys Collins, Miss Kendall, Nurse England and Muriel Tucker

Front row: Molly Williams, Inez Cory, Eileen Prout, Muriel Couch, Ronald James, Mrs Rosina Ashton, Mrs J Hicks, Joyce Honey, Betty Creighton and Nancy Bunt

appearances on the BBC Regional Programme, a really big deal in the 1930s. This nationwide service started broadcasting in 1930 to replace the earliest pioneering BBC stations set up in 1924. It was to become the BBC Home Service in 1939, then BBC Radio 4 from 1967. The society's first broadcast was at 8pm on 8th May 1935 from Foster Hall in Bodmin, an early outside broadcast. This was part of a series of 15 jubilee concerts from Bodmin celebrating King George V's jubilee, and the King sent a telegram

'The King thanks all at the Jubilee Concert, Foster Hall, Bodmin for their kind and loyal greetings'.

At the Visitors' Concert in August 1935, Ronald James was presented with a walnut coffee table inscribed

'Presented to Ronald James to commemorate Port Isaac Choral Society's Jubilee broadcast, 1935'.

On Sunday 29th September, they had their second broadcast during the evening service from Camelford Methodist Church joined by the methodist church choir. Next month, the BBC invited the choral society to sing at Colston Hall in Bristol on 27th October for a 'Carolere'. Apart from the radio

audience, this was before a live audience of over 4,000, with a further 1,500 unable to get in. It was successful and they were invited to return in 1936.

Ronald moved back to Bristol to open his own shop in April 1936, his swansong as conductor was in the Temperance Hall on 19th March, the second half of which was broadcast on the Regional Programme to reach all parts of the UK. In reply to the choir's message of loyalty to the new king, Edward VIII, they received his telegram of congratulations prior to the broadcast. The loss of Ronald had a serious effect on the society's fortunes. At the end of March 1936, the society elected Stanley Wilkins as conductor, who also conducted the Bodmin Philharmonic Society. Their first 1936/7 season practice in October had Stanley as conductor, with Ernie Clee as deputy conductor. In March 1937 is a hint that things were not going well. It was reported

'Those who have given their support to the Port Isaac Choral Society in the past will be pleased to know that the Society is now making a special effort to revive the old qualities'.

There were two acclaimed performances of the choral version of German's "Merrie England" in May and August 1937 under Stanley Wilkins, but after that there are no more reports of any concerts by the society. In February 1938 Stanley Wilkins moved to a new senior job in Redruth Post Office, where the report stated

'For a period he was conductor of the Port Isaac Choral Society',

so he probably resigned as conductor shortly after those last two performances.

Malcolm Lee, Port Isaac Heritage



Port Isaac Heritage began back in 2010 with the aim to collect, record and exhibit the history of Port Isaac and preserve it for future generations, keeping the stories and memories of Port Isaac alive before the history is lost and gone forever. The historic Roscarrock Chapel provides the beautiful, peaceful setting for exhibitions and displays ranging from the history of fishing, church and chapel, the lifeboat, schooldays and the story of wartime refugees. There are also moving tributes to the local men, women and boys who lost their lives in the First and Second World Wars.

St Endellion Parish Council Report

Please note the following changes

Parish Council website – <https://stendellionparish.gov.uk/>

Parish Clerk Email - clerk@stendellionparish.gov.uk

Councillor emails can be found on the new website

Parish Council Chair Report - Cllr Raynor reads an email received from the Headlands Hotel owners. They are working with The Bazeley Partnership to bring forward a viable high standard hotel scheme that will benefit Port Gaverne. Estimated to be the early part of this year when proposals will be shared with planners.

Divisional Member Report - Cllr Mould acknowledges Cornwall Council's (CC) response to Cllr Williams regarding the HWG project although the process will not be quick. Cllr Williams is pleased a timetable has been laid out. CC will arrange phase three funding due to their delay. Waiting for the white paper to see how it affects us. Elections are coming along in May. If level three deal had gone ahead, we would have had a mayor and been at the table influencing decisions in parliament.

CC has arrived at a budget that is balanced which was a challenging task.

CC does not want to lose its airport, but the costs are £4,000,000 per year. They are looking for a partner to lease the land to develop it and take away the subsidiary. It is currently part of the Corserv group and MOD own the runway. The development already in situ makes money but CC do not have funds to cover the additional costs.

Cllr Button suggests a levy to cover running costs. The airport was a convenient means to fly internally.

Discussion around the budget and lack of money. The Community Levelling Up part of the Shared Prosperity Fund (SPF) opens on 27th January 2025. Projects will need 10% matched funding and planning permission already in place. This will be the last round of SPF money as any future funding will be controlled by a mayor. If Cornwall becomes a combined authority with Devon, the mayor will sit over both counties and be responsible for several elements such as economic growth, the police and crime commissioners and the affordable housing grant. Funding streams will disappear until this is agreed. There is some funding available from the Community Area Partnerships (CAP) fund, Cllr Mould will pass more information regarding this onto Cllr Button.

Concerns raised around the increase in housing numbers and the lack of infrastructure to manage it. The planning going through is significantly higher in places like Wadebridge. Talks of a new roundabout for the planned houses near Tesco and a McDonalds near the planned houses near the Travelodge.

Devon is expected become a unitary authority with its district councils to enable an eventual combined authority. Cornwall cannot combine with the Isles of Scilly due to population size, hence Devon being the most suitable. It looks likely that elections will be delayed in Devon.

Playing Field Development Working Party Report - Cllr Button informs members that site engineers have completed most tests and are halfway through drainage testing. At full market rate, as if we were procuring it, the surveyor has estimated costs of £800,000 to build and the same again for landscaping. This is less any contents. Once the site has some development on it, it allows for more in the future.

Consider ways to develop it incrementally to make it affordable. As a community it is a very big financial commitment. We now know it appears to be technically viable but need to establish commercial viability. We will not know what funding is available until we get full planning. Would suggest we get through to planning and then review. There are options to be more modest in the development. Potential for local contractors to make it more commercially viable. The site can provide space for parking and facilities for the wider community.

Discussion around costs after the build and cost of the planning app. A public consultation to justify the viability could be inputted with the app. Project needs planning to move it to its next stages, without planning we cannot access funding. The PC's aim is not to make profit from the community hub, it is an ongoing commitment to the community to provide a social space.

Cllr Mould suggests establishing a vehicle that can bid for the funds (CIC).

STEND_HWG Report - Cllr Mould attended an Asset Management Group meeting and expressed the view that she supports the project and wants it to be moved forward to the next stage. The length of time for the process is not known but once the yard is put out to tender there is expected to be significant interest shown. It is a positive step that Cornwall Council

have agreed to let it go. Brief reference to other buildings/plots owned by the council that have been left empty or unused.

Cllr Williams plans to go ahead with an outline application as a community led exception site to include the housing component of the project. Plans to move forward with the Community Land Trust (CLT). The next meeting is tentatively planned for 20th January 2025.

Camel Valley Community Area Partnership Report

Next meeting 20th January 2025

Planning Applications

a) PA24/08487 1 Middle Street Port Isaac Cornwall PL29 3RH

Listed Building Consent for the demolition of internal load bearing masonry wall to create access from 'Outlaws Fish Kitchen' prep room to main kitchen.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SMJ11YFGI2S00&activeTab=summary>

Proposed by Cllr Button and Seconded by Cllr Webster to Resolve that the PC supports HEP's decision and makes no comment.

b) PA24/08606 19 Rose Hill Port Isaac Cornwall PL29 3RL

Replacement dwelling.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SMTZV2FGH8W00&activeTab=summary>
Object. Full consultation response can be found on CC planning portal.

c) PA24/08588 An Skyber Trelights Port Isaac Cornwall PL29 3T Application for a lawful development certificate for existing use as domestic outbuilding and garden.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SMSLU3FGGCT00&activeTab=summary>
No comment.

d) PA24/01320/PREAPP 58 New Road Port Isaac Cornwall PL29 3SD

Pre-application advice for proposed garage to front of property.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SML99EFG0JW00&activeTab=summary>
No comment.

e) PA24/09039 48 New Road Port Isaac Cornwall PL29 3SD

Proposal Proposed side and first floor extension.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SNKJENFGIZG00&activeTab=summary>
Support. Full consultation response can be found on CC planning portal.

f) PA24/09596 Pennti Ros Lower

Trefreock Port Isaac Cornwall PL293SR

Proposed studio extension to garden shed.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SNKJENFGIZG00&activeTab=summary>

continued on page 18...

HANDS ON HOOKS FUN PALACE

In December, the evening before the memorable storm Darrah raged in and cut off all services, The Night of 1000 Stars, despite the weather took place indoors, with Father Fishmas the centre of attraction and a sky of HoH stars in the background. In record time, HoH crafted 450 stars for the Port Isaac Illuminations and a small, dedicated group put together the dazzling displays. We hope you managed to catch them in the Chapel Café and St Peter's Church.

We know that many of us are itching to start on our next grand community project (or at least read about it). Most of you will know about the Christmas Garland made from dried flowers displayed at Cotehele, one of Cornwall's NT properties. So, how about joining in to make our own memorable Port Isaac Community Spring Garland?

HoH are contributing to this village wide springtime project which will culminate in daffodil displays and activities in the church, the village hall and other parts of Port Isaac around Easter weekend. Even now, HoH are crocheting and knitting colourful daffodils about the size of a real bloom, which combined with fresh daffodils and a variety made by other village groups, will form the basis of the displays. We hope this project will appeal to all ages, already Port Isaac school children plan to make daffodils from egg cartons and the Port Isaac Community Cafe members will make daffodil wreaths. With support from village artists, writers and musicians, events including workshops, cake bakes, recitals, walks, art displays, social events and competitions are planned. More details to be shared soon, meanwhile we invite you to join in crafting daffodils.

The celebration of daffodils is deeply rooted in Cornish heritage. Daffodils (Narcissus) have been successfully grown here since Victorian times, with Cornwall becoming a major grower and exporter of the blooms. The coastal climate and mild winters encourage flowering as early as December, with the Scilly Isles having a tradition of dispatching the coveted early blooming daffodils both locally and elsewhere for Christmas day. Where did the Port Isaac daffodils grow?

With the daffodils association with spring and such uplifting colours and variations, this could be the perfect project to take us through these dreary months. Please drop into HoH skill-



share to learn how to crochet a daffodil with us. Using a favourite knit or crochet pattern or the pattern below, you could start making life size daffodils right now. Any shades of yellow/ cream/ orange yarn will look good. Yarn donations would be appreciated, but there will be some yarn to pick up after half term from the RNLI shop. Please send finished daffodils there too.

Finally, it's competition time!
What would you name the
Port Isaac Community Daffodil?



DO YOU WANT TO LEARN A NEW SKILL AND CONTRIBUTE TO A COMMUNITY PROJECT?

WHERE? The Golden Lion, Fore Street, Port Isaac

WHEN? Saturday February 8th, 10am-3pm

WHAT? Hand on Hooks Fun Palace

Drop in for an hour or two ... together we can create!

For more information, to join our WhatsApp group,
or with questions about our grand project, please email

Alison Mann on handsonhooks@gmail.com or call 07817 873968

Follow this link for @crochetbymm's instructions for a small daffodil. Please use size 4mm crochet hook with DK yarn.

<https://youtu.be/JsQVQgNHhPU>

Port Isaac Community Spring Garland – Hands on Hooks Crochet Daffodil Pattern Curved Petals

Crochet a 10cm daffodil, using a single strand of **DK** yarn with a **4 mm crochet hook**. Use one, two or three colours of any combination of yellows, oranges, white or cream yarn. UK Crochet stitches used throughout.

Trumpet (colour A)

Foundation Round:

4 chain, slipstitch into first chain to form a loop or make a magic loop

Round 1: 3 chain (counts as first treble), 11 trebles into centre loop, slipstitch into 3rd chain to complete round (12 trebles)

Round 2: 2 chain (counts as first half treble), make 1 half treble into the front loop of each stitch below, slipstitch into 2nd chain to complete round (12 half trebles)

Round 3: 2 chain (counts as first half treble), 1 half treble into each stitch below, slipstitch into 2nd chain to complete round (12 half trebles)

Round 4: *3 chain, slipstitch into next stitch below - repeat from * 11 times, fasten off (12 chain loops)



Petals (colour B)

Turn trumpet upside down and working (anticlockwise) into the back loops of trumpet round 1, join yarn in any stitch space

Round 1: *make 1 chain, 1 half treble, 1 treble, 1 double treble 1 extended double treble into same space, 1 chain, then into next space, make 1 extended double treble, 1 double treble, 1 treble, 1 half treble, 1 chain, 1 slipstitch, then 1 slipstitch into next space - repeat from * 5 times (6 petals).

Round 2: * Working up right-hand side of petal, make 1 double crochet in each space (4 double crochet), 1 half treble crochet, 2 chain, 1 half treble crochet into chain space. Then work down left-hand side of petal, making 1 double crochet in each space and 1 slipstitch into the dip between petals (4 double crochet). Repeat * 5 times, then fasten off. (6 petals)

To Finish: sew in all ends.

Christmas began very early at St Peter's Church with the Carols by Candlelight at the beginning of December. The Port Isaac Chorale were joined this year by a group of pupils from Port Isaac School and there were plenty of carols for the audience to join in the singing.

On the last day of term members of the congregation went into school to help the pupils make their own Christingles. This year the school also dressed one of the windows in church and held their annual Carol Service in church.

£400 was raised at events and services in December and this was donated to the Children's Society and St Petroc's Christmas Appeal.

The church roof was damaged in the December storms, but fortunately not too many tiles were lost and these were soon replaced.

Working with the Hands on Hooks group and other interested members of the community, including the school, the church will display the Spring Daffodil Garlands exhibition after it has been shown in the Village Hall. St Peter's is very pleased to offer storage for the Community Poppies and Christmas Stars so that they can be used again later in 2025.

St Peter's Church news



continued from page 16.

[applications/applicationDetails.do?
keyVal=SON7FGFGKBK00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SON7FGFGKBK00&activeTab=summary)
Object

Cornwall Council Planning Decisions

a) PA24/07875 42 Church Hill Port Isaac Cornwall PL29 3RQ

Non material amendment in relation to decision notice PA23/02665 dated 23.01.2024 to allow small variations to window positions and sizes, removal of wood burners and flues, reduction of dormer size to road elevation.

[https://planning.cornwall.gov.uk/online-applications/
applicationDetails.do?
keyVal=SLCLKVFGFYD00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SLCLKVFGFYD00&activeTab=summary)

Approved with Conditions

b) PA24/07190 42 Church Hill Port Isaac Cornwall PL29 3RQ

Submission of details to discharge Conditions 3, 7, 8 and 9 in respect of Decision Notice PA23/02665 dated 23.01.24.

[https://planning.cornwall.gov.uk/online-applications/
applicationDetails.do?
keyVal=SJY7NAFGM8N00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SJY7NAFGM8N00&activeTab=summary)
S52/S106 and discharge of condition apps

c) PA24/07173 Former Chalet Rear Of 31 Fore Street Port Isaac Cornwall PL29 3RE

Submission of details to discharge Condition 3 in respect of Decision Notice PA24/00698 dated 24/06/24.

[https://planning.cornwall.gov.uk/online-applications/
applicationDetails.do?
keyVal=SJWTRSFGLCV00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SJWTRSFGLCV00&activeTab=summary)
S52/S106 and discharge of condition apps

d) PA24/07112 84 Fore Street Port Isaac Cornwall PL29 3RF

Proposed Rear Extension & Internal Alterations

[https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?
keyVal=SJQT1BFGHDZ00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SJQT1BFGHDZ00&activeTab=summary)

Approved (Statutory/one condition only)

e) PA24/07488 Brambledene Trelights Port Isaac Cornwall PL29 3TO
Replacement extension and alterations

[https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?
keyVal=SKMFWIFGLXT00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SKMFWIFGLXT00&activeTab=summary) Approved with Conditions

f) PA24/08003 Silver Spray Port Gaverne Cornwall PL29 3SH
Proposed side extension.

[https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?
keyVal=SLJW0QFGKX500&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SLJW0QFGKX500&activeTab=summary) Approved with Conditions
g) PA24/01320/PREAPP 58 New Road Port Isaac Cornwall PL29 3SD

Pre-application advice for proposed garage to front of property

[https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?
keyVal=SML99EFG0JW00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SML99EFG0JW00&activeTab=summary) Closed - advice given

h) PA24/08588 An Skyber Trelights Port Isaac Cornwall PL29 3TL

Application for a lawful development certificate for existing use as domestic outbuilding and garden

[https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?
keyVal=SMSLU3FGGCT00&activeTab=summary](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SMSLU3FGGCT00&activeTab=summary) Granted (CAADs, PIPs and LUs only)

Licensing Applications None

Trelights Notice

We are pleased to announce that the small piece of land by Laburnums and Waterpump Barn is to be improved to establish a new seating area by the Millenium tree, and designated parking areas. The work will be funded by St Endellion Parish Council who have agreed the plan for the improvement with members of the Trelights Village Green Association. The work will include the removal of overgrown bushes, the replacement of the existing bench and a new hard standing area, clearly defined car parking spaces available for anyone to use. The existing bench has become a haven for insects and moss and will be transferred to the village green to let it continue its decay in a natural environment. The work will commence shortly, and we will do our best to ensure this does not cause any disruption to the residents of the village.

Diary Dates

- Ordinary Council Meeting – Monday 10th February 2025 7pm
- Rolling Meeting Date - Monday 27th February 2025

Full minutes from this meeting are available on the Parish Council website <https://stendellionparish.gov.uk/>

D Harrison Parish Clerk/RFO, Email: clerk@stendellionparish.gov.uk



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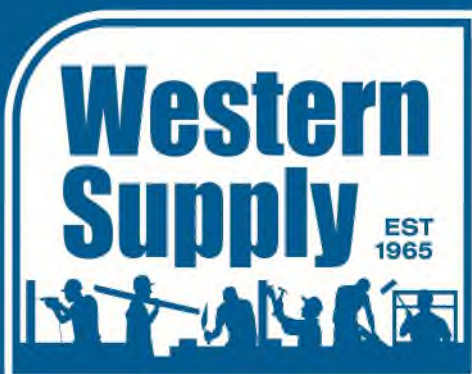
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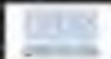
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Derriford Hospital (Plymouth) - 08451 558155

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What's on in Port Isaac

Thursday February 6th

Community Cafe Soup'n'Sweet Lunch in Port Isaac Village Hall - 12.30pm for 1pm

Saturday February 8th

Hands on Hooks in the Golden Lion - 10am-3pm

Saturday February 22nd

Port Isaac Rowing Club Quiz in Port Isaac Village Hall - 7.30pm

Monday February 24th

PICC - Young Womam and the Sea in Port Isaac Village Hall - 7pm for 7.30pm

Thursday February 27th

Community Cafe Soup'n'Sweet Lunch in Port Isaac Village Hall - 12.30pm for 1pm

Thursday March 13th

Community Cafe Soup'n'Sweet Lunch in Port Isaac Village Hall - 12.30pm for 1pm

Saturday March 15th

Curry & Skittles Night in Port Isaac Village Hall

Thursday March 27th

Community Cafe Soup'n'Sweet Lunch in Port Isaac Village Hall - 12.30pm for 1pm

Thursday April 10th

Community Cafe Soup'n'Sweet Lunch in Port Isaac Village Hall - 12.30pm for 1pm

Friday April 11th

Chris Ricketts and the Gulls in Port Isaac Village Hall

Easter Tuesday April 22nd

Easter Bingo in Port Isaac Village Hall

Thursday April 24th

Community Cafe Soup'n'Sweet Lunch in Port Isaac Village Hall - 12.30pm for 1pm

Friday May 16th

Port Isaac Village Hall Quiz in the Hall - 7.30pm

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St Peter's Church
Sunday mornings at 9.30am

St Endellion Church
Sunday Sung Eucharist at 11am

Trelights Methodist Church
Sunday Service at 6pm

Rubbish & Recycling Collection Dates for February

Monday February 3rd - **Recycling & Food Waste Collection**

Tuesday February 4th - **Garden Waste collection**

Monday February 10th - **Rubbish and Food Waste collection**

Monday February 17th - **Recycling & Food Waste Collection**

Tuesday February 18th - **Garden Waste collection**

Monday February 24th - **Rubbish and Food Waste collection**

Monday March 3rd - **Recycling & Food Waste Collection**